THE Sun

Tuesday, August 18, 2026 THE PEOPLE'S PAPER £1.30 thesun.co.uk

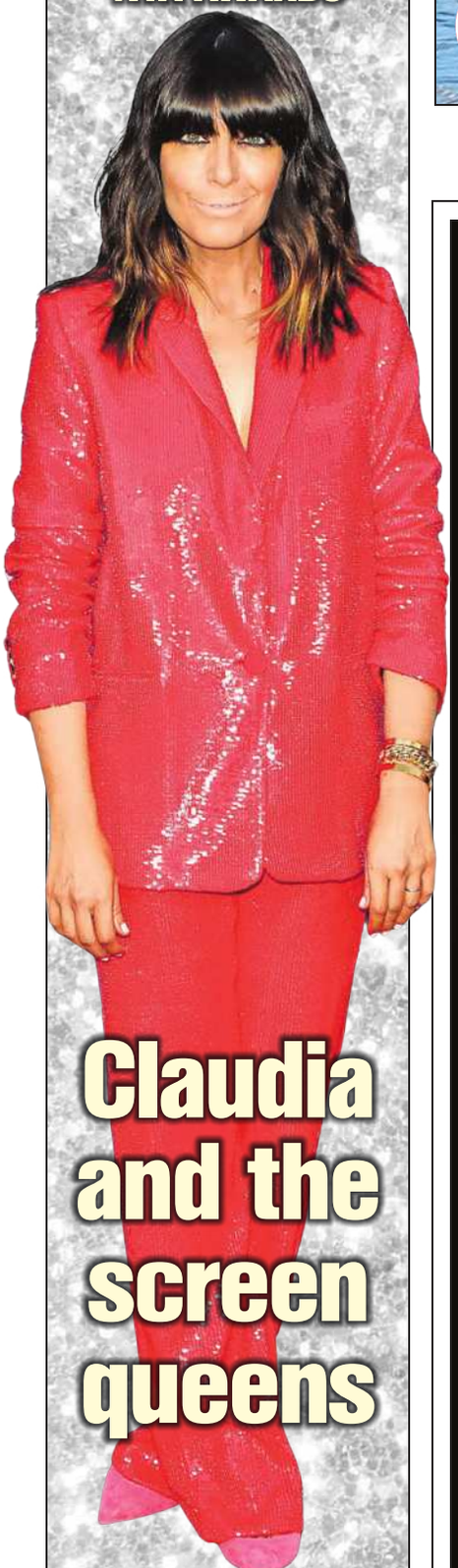
FRENCH OFFICIALS SPOTTED TOWING DINGHY

MIGRANTS IN JET SKI FARCE

Channel mayhem . . jet ski like the one used by officials

SEE PAGES 6 & 7

NTA AWARDS



Claudia and the screen queens

SEE PAGES 12 & 13

SHOW LIFTS LID ON AGONY

- Told of split at game
- Aces' team talk shock

PEP'S DIVORCE RANT AT PLAYERS

By RICHARD MORIARTY

PEP Guardiola told Man City players of his marriage split in a furious team talk demanding they show the "passion" he had lost, a new documentary reveals.

He said his ex Cristina Serra, *above*, was the "most beautiful woman on the planet".

Full Story — Page 5

PM TEXTS WITH IMPOSTER

'DON AIDE' PRANK DUPES BURNHAM

Suspicious . . . Burnham

PM ANDY Burnham exchanged messages with a fraudster posing as Donald Trump's chief of staff in a major security scare.

He was duped by an unknown individual pretending to be Susie Wiles.

It is understood only a handful of messages were exchanged before Mr Burnham became suspicious and they contained nothing significant. But the alarm was so serious officials at the British Embassy in Washington raised it directly with their White House counterparts, according to political news site Politico.

By MARTINA BET
Chief Political Correspondent

The incident was quickly reported to the appropriate authorities. No10 yesterday refused to reveal what was discussed or when the extraordinary exchange took place.

It also declined to say whether security procedures would be tightened to stop the PM being targeted again. A White House official insisted that the incident had "nothing to do with the chief of staff's devices being hacked".

It comes after the FBI last year investigated a separate attempt to impersonate Ms Wiles. An unknown person contacted prominent Republicans and business chiefs while pretending to be the top Trump aide.

Mr Burnham, who replaced Sir Keir Starmer as PM on July 20, is not the first senior British politician to be caught out by an imposter.

Lord David Cameron, as Foreign Secretary in 2024, was duped into believing he was speaking to ex-Ukrainian president Petro Poroshenko.

The Foreign Office blamed the latest hoax on actors who were "clearly Russian".

The Government said: "We don't comment on national security matters."

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Imitated . . . Wiles

Probe . . . Bayo Alaba

MP axed over biz loan rap

By THOMAS GODFREY

A LABOUR MP has had the whip suspended over claims that he tried to avoid repaying a taxpayer-funded Covid loan.

Records show Southend East's Bayo Alaba tried to wind up a property company in 2022, but it was blocked twice as it still owed £50,000 received in the pandemic.

Mr Alaba told The Times he had taken out two loans but did not say which of his multiple businesses received them.

He also faces questions on whether his property firm was eligible for a loan, as it was listed as "dormant" in March 2020.

Mr Alaba yesterday said he had referred himself to his party's investigations process and intends to co-operate fully. He also said he was paying back the loan.

Rockers' oil plea panned

ROCK stars were accused of hitting a bum note last night after demanding Andy Burnham blocks a huge North Sea oil field.

Veteran Brian Eno, Radiohead's Thom Yorke and The Cure's Robert Smith were among 211 stars urging the PM to reject the £8.7billion Rosebank project.

The eco-luvvies claim drilling the field off Shetland would fuel climate change.

But Tory shadow Scottish secretary Andrew Bowie accused them of "playing out of tune".

He added: "They are essentially telling skilled workers to sing for their supper whilst the rest of the world's energy industry booms."

ARDAY UNI BLAST

By OSCAR JAEGER

HUNDREDS attend a vigil yesterday to remember the life of academic Jason Arday, as a senior MP said the former Cambridge professor was let down by universities.

Arday, *inset*, quit this month amid plagiarism accusations. Questions were also raised about his claims he had run 600 miles in six days. He was found dead at home in South London on Friday, aged 41.

The Trafalgar Square gathering came as Sir James Cleverly, Britain's first black Home Secretary, told Times Radio that Arday was used for "bragging rights by some universities".

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Traveller sites aid

HOUSING Secretary Angela Rayner has relaxed limits on where traveller sites can be allowed in England.

Her National Planning Policy Framework says the lifestyle means sites "not well-related to existing settlements may be appropriate".

But separate changes strengthen rules against deliberate unauthorised development. And councils are told to give "substantial weight" to intent when deciding if to grant retrospective approval.

JENRICK: BENEFITS CLOCK TICKS

BENEFIT claimants will be forced to join "alarm clock Britain" – carrying out 20 hours of community work a week under Reform UK plans.

Long-term recipients who are fit to work will have to clean up high streets, staff libraries and do minor repairs or face losing their welfare. The move comes as part of the party's bid to cut £50billion off the ballooning benefits bill that is expected to top £400billion by 2030.

By RYAN SABEY

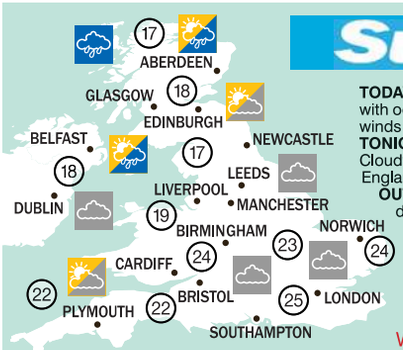
Robert Jenrick, the party's Treasury spokesman, *right*, said claimants who are on benefits rather than working are "taking advantage" of their neighbours. He said: "If they want to do something else, find a job. No more 'something for nothing', but security for contribution. They'll be part of 'alarm clock Britain'."

The average tax burden per family to pay for the welfare state will reach £7,000 by 2031, Reform says. The party also plans to ban foreign nationals – including EU nationals with settled status – from receiving almost all types of benefits.

And it says it will renegotiate Britain's withdrawal agreement from Brussels.

Shadow Chancellor Sir Mel Stride said Reform's "fantasy numbers are not plausible".

Sun WEATHER

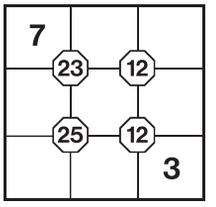


TODAY: Cloudy skies prevail across most of England with occasional sunshine in the South-East. Light west winds provide mild conditions throughout.
TONIGHT: Rain showers in North-West England; Cloudy elsewhere. Light westerly winds throughout England with mostly dry overnight conditions.
OUTLOOK: Wednesday sees rain showers developing in western England, staying mild. Thursday brings more showers across southern areas, cooler temperatures follow.

WED 23°	THU 22°	FRI 21°	SAT 21°

SEKUTA

PLACE the numbers 1-9 in the spaces so the number in each octagon is equal to the sum of the four surrounding spaces. Solution on Puzzles page.



PUZZLES: PAGES 38 – 39

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TODAY'S BIRTHDAYS

ONLY Connect host **VICTORIA CORENMITCHELL, 54**, *left*, film stars **EDWARD NORTON, 57**, *right*, and **CHRISTIAN SLATER, 57**, singer **MIKA, 43**, Brooklyn Nine-Nine's **ANDY SAMBERG, 48**, and electronic DJ **APHEX TWIN, 55.**

●**Last night's Health Lottery numbers: 23, 28, 29, 39, 48. Bonus ball: 7.**

KFC AFTER GOLDEN GIRLS' HAUL

Picture: GETTY/ALAMY

By ELEANOR GUNN

SPRINT superstar Amy Hunt celebrated her record-smashing four gold medals — by polishing off a KFC meal.

The 24-year-old exploded on to the scene with the most wins by a single competitor in a year at the European Athletics Championships.

It crowned a brilliant week for the British women in Birmingham as Dina Asher-Smith, 30, grabbed two golds alongside Amy in relays while Georgia Hunter Bell, 32, triumphed in the 1500m.

Following her efforts, Amy said: "I had a glass of champagne and a KFC and it was amazing. It was one of the best-tasting KFCs I've had in my life."

The Cambridge University graduate began her golden glory in the 100m, and followed it three days later with victory in the 200m.

Amy got her third gold in the women's 4 x 100m before completing her haul on Sunday in the mixed 4 x 100m.

Dina was also in the two golden 100m relay teams, and landed a bronze in the 200m.

Georgia's success, meanwhile, was her seventh international medal in two years.

Fans hailed the stars online, with one writing: "Amy Hunt is the real deal."

Another said: "I'd imagine Amy is nailed-on for the BBC Sports Personality of the Year."

Another wrote: "Some fab British sprinting this week. Dina Asher-Smith is a living legend (Amy Hunt the next in line)".

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Winner, winner chicken dinner

DINA ASHER-SMITH

GEORGIA HUNTER BELL

AMY HUNT

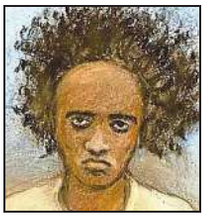
KFC

"In a digital world that increasingly celebrates rampant narcissism, money and "likes" over anything, how refreshing that kids like Amy Hunt really are alright"

CLEMMIE Moodie

PAGE 15

PREVENT SENDS DANGER KIDS BACK TO SCHOOLS



Killer . . . Axel Rudakubana

TWO-thirds of children referred to the Government's anti-terror scheme are being sent back to schools.

A damning report found the vast majority had not even progressed through the Prevent programme.

Southport killer Axel Rudakubana was referred to Prevent three times before his case was closed because he had no clear extremist ideology.

Children's Commissioner Dame Rachel de Souza found seven in ten child referrals also had "no clear ideology" – including youngsters flagged over a fascination with extreme violence or mass-casualty attacks.

Her report said some might obsess over weapons, idolise notorious attackers or share videos of beheadings and suicides.

Others may share extreme pornography or encourage peers to self-harm.

She said: "Simply returning children, without a clear understanding of what is driving their behaviour or who will be responsible for meeting their needs, risks missing opportunities to provide the right support."

Dame Rachel demanded a "stronger safeguarding response".

And she suggested kids feared to pose a risk be assessed by local safeguarding teams, with counter-terror cops involved if needed.

Prevent referrals involving children have risen from 2,918 in 2016-17 to 4,715 last year.

The Government said they are reviewing Dame Rachel's report alongside their work in response to the Southport inquiry.

They added: "Every Prevent referral is assessed thoroughly."

By MARTINA BET
Chief Political Correspondent

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The Sun Says — Page Ten

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BILLIE'S CURLS

By FREYA FRASER

POP star Billie Eilish goes old school for her movie debut in an adaptation of a Sylvia Plath classic.

The US singer, 24, *right*, wore a 1950s cardigan with her hair in curls while filming The Bell Jar in Toronto.

Billie is student intern Esther Greenwood in the psychological drama based on Plath's 1963 novel.

Knifing scene . . . hotel

Migrant 'stabbed' asylum hotel aide

By JULIA ATHERLEY

A SMALL boat migrant slashed a worker with a kitchen knife at an asylum hotel, a court heard.

Abdifatah Adani, 22, allegedly stabbed welfare officer Aaron Gomes "multiple times".

The Somalian was charged with attempted murder after armed cops swooped on the premises on Saturday night.

Mr Gomes suffered five knife wounds at Stanwell Hotel in Stanwell, Surrey, the court heard.

One was a "significant" injury from the blade penetrating his chest cavity, Staines JPs were told.

He is now stable in hospital, it was said.

Adani, assisted by a Somali interpreter, spoke only to confirm his name, date of birth and address.

He was remanded in custody to appear at crown court next month.

£8m raid art in box

THREE French masterpieces stolen from a private museum and worth almost £8million have been found stuffed in a cardboard box by police.

The works by Cezanne, Renoir and Matisse were pinched by a professional nine-man gang in Parma, Italy, in March this year.

Forensics experts traced one suspect through a pickaxe left at the scene then used wiretaps to monitor the movements of the Moldovan culprits.

A raid followed in Palma's San Leonardo district. The paintings were found and, despite their treatment, were in "excellent" condition.

Infantino critic axe

FIFA has sacked one of its most senior figures who criticised Gianni Infantino's plan to sell part of the World Cup to private investors.

Kevin Lamour has been fired as chief operating officer, according to Sky News. He previously said Fifa staff had been "deceived" by Infantino.

He said in a scathing statement on July 31: "It is the project of one man. Football political leaders must ask themselves the right questions. If that means I lose my job, then so be it."

A Fifa spokesperson thanked Mr Lamour for his two years of service.

CONSOLE-ATIONS

A video game raising mental health awareness cut teenage depression in a study of US students in New Hampshire.

THE SWEARDRYER TREATMENT

> I'm f***ing divorced from the most beautiful woman on the planet. We lost the passion. It's how you play football. I want players with passion. Where is your passion? I leave my life, my family, all for you! And what do you give back? That f***ing performance. It's a disgrace guys!

Together . . . Pep & Cristina in 2024

Pictures: SHUTTERSTOCK

I'm f***ing divorced... we lost our passion

PEP'S REVEAL DURING TALK

Concern . . . Guardiola quizzed on TV with scratch marks on his face

By RICHARD MORIARTY

FURIOUS Pep Guardiola is seen in a new documentary breaking the news of his marriage split in a post-match rant at his Manchester City players.

He tells them after a Champions League defeat: "Guys – I want to confess something.

"I'm f***ing divorced from the most beautiful woman on your planet. It's my wife – my ex-wife. I love her unbelievably. But we lost the passion.

"For many reasons, we lost the passion. I love her absolutely.

"She loves me, yeah, but we lost the passion. And it's how you play football. You play because of something inside – but where is the passion?

"In your life whatever you are going to do, do it with passion. I don't want good players, I want players with passion."

Guardiola is seen revealing his heartbreak over his December 2024 split from Cristina Serra on four-part series A Beautiful Obsession, starting on Amazon's Prime Video tomorrow.

His side had just lost 2-0 at Italian giants Juventus. Weeks earlier, he caused concern when he was interviewed with apparent nervous scratch marks on his face.

The Spaniard, who quit as City boss at the end of last season, had been married for ten years.

Cristina moved to Manchester with their three kids when he took over at City in 2016.

Cracks began to show in 2019 when the designer returned to Barcelona, leaving Guardiola alone in a city centre apartment.

She is understood to have been further angered when he seemingly reneged on plans to leave City and instead signed a contract extension in November 2024.

News of their separation was first reported in Spanish newspapers in January 2025. The documentary shows him referring to his heartache again after a 2-0 home defeat to Bayer Leverkusen in November 2025. He tells the players: "I leave my life, my divorce, my family is away – and everything for all of you.

"And what do you give back. the f***ing performance you've just done – all of you.

"It's a disgrace, guys, and you know what's going to happen. You will have another manager."

A source said: "The footage lays bare the true extent of Pep's feelings towards Cristina."

Guardiola, 55, is understood to be hopeful that he and Cristina, 53, may yet get back together. Spanish journalist Lorena Vazquez hinted: "They're leaving the door open to reconciliation. It could be that one day, when Pep retires and returns to Barcelona, they could resume their relationship."

And his confidant Manuel Estiarte, City's director of First Team Operations, tells the documentary it was important for players to understand what their manager had been going through.

He says: "I said to the team, 'Please, you have to understand. You're not playing with a coach who can be a bit impulsive, who can be a bit intense. Who can sometimes be a bit up and down.

"You're seeing a human being. He's getting a divorce. This is a topic I don't want to talk about too much because it's personal. But it was necessary for the team not only to visualise Pep as a manager but for the first time to see Pep as a human being."

The camera then cuts to an interview with Guardiola in his office. He says: "In my life I've made a lot of changes lately, right? So I've got divorced and I have to settle a bit."

When asked by the interviewer "So you're a happy man?" he responds: "In my job, yeah".

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See SunSport

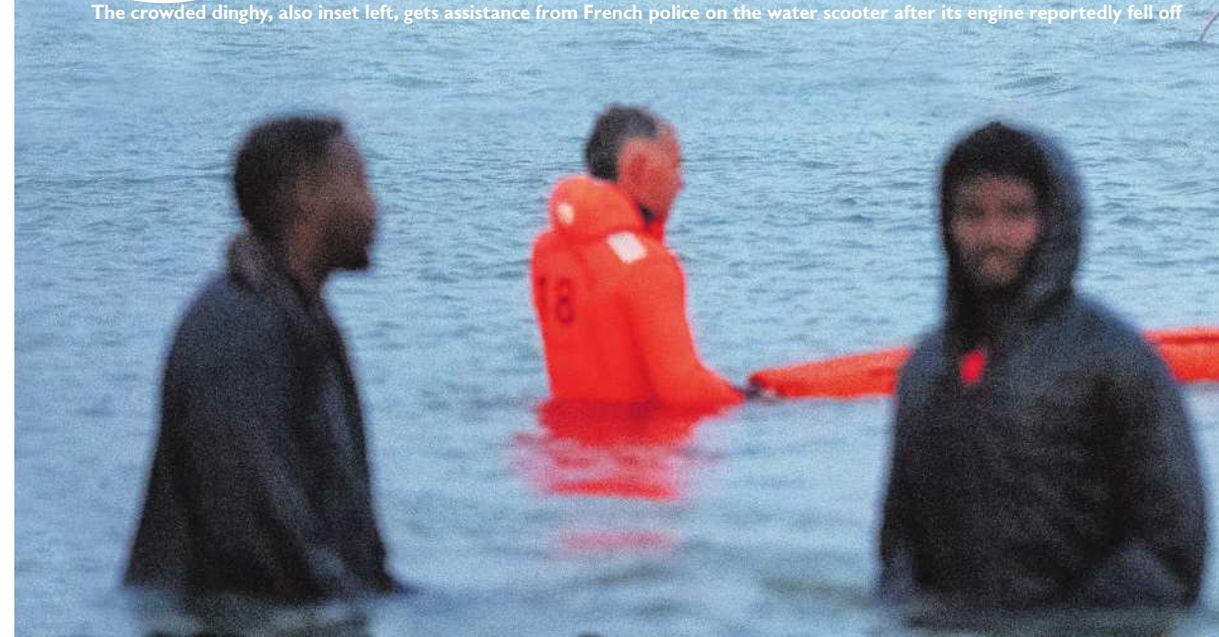
PIXIE ELATED TO PLAY MARILYN

bizarre PAGES 18 & 19

FRENCH 'GIVING DINGHIES

BOAT TUGGED BACK TO SHORE BY JET SKI

The crowded dinghy, also inset left, gets assistance from French police on the water scooter after its engine reportedly fell off



Officials watch as migrants fill boat

Only towed back as its engine failed

THOSE WHO MADE IT

Migrants are met by officials at Dover yesterday

EXCLUSIVE by ED SOUTHGATE and JULIA ATHERLEY

A STRANDED dinghy packed with up to 100 migrants was towed to safety by a jet ski after breaking down just off the French coast, The Sun can reveal today.

The boat had been picking up passengers who were waiting in the sea as if at bus-stops when its engine is understood to have fallen off.

Only then did police, who had been standing watching as migrants clambered on board, call up the jet ski to tug the boat. It happened at Le Touquet, around 40 miles southwest of Calais.

One witness said: "The police had watched the migrants board and only intervened when it broke down. Do they think they're the RAC or something?"

It is expected that, had the engine not fallen off, the authorities would have escorted the dinghy across the English Channel until it reached British waters.

It has heaped further pressure on the French police to do more to stop the crossings and to act firmly when they are actually likely to succeed.

The boat is said to have been dangerously overcrowded at the time and other migrants were still walking towards it in chest-high water to try to reach it.

It was first spotted by a British holidaymaker at around 9.25am with migrants on board.

He said they had been waiting on the beach in broad daylight as officials from the coastguard and police watched.

It then travelled further up the coastline to pick migrants up from another section of the beach, where the engine fell off.

The migrants stayed on board as a jet ski approached and attached a tow rope to it. It appeared to tow the boat into deeper water for at least ten minutes.

Pictures later showed an empty boat – known as a flubber – floating next to a French safety vessel without any migrants in.

Dinghies are usually escorted into the middle of the Channel by a French vessel to keep an eye on the migrants and ensure no one falls into the water.

When it looks as if the boat will reach English waters, they radio Border Force which sends out a cutter to pick them up.

It is likely that the migrant dinghy would have made it to Britain had the engine not failed.

It means that the only reason the crossing was unsuccessful was the smugglers' failed mechanics and not decisive French policing.

The witness said: "The boat was picking more people up. It was picking more people up from the shore. Then all of a sudden it had a lot of people attached to it and the jet ski started towing it out.

"On the beach there was a 4x4 police jeep with five to six police officers. There was another police boat with enough people to intervene earlier. It's just sad.

"The people who didn't get on the boat were just walking back casually. It's bizarre. There was no rushing. No panicking. It was like, 'I've got my ticket, I'll get my boat. I can't get on this one so I'll just wait for the next one'.

"It's like the Tube. It's crazy. I've never seen anything like it.

"It's turning the French police into the AA. The thing that shocked me was that they had so many opportunities to take people off that boat, but they didn't.

"They only waited until their engine failed. The jet ski next to them had chances to get people off. Why aren't they doing it? It's crazy letting them even get on."

Packed boat . . a regular sight

One source who works with the Maritime Gendarmerie around Le Touquet confirmed jet skis were regularly used to police the vessels.

He said they operate in shallow waters to disrupt small boats "to try to stop people getting on board". He said: "The jet skis are used to block the paths of the boats, and of course to monitor those on board".

It has been known for officers on jet skis to use nets to jam propellers, but there were no reports of this approach yesterday. The incident came as other migrants successfully crossed on other vessels.

Images showed them being met by officials at Dover.

Britain is committed to handing France up to £662million over three years under a deal struck earlier this year to stop boats setting off for UK shores.

Around £501million of the package is earmarked for beefing up existing border controls in northern France, including extra enforcement and surveillance.

But only £161million is dependent on results, with the cash set aside for new tactics and tied to their success in preventing crossings.

The £662million sum comes on top of £476million Britain agreed to give France between 2023 and this year, taking commitments under the two deals to a total of more than £1.1billion.

Ministers are also operating the "one in, one out" deal, which allows some small-boat migrants to be returned to France in exchange for Britain accepting eligible asylum seekers from France.

But just 1,087 were sent back between August 2025 and June 30 this year – compared with 27,920 who crossed the Channel to Britain over the same period.

More than 80,000 migrants have crossed the Channel in small boats since Labour took power in July 2024. And more than 3,000 have come since Andy Burnham became Prime Minister last month.

He has vowed to "change our tactics" to smash the gangs – but has not put a timeline on stopping the crossings. Reform UK's home affairs spokesman Zia Yusuf said: "Labour came into office promising to smash the gangs, yet Keir Starmer presided over more Channel crossings than any Prime Minister in history.

"Now, even with Labour changing Prime Ministers, the boats still come, with thousands already having arrived under Andy Burnham and being put up in hotels at the expense of the British taxpayer.

"Only Reform UK will detain and deport all illegal migrants and secure Britain's borders."

A Home Office spokesman said: "This boat was taken back to the French beaches. It did not make it to the UK. Some 47,000 attempted crossings have been stopped under this Government."

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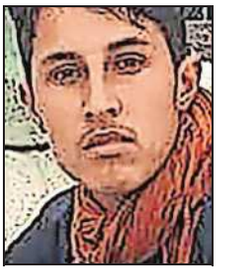
The Sun Says — Page Ten

A BREAKDOWN SERVICE'

Just standing by . . . French officials on a jet ski watch migrants in June this year

I'M A MIGRANT ..JET SKI ME OUT OF HERE!



Court fight . . . Jabarkhil

'Smuggler faces hell' if returned ..to France

EXCLUSIVE by BENEDICT ELLIOT and JULIA ATHERLEY

AN ALLEGED small-boat smuggler accused of manslaughter after an asylum seeker drowned in the Channel is fighting extradition to France using human rights laws.

Hazrat Jabarkhil, 23, cited "inhumane treatment" if returned – despite posing at the Eiffel Tower in Paris before fleeing.

The Afghan national is said to have arrived here illegally last year after allegedly killing an asylum seeker during a failed small-boat crossing.

Jabarkhil fled France where he is said to have helped run a trafficking gang – before crossing the Channel to England himself on a dinghy.

After his arrest and first extradition court appearance in Britain, his lawyers – bankrolled by the taxpayer – invoked the European Convention on Human Rights. They claimed extraditing

Designer gear . . Jabarkhil

him could expose him to "a real risk of torture, execution, or inhumane treatment" in prison.

Yet in pictures seen by The Sun, Jabarkhil is living it up in the French capital wearing flashy designer clothes.

Westminster JPs heard Jabarkhil was involved in arranging a crossing in which a small boat capsized near Boulogne-sur-Mer in May last year. Sixty-two migrants were pulled from the water but a man from sub-Saharan Africa died.

A French court in Boulogne issued a warrant for his arrest – alleging he helped facilitate the failed crossing. Jabarkhil was found living in Liverpool when he was swooped upon by National Crime Agency officers in February this year.

He is currently facing extradition back to France on charges including manslaughter.

He appeared at Westminster magistrates' court via video-link from HMP Wandsworth and was remanded. His full extradition hearing is due to be heard on September 21 at the same court.

TRIBUTES PAID TO HEROES

Troubled Hayden dead at 36 `after overdose'

CARDIAC ARREST KILLS STAR

ON NASHVILLE

Hayden, right, with Connie in hit

By SCARLET HOWES and GRANT ROLLINGS

SCREEN star Hayden Panettiere has died aged 36 after suffering a cardiac arrest from an apparent overdose.

Police and paramedics were called on Sunday afternoon after a friend of the actress and singer alerted them to an "unresponsive female".

Sources said paramedics attempted to resuscitate Hayden using "advanced cardiac life support" which included special medicines, breathing tubes and heart rhythm tracking.

The US actress – twice nominated for Golden Globes during a career that began when she was just 11 months old – was reportedly pronounced dead 40 minutes after the initial call to a luxury apartment building in South Carolina.

It is unclear if it was Hayden's on-and-off boyfriend Brian Hickerson who called 911 but there were suggestions the couple were away together for the weekend.

It's believed Hayden, best known for hit series Heroes and Nashville, rented the Greenville apartment and flew in from LA, where she has a home, on Saturday.

Neighbours at the flats said Hayden was not there for long and had not even left the building.

Two men sat outside with cops were said to have been "in shock and had their heads down".

According to medical dispatch audio obtained by The Sun, officials were heard discussing an "overdose" and "cardiac arrest" around the time of her death.

Narcan, used nasally to reverse the effects of an opioid overdose, was apparently found on a mattress in the apartment.

Police and the coroner's office said: "The preliminary investigation has not indicated any signs of foul play or suspicious circumstances.

"An acquaintance of Ms Panettiere placed the 911 call."

Previously, she told of struggling with alcoholism, opioid addiction and postpartum depression.

This resulted in the end of her engagement to former world heavyweight boxing champion Wladimir Klitschko, 50, who successfully fought for custody of their 11-year-old daughter Kaya.

An autopsy found "no signs of trauma were discovered that would have contributed to the death".

Hayden's official cause of death "remains pending further investigation". But it was believed she had been suffering with back pain. Her younger brother Jansen Rane Panettiere died three years ago aged 28 from heart complications, having also had problems with illegal substances.

Hayden quit drinking and drugs five years ago and was part of her daughter's life. Just last month she shared a smiling image on social media with the message "good times and good friends".

The news of Hayden's death was broken by her father, Skip Panettiere, who said in a statement: "It is with profound sadness that we share the tragic passing of our beloved Hayden.

"She was an incredible light and a force of nature who brought immeasurable love and joy to all who knew her – and to the millions who watched her on screen."

Hayden was thrust into the limelight as a baby, by her former soap actress mum Lesley Vogel.

Aged four months, she was signed up for modelling jobs and appeared in a toy train ad before she was one year old in 1990.

By the time she was five, she had already appeared in 50 adverts and had a role in the soap One Life to Live. A regular on US TV, she also appeared on Malcolm in the Middle and Ally McBeal.

In 1996 at the age of seven, she was a guest on The Tonight Show with Jay Leno.

In 1998, she had a voice role in the Pixar movie A Bug's Life and two years later wowed audiences in the Denzel Washington film Remember the Titans. When Hayden was 18, her mum split from her dad Skip, a captain in the New York City Fire department. Eventually, she became estranged from Lesley.

Hayden's love life was even more troubled and she kept her attraction to women secret.

She made her name as a cheerleader with superpowers in Heroes, playing Claire Bennet for 72 episodes from 2006 to 2010.

Aged 18, she fell for co-star Milo Ventimiglia, who was 12 years older. It ended in 2009 after 14 months, with her unable to tell Milo she loved him.

Shortly after, she was romantically linked to Welsh TV host Steve Jones, pop star Jesse McCartney and Klitschko. They had daughter Kaya in 2014 but Hayden suffered postpartum depression.

Hayden said: "It's something that's completely uncontrollable. It's really painful and it's really scary.

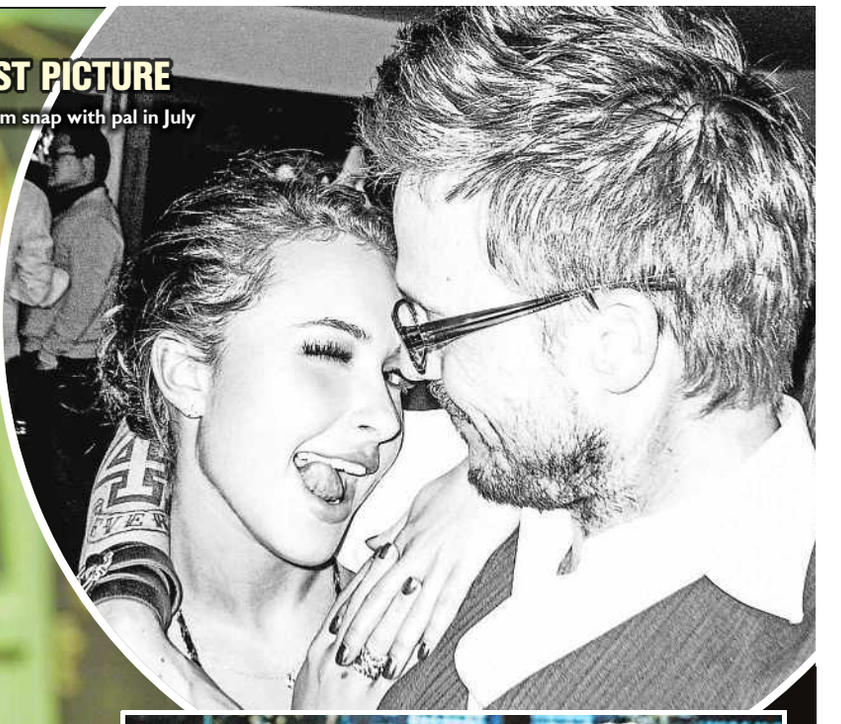
"I never had the feeling I wanted to harm my child, but I didn't want to spend any time with her."

She started to self-medicate, taking opioids and alcohol. She said: "As I got older, the drugs and alcohol became something I almost couldn't live without."

During the wedding planning, Wladimir called off the marriage and even though they rekindled the relationship the pair eventually broke up for good in 2018. Worried about the impact her drinking

AND NASHVILLE ACTRESS

ON HEROES
As cheerleader with superpowers



LAST PICTURE
Instagram snap with pal in July

CHILD STAR
Aged seven on Jay Leno show

FIANCÉE & MUM
With Wladimir & daughter Kaya

could have on their daughter, Wladimir applied for sole custody of Kaya, which she agreed to.

Despite her chaotic life, Hayden did enjoy a six-year run on the hit musical drama Nashville, which ended in 2018.

She twice received best supporting actress nominations from the Golden Globes for her portrayal of a fictional country singer alongside co-star Connie Britton.

Off screen, Hayden's life went from bad to worse. Her partner Hickerson was arrested in 2019 after a row in which she suffered bruises to her arms, ear and neck.

A restraining order was issued but the couple got back together and the charges were dropped.

More allegations followed, including that he attacked her dad and punched her. In court papers in 2020, she claimed: "When alcohol is involved, he pulls my hair, swings me around and hits me, spits in my face, has dumped water over me while I'm in bed."

The following year, he pleaded guilty to two counts of injuring Hayden and got 45 days in jail.

Yesterday, fellow stars paid tribute. Kelly Osbourne wrote on Instagram: "My heart grieves for someone so special to this world and such a good friend to me."

Viola Davis, who worked with her on the drama Custody, said: "What an amazing talent you were. I wish the world had more time with you."

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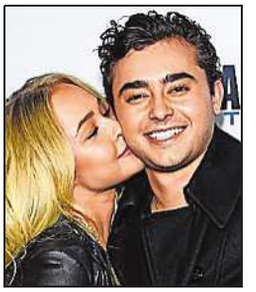


Late brother . . . with Jansen

'I WAS TRAFFICKED'

By SCARLET HOWES

HAYDEN claimed she was put in dangerous situations by the people who should have been looking after her.

She alleged that when she was 18 she was ordered to get into the bed of a famous, naked man while on a yacht in the South of France.

Hayden said: "It was as close to being human trafficked as I have ever experienced. By the time I'd realised I was in danger, I was quite literally out to sea. I bolted and I hid wherever I could think of on a boat."

She also said she was given "happy pills" aged 15 to make her "peppy" in interviews. Hayden claimed she had little say in her childhood, adding: "I was groomed. I was like a little soldier.

"No was never an option. It was just, 'Here are your scenes, here's your dialogue, memorise it, hit the marks, do what your director tells you to do'. I took my marching orders." She revealed in her autobiography This Is Me: A Reckoning: "I started self-harming in the form of substance abuse.

"I lived to make other people happy and I was the last one on the list."

THE Sun SAYS

Towtally wrong

IT'S barely four months since the Home Secretary signed a payment-by-results deal with France to stop migrants leaving its beaches for Britain.

Amid the fanfare, we were told the first tranche of cash would fund around 1,000 officers to patrol the coast and intercept boats in shallow water.

Yet since then, more than 5,000 migrants have still managed to cross the Channel and land on our shores. So if this really is payment by results, perhaps the French should be paying **US**.

Paris is keen to boast that its efforts have stopped 46,000 asylum seekers making the perilous journey since 2024.

But what British taxpayers are seeing is rather different.

We've seen French officers tossing life jackets into overcrowded dinghies, giving boats a helping shove and waving them on their way towards Britain.

And today we reveal the extraordinary sight of French officials on a jetski only intercepting a dinghy heading for England because its engine had failed.

Up to that point officials simply stood and watched as the boat filled up with around 100 migrants.

The French appear to be getting money for old tow rope while Britain gets the bill.

This is a slap in the face to hard-working British taxpayers who have been forced to stump up £1billion to France, only to be told that more undocumented migrants will continue arriving on our shores and moving into communities already under pressure.

Enough is enough.

Britain needs some straight talking with our French friends.

If they want our money, they need to show us real results – not rubber dinghies being rubber-stamped on their way towards Dover. Stop the boats. Stop the excuses. And start delivering what British taxpayers are paying for.

Because next time France comes knocking for another cheque, there should be just one answer:

Jet offski!

Tragic errors

TIME and again after tragedy strikes we are assured that "lessons will be learned".

But all too often they never are.

Those words of comfort were trotted out earlier this year after it emerged that Southport killer Axel Rudakubana had been referred three times to the Prevent anti-terror programme.

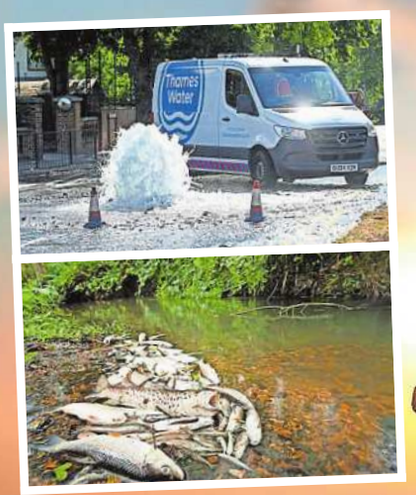
But today we learn that teachers and other professionals who flag up their concerns are being met with "closed doors and dead ends".

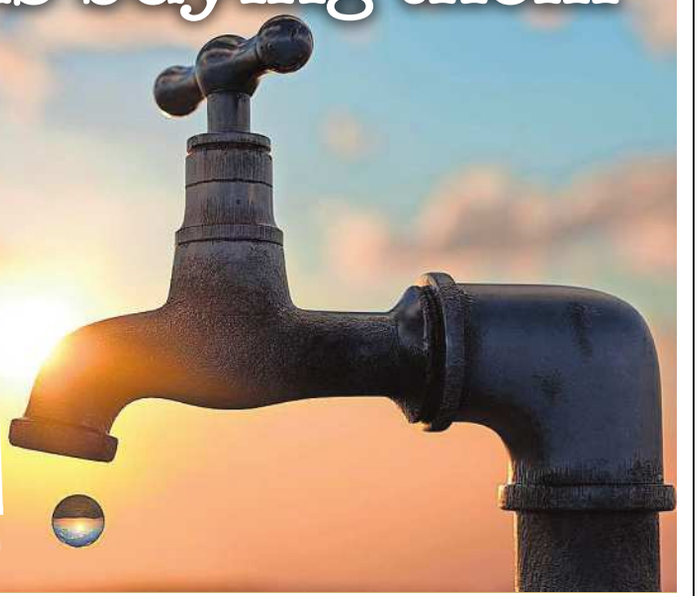
Four out of five of the 4,715 child referrals last year were quickly brushed off, according to the Children's Commissioner. Our safeguarding teams have experienced far too many lessons written in blood.

How many more tragedies must we witness before they learn?

AS OFWAT SUGGESTS 'SURGE PRICING'

Water companies want to push up our bills while **rationing** use. Imagine if Tesco jacked up the price of carrots to **stop** us buying them





WATER FARCE . . . *top*: burst main in Windsor, Berks. *Above*, dead fish in drought-hit Hampshire stream

HOW typical of the water industry to exploit the current drought to try to push for the right to impose "surge pricing" on its customers.

Ofwat, the regulator, has proposed that companies be allowed to charge more during periods of low rainfall.

Funny enough, though, water companies are not planning to slash bills during wet periods when their reservoirs are brimming.

They just want an excuse to push up our bills even further, while trying to ration water so they don't have to invest much in new infrastructure, or in mending their leaky pipes.

It is true, of course, that July and August have been exceptionally dry.

Our parks have turned brown and our gardens are wilting. But Britain remains a country with a damp, temperate climate.

Water companies are counting on us having short memories. Actually, we had an even wetter winter than usual.

Shuddering halt

In January, England saw 150 per cent of its average rainfall in that month.

February had 170 per cent. June, too, saw above-average rainfall.

Over the year as a whole, there has been plenty of rain to top up reservoirs and replenish ground water.

It is just that we don't have the infrastructure to store enough of it for use during dry periods.

Travel to the Pennines or the Welsh Hills and you can see the magnificent dams and reservoirs constructed between Victorian times and the mid-20th Century.

But that investment has come to a shuddering halt in the past few decades.

The last significant reservoir constructed in Britain, Kielder Water in Northumberland, was completed in 1981.

At the same time, water companies are still losing vast quantities of their product to leaks. Every day, 3,000million litres, or about 20 per cent of all treated water, goes missing before it even reaches the consumer. Water companies claim they have reduced this by 40 per cent since privatisation, but they should have done far better than that.

By **ROSS CLARK**

They inherited a system of cast iron water mains laid in Victorian times and which were coming to the end of their lives.

With the new materials they now have available, they should have reduced leakage to a tiny fraction of what it was 40 years ago.

Why bother, they seem to calculate, when we could just ration the water supply instead, through regular hosepipe bans and now, it seems, through surge pricing?

In no other kind of industry are businesses so reluctant to sell us their product.

Can you imagine Tesco telling its customers they could only buy half a dozen rashers of bacon a week or jacking up the price of carrots in a deliberate bid to dissuade us from buying them?

Supermarkets do sometimes find themselves short of certain products, but they will scour the Earth to find replacements.

They invest in their supply chains – they don't shake their heads and tell us sorry, we can't have any food today because it is too much bother for them to go out and find any to offer us.

And they certainly don't let 20 per cent of their food fall out of the back of their lorries before it even reaches the shops.

I have no rosy view of nationalised industry, and I remember how state-owned water companies struggled in the drought of 1976, forcing standpipes on some neighbourhoods. But it was a big mistake to privatise the water industry without ensuring there was some kind of competition in place. It was an error, too, to privatise the assets.

Within years, much of the water industry had fallen into the hands of private equity groups who mortgaged the reservoirs, the sewers, and all the other infrastructure which had been built with taxpayers' money, and awarded themselves big paydays.

They loaded themselves with debt, making the calculation that the government would never allow them to go bust because it would cause too much disruption to the water supply.

Water companies have done the same to the sewers as they have to the water supply: failed properly to invest in them.

The result is that we still have raw sewage being released into rivers during periods of heavy rain.

Cheaper to pay fines

This is not entirely the fault of the people currently running the water industry: the problem goes back to a fateful decision in Victorian times to combine storm drains (which remove water from the streets when there is a downpour) with foul drains (which remove waste water and sewage from buildings).

This means that when there is heavy rain, sewage treatment works are overloaded and effluent bypasses them.

But water companies have done next to nothing to start work on separating the two systems.

They appear to have made the cold calculation that it is cheaper for them to pay the fines rather than invest in new sewers. The result is dead rivers and foul beaches.

PM Andy Burnham has said he wants to exert more public control over the water industry. It is unclear exactly what he means by this.

But please can he not go down the route of rationing.

A clean water supply is an essential element of any civilisation, and neither government nor the water industry should be trying to stop us using what we need.

Petition . . . Andrew

New bid to keep PC yobs in prison

By ODHRAN GALLAGHER

FRESH moves to keep PC Andrew Harper's killers in jail are being considered by the Government.

Justice Secretary Alex Norris is set to unveil a new strategy after being ordered to find a solution by PM Andy Burnham, The Times reported.

One plan Labour is considering would exempt all those who committed a certain type of manslaughter – known as "unlawful act manslaughter" – from the early release scheme. It could affect up to 470 prisoners convicted of that crime, including Albert Bowers and Jessie Cole.

They were each jailed for 13 years in July 2020 over PC Harper's death but could be freed in January, halfway through their sentences. More than a million people have signed a petition calling for them to stay behind bars.

Smoke . . after tragedy

Brit 'wed pair' die in copter isle crash

By ZARA QURESHI

A NEWLYWED British couple have been killed in a helicopter crash in Greece.

The Greek pilot also died when the chopper went down on the holiday island of Sifnos as it was about to land at 6pm yesterday.

The couple were said to have been on their honeymoon.

They were named by local police as Alexander Cromie and Marie Ebert.

A witness said the helicopter began to spin at high speed before it smashed into the ground – exploding in a huge ball of fire.

Firefighters raced to the site to tackle the raging flames, according to local reports.

A rescue team from the island of Syros arrived later with the fire department's speedboat.

It was unclear what caused the crash.

MOT STUFF

Picture: IAN HARRISON/WOMEN'S HEALTH UK

By FREYA FRASER

STRICTLY Come Dancing judge Motsi Mabuse covers herself in glory as she poses for a magazine.

The 45-year-old is on the cover of the new edition of Women's Health UK, *right* — and tells how she transformed herself after a full body check-up, saying: "My doctor said, 'If you want to stay healthy in the long term, we need to make changes'." The full interview is available in the September issue of Women's Health UK.

TRIAL DAY 1

TUPAC 'KILLER' IN THE DOCK AFTER 30YRS

Keffe D 'behind hit'

By SCARLET HOWES, US Editor

THE man accused of the murder of rapper Tupac Shakur stepped into the dock yesterday as his trial began 30 years after the fatal shooting.

Duane "Keffe D" Davis, 63, allegedly orchestrated the killing of the 25-year-old US star.

The rapper known as 2Pac was murdered in a drive-by shooting in Las Vegas in 1996.

The first witness yesterday, Garry Dale, a former cop who was in the ambulance with Tupac, said: "I was trying to talk to him to find out what happened, gather information to see who had fired.

"He was still talking, and I was trying to convince him to tell me the name of whoever his assailants were."

He said Tupac responded to the effect of: "No, we'll take care of it."

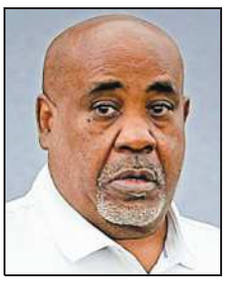
The case relies on the admissions of Davis in a self-published 2019 memoir and in interviews.

Prosecutor Binu Palal told the Vegas trial: "In this world, silence means survival. The one person who has had a hard time being silent is Duane Davis."

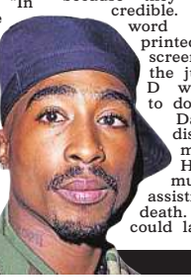
Michael Sanft, defending, said: "There are no facts to point to Keffe." He said law enforcement had not taken Davis's previous admissions seriously because they were not credible. With the word "bullsh*t printed on a screen, he told the jury: "Keffe D was known to do this."

Davis now disavows his memoir.

He denies murder or assisting in the death. His trial could last weeks.



Accused . . . Davis at court



Shot . . . Tupac

Brothers . . . with baby

Eugenie tot name tribute to Queen

By MATT WILKINSON

PRINCESS Eugenie has revealed the name of her baby daughter, that pays tribute to the late Queen.

The latest addition to the Royal Family is called Adelaide Elizabeth Annina Brooksbank.

Eugenie confirmed the middle name Elizabeth was after "her great-grandmother who we hold close in our hearts".

The first name is a nod to William IV's wife Queen Adelaide – whose jewellery Eugenie wore at her 2018 wedding to Jack Brooksbank.

It is also shared by a popular saint in Portugal, where the tot was born on August 3.

The name Annina is thought to be in tribute to Eugenie's pal Countess Annina Bruges von Pfeul.

Adelaide, 15th in line to the throne, was seen with brothers August, five, and Ernest, three, on Eugenie's Instagram yesterday.

Andy's Balmoral snub — P17

Bold threats . . . Putin

Russian ship 'with nukes' in the Baltic

By JEROME STARKEY

A RUSSIAN warship armed with nuclear-capable missiles has been spotted off Germany.

The Admiral Kasatonov, one of the Russian navy's most advanced frigates, was seen last week near the island of Fehmarn in the Baltic Sea.

It is understood to be equipped with Zircon hypersonic missiles which are fitted to carry nuclear warheads.

Vladimir Putin has vowed to attack UK ships in retaliation for seizing his vessels carrying oil to fund the Ukraine war.

And yesterday Russia made more threats after reports that Ukraine is firing British drones deep into its territory.

A statement from the Russian embassy in the UK said: "London's actions will inevitably carry consequences. The deeper its involvements in the conflict the higher the price it will pay."

FOR FIRST TIME AT NTAs, MAIN

SERIAL DRAMA PERFORMANCE

Aaron Thiara, Ravi Gulati, EastEnders
Gareth Pierce, Todd Grimshaw, Coronation Street
Jeff Hordley, Cain Dingle, Emmerdale
Paul Bradley, Nigel Bates, EastEnders
Sue Devaney, Debbie Webster, Coronation Street, *right*

NEW DRAMA

A Woman Of Substance
Believe Me, *above*
Heated Rivalry
I Fought The Law
The Other Bennet Sister

QUIZ SHOW

Ant & Dec's Limitless Win
Michael McIntyre's The Wheel
Richard Osman's House Of Games
The 1% Club, *below*
The Chase

COMEDY

Amandaland, *below*
Changing Ends
Last One Laughing
Mrs Brown's Boys
Not Going Out

THE BRUCE FORSYTH ENTERTAINMENT AWARD

Gladiators, *above*
Michael McIntyre's Big Show
The Graham Norton Show
The Masked Singer
Would I Lie to You?

SERIAL DRAMA

Casualty
Coronation Street
EastEnders, *below*
Emmerdale
Hollyoaks

HOW TO VOTE
Vote free at
nationaltvawards.com

Votes must be in by midday on September 8, 2026. All new votes will be added to those already submitted in the first round of voting. The results will be revealed at the NTA ceremony live on ITV from The O2 London on Tuesday, September 8, from 8pm.

DRAMA PERFORMANCE

Pictured from left:
Ella Bruccoleri, as Mary Bennet, The Other Bennet Sister
Judy Parfitt, as Sister Monica Joan, Call The Midwife
Ruth Jones, as Elena Ravenscroft, Run Away
Sheridan Smith, as Ann Ming, I Fought The Law
Vicky McClure, as Lana Washington, Trigger Point

Drama

FACTUAL ENTERTAINMENT

24 Hours In Police Custody
Gogglebox
Secret Garden, *below*
Sort Your Life Out
The Martin Lewis Money Show Live

THE small screen is honouring girl power at this year's National Television Awards because, for the first time ever, the shortlist for Best Drama Performance is all-female.

Male titans of the acting world including Cillian Murphy, David Tennant and Matt Smith have lifted the gong in the past.

This year's contenders are Gavin & Stacey's Ruth Jones, who has been nominated for her turn in gritty Netflix thriller Run Away.

Sheridan Smith could take the award for the second time thanks to her run as Ann Ming in ITV true crime drama I Fought The Law, having first won in 2015 playing another real-life role, Cilla Black.

Vicky McClure has got the nod for the third time – and her second nom as Trigger Point's Lana Washington.

Ella Bruccoleri is shortlisted as Mary Bennet in The Other Bennet Sister and Judy Parfitt for Sister Monica Joan in Call The Midwife.

One of these will join the handful of women who have lifted the gong since 2015 – with Sheridan, Suranne Jones and Sarah Lancashire the only female winners to date. The shortlist, revealed today by The Sun after a month of viewer voting, champions a string of other top women on TV.

By **FELICITY CROSS**
Deputy TV Editor

Stacey Solomon secures her place as one of TV's biggest stars with a hat-trick of nominations for her BBC reality series with partner Joe Swash, her factual entertainment gig Sort Your Life Out and also solo in the competitive TV Presenter category.

Ruffled feathers

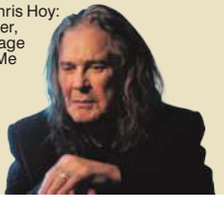
That category caused ruffled feathers last year when Gary Lineker broke Ant and Dec's 23-year winning streak, and this year they face even fiercer competition.

Queens of primetime Stacey, Claudia Winkleman and Alison Hammond will also vie for the title, while beloved naturalist Sir David

ACTING SHORTLIST IS ALL WOMEN

RETURNING DRAMA
Blue Lights
Bridgerton, *above*
Call The Midwife
Stranger Things
Trigger Point

AUTHORED DOCUMENTARY
Caroline Flack: Search For The Truth
Jesy Nelson: Life After Little Mix
Our Girls: The Southport Families
Sharon & Ozzy Osbourne: Coming Home, *below*
Sir Chris Hoy: Cancer, Courage And Me



REALITY DOCUSERIES
At Home With The Furys
Clarkson's Farm, *above*
Fletchers' Family Farm
Mortimer & Whitehouse: Gone Fishing
Stacey & Joe

REALITY COMPETITION
I'm A Celebrity . . . Get Me Out Of Here!
I'm A Celebrity . . . South Africa
Race Across the World
The Celebrity Traitors, *above*
The Traitors

DAYTIME
Good Morning Britain
James Martin's Saturday Morning
Loose Women, *below*
Scam Interceptors
This Morning

TALENT SHOW
Britain's Got Talent
Strictly Come Dancing
The Great British Bake Off
The Great Celebrity Bake Off For Stand Up To Cancer
The Great Pottery Throw Down, *above*

TV PRESENTER
Alison Hammond, *below*
Ant & Dec
Claudia Winkleman
David Attenborough
Stacey Solomon

queens

Attenborough has been included in the category for the first time.

Elsewhere Claudia and Tess Daly could round off leaving their hosting roles on Strictly by taking the Talent Show gong.

BBC smash hits The Traitors and The Celebrity Traitors are nominated in Reality Competition. Only I'm A Celebrity and Race Across The World stand in their way.

Meanwhile Gladiators is celebrating with its first recognition since the show's BBC reboot in 2024.

The muscle-clad monsters are up for The Bruce Forsyth Entertainment Award against The Graham Norton Show, Michael McIntyre's Big Show, Would I Lie To You? and The Masked Singer – which NTA ceremony host Joel Dommett also presents. Classics lead the New Drama category, including The Other Bennet Sister and A Woman Of Substance along with raunchy ice hockey series Heated Rivalry and true crime with ITV's take on the John Worboys case, Believe Me, and I Fought The Law.

The full National Television Awards shortlists is revealed here ahead of the glittering night at London's O2 on September 8, when the results will be announced live.

A Special Recognition Award will also be revealed on the night.

JEZZA GROWS FOR 2ND WIN

EXCLUSIVE by FELICITY CROSS

JEREMY CLARKSON could top off a tumultuous year by lifting a second NTA gong for Clarkson's Farm. The Prime Video hit has this year been shortlisted in the Reality Docuseries category. In 2025, Sun columnist Jeremy dedicated his Factual Entertainment win to the agricultural industry, saying: "I'd like to think that this is for farming because it demonstrates that people who watch the show go, 'Bloody hell, farming's difficult', and have voted for this show."

Series five, featuring Jeremy's prostate cancer drama, aired earlier this year to rave reviews.

INJURY . . . Brendan as TV fave

BOYS NOT BACK IN TOWN...

By ROD McPHEE

MRS Brown's Boys star Brendan O'Carroll has announced the show's Christmas special and the touring stage show have been axed after he broke his jaw.

It comes as the divisive BBC comedy bags a space on the Best Comedy shortlist at this year's NTAs.

Brendan has lifted the audience-backed gong six times and this year it is up against Amandaland, Changing Ends, Not Going Out and Last One Laughing.

The 70-year-old Irishman, who has played matriarch Agnes Brown on the BBC One comedy since 2011 said in a statement yesterday: "Following a CT scan, it was found that I had two fractures in my mandible (*jaw*) which requires immediate surgery and a few months recovery.

"I am talking with the BBC about getting Mrs Brown's Boys back on the screen in 2027.

"I will sadly have to postpone both the 3 Arena Dublin and Gleneagle Arena Shows.

"We are currently working to try to reschedule these show for 2027.

He continued: "This decision has not been taken lightly and has been made on medical advice.

"To say I am heart-broken is an absolute understatement.

"I would like to sincerely apologise to all our fans.

"I now need to focus on getting myself back to full health, and I genuinely cannot wait to see you all again in 2027."

A BBC spokesman said: "We wish Brendan a full and speedy recovery and are working with him on plans for Mrs Brown's Boys in 2027."

THIS year's Serial Drama performance gong honours Paul Bradley's return to EastEnders for Nigel's tragic goodbye. He's up against castmate Aaron Thiara (for Ravi's mental health crisis), Emmerdale's Jeff Hordley (Cain Dingle), plus two from Corrie – Sue Devaney (for Debbie's sad decline) and Gareth Pierce (as coercive control victim Todd Grimshaw).

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Clemmie Moodie

clementine.moodie@thesun.co.uk

Being an athlete is sexy. Going on Love Island isn't

SUNDAY, August 16, 2026: the day we put the Great back into Great Britain and the social back into social media.

And the night a veritable powerhouse of strong, fearless, talented young women came to the fore.

As Amy Hunt, the new Golden Girl of athletics, celebrated her history-making fourth gold at the European Championships, Instagram and TikTok were – for once – united in their praise.

(Well except for a few blokes who, helpfully, reckoned she could have "done a bit better at the start". But hey, these are probably the same chaps who reckon they could qualify for the 2028 Olympics after doing a few park runs.) 🙄

Just 24 hours earlier, our new superstar also did something completely unexpected in the me-me-me world of fame – laud lavish praise on her teammates.

Because athletes, arguably more than anyone, know there is no "I" in team.

In a digital world that increasingly celebrates rampant narcissism, money and "likes" over anything, how refreshing that, well, the kids really are alright.

Within minutes of winning her third gold medal on Saturday, the Cambridge graduate said: "We're the fantastic four."

Had this quote come, say, from the finalists of Love Island, how galling.

GOLDEN GIRL . . . Amy

But no argument here. After all, Britain's 4x100m women had veritably powered their way to glory in 42.05secs, more than ten metres clear of Switzerland and Poland.

"It's such a privilege to be able to step on the track with these ladies and the individual superpowers that we bring," Amy said. "It's no joke. We're all superwomen together out there."

First, Amy addressed Dina Asher-Smith, who ran the first leg and whose gold equalled the Polish sprinter Irena Szewinska's overall record tally of ten medals at the championships.

"I'm stood next to Dina, she's the most decorated European athlete in history," she said.

She then turned to relative newbie, Success Eduan – nominative determinism at its finest – who is three weeks from completing a degree in midwifery. "This girl, Success, is a midwife," she said. "She brings new babies into the world."

Finally, our new poster girl pointed to Imani-Lara Lansiquot, who had brilliantly carried the baton home.

In 2021, she wrote a stage play, Armour Of Gaza, about growing up in Peckham. "Imani, that girl wrote a play," said Amy, beaming proudly.

All bets off, surely, for Sports Personality Of The Year.

A special mention, too, to Keely Hodgkinson, who in June shredded her knee to pieces in a freak training ground accident which left her unable to walk for days. She clawed her way back to claim silver in the 800m.

Great Britain's Jazz Sawyers also scored one of the performances of the championship to take silver in the women's long jump, finishing just one centimetre behind gold-winning Larissa Iapichino.

(And for those who write in each week to tell me I'm too "feminist", a shout out, too, to the lads – two of them helped Amy win her fourth gold in the mixed 4x100m, and Jeremiah Azu, Zharnel Hughes, Romell Glave and Louie Hinchcliffe stormed to victory in the men's 4x100m. Heroes one 'n' all.)

Women in sport, though, have always played second fiddle to their penised counterparts: less money, fewer bums on seats and fewer commercial opportunities.

There has also long been a weird body image obsession: young girls worried that if they play too much sport or lift anything over 5kg in the gym, they'll get "bulky".

Amy, meanwhile, celebrated with a KFC late on Sunday night.

Playing sport has not, traditionally, been seen as "cool".

What poppycock!

Here, finally, are the women who prove it. Women to aspire to. Women who have dedicated their lives to sport, brutal training days, risking career-ending injuries day in, day out – all, largely, for not very much money.

My great hope is that youngsters watching these championships on telly/the internet will realise that talent and hard work really are sexy. Going on Love Island is not.

BACKGRID

PUSH OFF . . . posing clowns

TATE FAN STUNT IS NO FLEX

SORRY to go all Holly Willoughby, but men: are you ok?

Community members from the grimly toxic manosphere apparently convened outside Andrew Tate's US prison to do press-ups together last week.

To what end, I am not entirely sure.

But guys, it's just not the flex you think it is.

Meanwhile, a report last week claimed four in ten chaps reckon they could compete in the 2028 Olympics with a spot of training.

Oh, to have the confidence of a mediocre man.

THERE are no adequate words to describe the tragic, heartbreaking death of Jason Arday.

The divisive flames of the culture wars have already been sparked and, understandably, it makes for deeply uncomfortable reading.

But read, we must.

The PM summed it up perfectly in his tribute.

"It's a tragedy on so many levels," he said. "But particularly just for everybody who knew Jason – his family, obviously, his friends. We think of them today.

"It's not a moment for any rushing to judgment. It's a moment for reflection, I would say, reflecting on how things came to this.

"A really sad, sad and sorry state of affairs and I think we all today think of Jason, his contribution and his family and friends."

A BONE TO PICK

"MILLENNIALS tuck into bone broth to ward off wrinkles", declared a headline yesterday.

Babes, millennials tuck into a whole lot more than bone broth to stay frozen in time.

Botox, laser, chemical peels, IPL facials, plasma MCT, microneedling, microdermabrasion, Sculptra – you name it, me and my fellow geriatric millennials have done it. And do it.

Trust me: the broth of bones ain't touching the sides.

BAFFLED . . . TV's Alex

ONE IS WARNED, ALEX...

ON Friday evening, everyone got a rude awakening when phones chimed, apocalyptically, with wildfire alerts.

One even interrupted live TV as The One Show screened.

"I think that was some sort of fire alarm," remarked puzzled host Alex Jones.

"You couldn't make it up!," she added cheerfully.

While entirely making it up.

meme of the week

FRESHLY BAKED new GBBO line-up, *from left*, Paul Hollywood, Alison Hammond, Nigella Lawson and Noel Fielding

Innuendo queen Nigella is what Bake Off kneads

"I CAN'T wait to romp in your forest" – Mel Giedroyc, season six, about a contestant's Black Forest gateau.

"They've got to beat it until it's really, really stiff" – Mary Berry, 2012.

"It's all about making both balls really tight" – Paul Hollywood to Prue Leith, 2017.

"It's long and thin and sausage-shaped" – Prue Leith, 2017.

Ladies and gentlemen, just a few Great British Bake Off highlights over the years.

So, where, pray, could producers take the long-running series following Prue's departure from the otherwise wholesome cookery show?

Bundle in queen of innuendo Nigella Lawson, that's where.

Nigella "It's hard for me to eat lamb without cumin" Lawson.

Nigella "I love having an implement in each hand; it makes me feel busy" Lawson.

And Nigella "I adore the way it comes bulging up" Lawson.

Safe to say a "soggy bottom" is the least of the contestants' worries this year.

VETERAN JUDGES . . . Prue Leith and Mary Berry

Crazy for a Manga

FANS of Manga have been advised to hunt out old editions as they could be worth thousands.

Book dealer Thomas Carter offered 30 for sale and all went in an hour for more than £100,000.

One rare example of the Japanese comics, which were published between 1968 and 2019, fetched £15,000, he said.

Mr Carter, of Carter Rare Books in Glasgow, said: "Collecting has exploded this last year."

DRINKING BLAME

A marriage proposal at a Proclaimers gig in Dundee never came after door staff barred the drunken man, the duo revealed.

NO FARM DONE

New minister faints touring meat storage unit

Rough meating . . for Mr Morgan

THE new farming minister fainted while visiting a refrigerated storage unit full of beef, it has been revealed.

Stephen Morgan has been on a tour of farms and suppliers since being appointed.

But he felt ill when stepping into the room filled with shelves of meat from slaughtered cattle at a food processing plant in the Lake District.

EXCLUSIVE by JULIA ATHERLEY

One local farmer, who knew about the incident, said: "He'd been shown large chunks of beef as well as some steaks but then he felt faint. He said something like, 'I don't feel too well – I need a moment.'"

He added: "It's not a great look for the farming minister to faint at the sight of meat."

The Portsmouth South MP explained of his wobble: "I felt unwell moving between the extreme heat and cold storage, and I'm grateful to all the staff at Lake District Farmers.

"Hats off to the brilliant people working in these conditions and temperatures to keep the nation fed."

Prime Minister Andy Burnham is on a bid to "build back trust" with farmers after his predecessor Sir Keir Starmer faced protests over inheritance tax laws.

He has announced a £65million funding package for them, amid fears hot, dry weather could drive up food prices on supermarket shelves.

The National Farmers' Union welcomed the measures but added that "it doesn't affect the crisis today".

julia.atherley@the-sun.co.uk

Family . . . with Greta, right

Hols bus trap hell for girl, 12

By ROBIN PERRIE

A BRIT girl of 12 was trapped under a tourist bus after it crashed down a mountain in Turkey.

Greta Williams and her family were on their way to a boat and zoo trip when the vehicle lost control last month.

It careered off a road that had melted in the 42C heat, flipping over and hitting a tree in the Taurus mountains.

Other passengers helped to free Greta, who was trapped underneath.

She spent eight days in hospital with a broken pelvis and sacrum before being flown home to Blackwood, Caerphilly.

Mum Emma said: "It was such a scary experience – it was horrific."

Emma, her partner Lennard, Greta and sister Eiry-ana, eight, were on their first foreign trip.

She said: "I was worried about losing was my suitcase, not nearly my entire family."

3 deaths drive rap

A PENSIONER motorist has appeared in court over the deaths of three Vespa riders who had been on their way to the Normandy beaches.

Hugh Campion, 70, is accused of causing the death by dangerous driving of scooter club members Robert Best, 62, Marie Jones, 64, and Timothy Davies, 62

He is also charged with causing serious injury to Gary Jones in the collision on the A36 at Knook, Wilts, in May last year. Campion was bailed by Salisbury JPs.

CHOKE AID WORRY

Less than half of us know enough first aid to save someone choking on food, according to a St John Ambulance poll.

£10,000 in prizes

BELLA ITALIA

CRAVING a little taste of Italy? Your next Italian feast could be extra sweet. One hundred lucky readers will each win a £100 voucher to spend at participating Bella Italia restaurants.

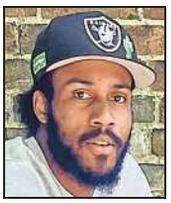
With £10,000 worth of vouchers up for grabs, winners can tuck into everything Bella Italia does best. From hand-stretched pizzas and comforting bowls of pasta to creamy gelato, Bella Italia brings the Italian tradition of sharing great food and good company to every table.

There is even more reason to visit Bella Italia this summer. Take advantage of the Kids Eat Free offer, available every day until September 1, 2026. It means a child can enjoy a free meal from the Kids Menu when dining with an adult who buys a main meal. Plus, Bella Italia app users can access Summer Rewards – giving them even more ways to enjoy their favourite dishes. Diners can claim a free two-scoop gelato with a main meal on their first visit, 25 per cent off food on their second visit and 50 per cent off food on their third visit. *There are two ways to enter . . .*

1. **Either download the Sun Savers app or sign up at sunsavers.co.uk.**
2. **Go to the Offers section, click Start Collecting on the Win a £100 Bella Italia voucher page.**
3. **Collect 3 Sun Savers codes. We print one daily until Saturday. Today's is on Page 20.**
4. **Enter your codes on the app or website by August 29, 2026.**

OR join Sun Club at thesun.co.uk/club for £1.99 a month or £9.99 a year and get instant access to this competition and lots of other benefits with no need to collect Sun Savers codes.

TERMS AND CONDITIONS: 18+ England, Scotland and Wales residents only. Sun Savers multiple code collect August 15 – August 22 or Sun Club digital subscription required. Online access required. 100x £100 Bella Italia vouchers to be won. Competition ends Saturday, August 29. Prize is non-transferable & non-refundable. Full T&Cs apply, see sunsavers.co.uk or club.thesun.co.uk/sun-club. Sun Club new customer offer: £1.99 per month or £9.99 for the first year, then £19.99 thereafter unless cancelled seven days before the next billing date. Full T&Cs apply, see thesun.co.uk/club.



Shot . . Auguste-Marie

Family in tribute to victim of shooting

By JOE MORGAN

A BUS driver who was shot dead outside a pub was "full of love, kindness and an enthusiasm for life", his family said.

Auguste-Marie Bile-aka Amoa, 25, died shortly after 9.57pm on August 10 after being gunned down.

His family are "devastated by the horrific murder" of the Transport for London employee.

They said: "He touched many hearts and the pain of losing him is impossible to put into words."

And the family added: "All we want now is justice for him."

A 22-year-old man was arrested on suspicion of murder when he attending hospital with a gunshot wound following the shooting in Clapham, South West London, but he was released with no further action. Police have appealed for witnesses.

999? My gin's dud

A BOOZER dialled 999 to report he had been given a non-alcoholic gin and tonic by mistake.

In another call to the emergency line, someone asked for the time.

A third person dialled 999 to report that the timer on her microwave had stopped working.

Hertfordshire Police, which handled the alerts, said: "While the gin and tonic call may seem amusing, this individual took up the time of a call handler who could have been helping someone in genuine need."

About a third of calls to cops should have been directed elsewhere.

Trousers downed

A MAN lost his trousers when he was hauled off a porch roof by a cop after a two-day stand-off.

Police released footage of an officer on a ladder grabbing the suspect in Salford last weekend.

Simon Harris, 37, of no fixed abode, had allegedly been asleep shortly before the incident and was arrested when he hit the ground.

He appeared in court yesterday accused of six offences, including burglary, criminal damage and assaulting two cops.

He entered no pleas to the charges and was remanded in custody by Manchester magistrates.

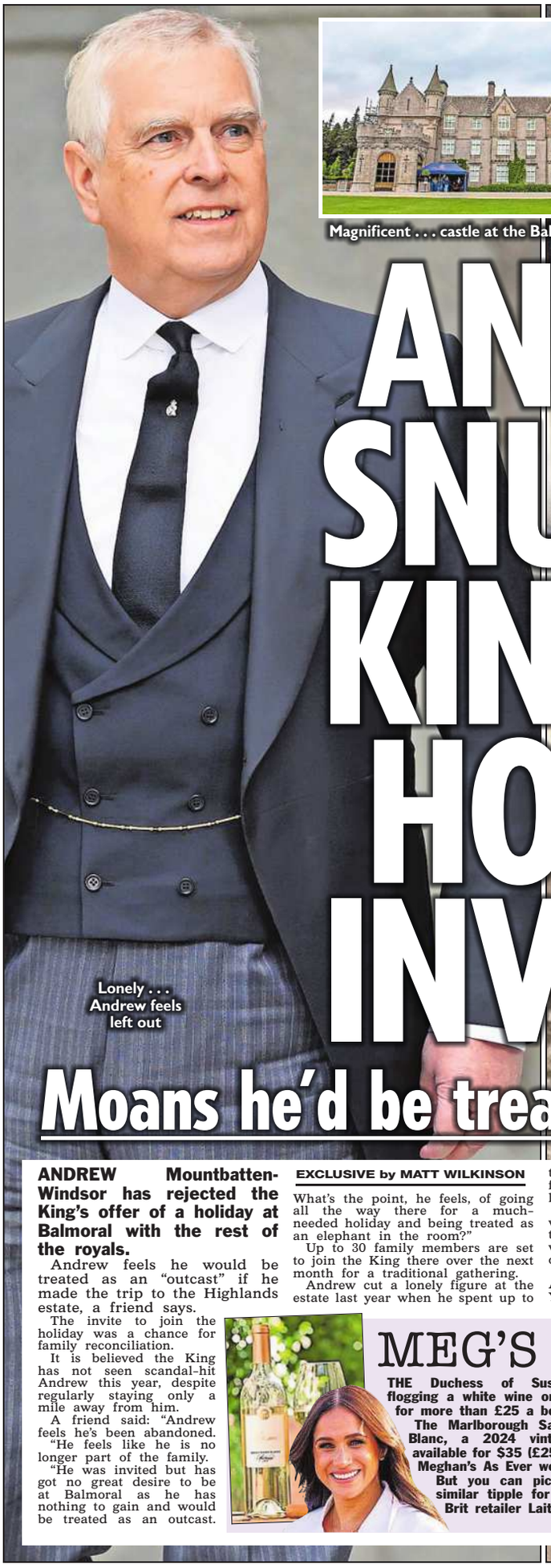
DOCTOR LOO

Cops were left baffled after a blue "Tardis" portable toilet was left abandoned in a country lane near Lutterworth, Leics.

BALMORAL OFFER REJECTED

Magnificent . . . castle at the Balmoral estate in the Highlands

ANDY SNUBS KING'S HOLS INVITE



Lonely . . . Andrew feels left out

Rebuff . . . the King's offer has been rejected

Moans he'd be treated 'as an outcast'

ANDREW Mountbatten-Windsor has rejected the King's offer of a holiday at Balmoral with the rest of the royals.

EXCLUSIVE by MATT WILKINSON

Andrew feels he would be treated as an "outcast" if he made the trip to the Highlands estate, a friend says.

The invite to join the holiday was a chance for family reconciliation.

It is believed the King has not seen scandal-hit Andrew this year, despite regularly staying only a mile away from him.

A friend said: "Andrew feels he's been abandoned.

"He feels like he is no longer part of the family.

"He was invited but has got no great desire to be at Balmoral as he has nothing to gain and would be treated as an outcast.

What's the point, he feels, of going all the way there for a much-needed holiday and being treated as an elephant in the room?"

Up to 30 family members are set to join the King there over the next month for a traditional gathering.

Andrew cut a lonely figure at the estate last year when he spent up to two weeks there. Since then he has faced fresh claims relating to his late paedo pal Jeffrey Epstein.

Andrew has always denied any wrongdoing. It is thought the last time he mingled with his family was at the funeral of the Duchess of Kent in September.

In November, the King stripped Andrew of his Prince and Duke of York titles. Charles then kicked Andrew out of Royal Lodge in Windsor in February.

The former prince is living in exile on the Sandringham estate in Norfolk. On his 66th birthday in February, he was arrested on suspicion of misconduct in public office.

His ex-wife Sarah Ferguson and children Beatrice and Eugenie have avoided his new home, Marsh Farm. Andrew has been described as lonely at Sandringham.

It is believed only his brother Prince Edward has visited him since he was evicted from Windsor.

The King has already begun his summer break at Balmoral but will be formally welcomed at the castle this week.

PM Andy Burnham is among those expected to visit. Buckingham Palace declined to comment.

Epstein died aged 66 in a jail cell in the US in 2019 while awaiting trial on sex trafficking charges.

MEG'S £25 PLONK

THE Duchess of Sussex is flogging a white wine online — for more than £25 a bottle.

The Marlborough Sauvignon Blanc, a 2024 vintage, is available for $35 (£25.82) on Meghan's As Ever website.

But you can pick up a similar tipple for £16 at Brit retailer Laithwaites.

EXCLUSIVE by ED SOUTHGATE

Meghan, *left*, is offering three free bottles of the New Zealand plonk in a case of 12.

She says of the wine, *far left*: "Whether poured alongside a leisurely lunch or raised in a spontaneous toast, each bottle is made for sharing."

YUNG GETS A BIG BREAK

YUNGBLUD took the phrase "break a leg" a little too seriously before a recent show.

The rocker posted this photo online on Sunday evening and now I've learned the hefty cast and crutches are very necessary after he fractured his leg – and then performed on it before getting treated.

I'm told the star was involved in a motorcycle accident at the Sturgis Bike Rally in South Dakota earlier this month, yet somehow still managed to play his ten-song set a short while later.

It was only afterwards that he finally went to hospital and discovered the full extent of his injury.

Hat's off to him, because I don't think many artists would be able to continue like that when in complete agony.

And it's not stopping his summer of shows either, as Yung is due back on stage in Portugal this evening before headlining Belgium's Pukkelpop festival on Friday.

Yungblud, whose real name is DOM HARRISON, wrote on Instagram: "Leg f*ed. Still giggin'. Still standin' (sort of). Portugal and Belgium – I'm comin' and it's gonna be f***ing mad."**

It won't be long before he can put his feet up and recover, but I selfishly hope he does so while working on some new music.

TATT'S DEVOTION FROM ARIANA

ARIANA GRANDE has gone from zero to 100 with her dancer boyfriend Ricky Alvarez by getting matching tattoos just weeks after they reconciled.

The couple dated a decade ago, but I told in mid-July how they had quietly got back together and they are already showing their renewed commitment to each other.

Ariana kicked off her ten-date run at London's O2 Arena at the weekend and eagle-eyed fans noticed a new inking on her left collarbone which reads: "I Do Love You."

It matches one on Ricky in the same spot on his body, albeit in a different font.

Things are clearly quite serious between them already, as Ricky flew over to the UK with Ariana last week and is expected to remain with her for her whole run of shows in the capital before her break from the public eye.

It emerged in June that Ariana had separated from her Wicked co-star **ETHAN SLATER** after nearly three years together.

Earlier this month, it was revealed she will step back from her public-facing work when her tour ends on September 1.

She's been working relentlessly for years, so that time off is well-earned.

bi

ARTFULLY DODGING A.I. MUSIC

BRITISH garage stars **ARTFUL DODGER** are all for pushing boundaries. but there's one thing they don't think has any place in music: AI.

I caught up with the duo, **DJ DAVE LOW** and **MC ALISTAIR**, *inset*, and they said computer-generated vocals are ripping the "soul" from music.

Alistair said: "You're taking the talent out of it. Fact of the matter is, people that are writing music, it's an extension of themselves.

"That's what it's there for – to invoke feelings or not invoke feelings. AI has no soul, so how can you put something out that has no soul?"

But the legends don't shy away from putting a fresh spin on a classic, as they have teamed up with Kinder Bueno to give the memorable ice-cream van jingle a 2026 makeover.

If you spot a Kinder van, instead of hearing that familiar tune, you'll hear their own Ice Cream Track.

Dave said: "My eldest came out of school and was like, 'Dad, that track has been in my head all day'.

"And then the little one was just bouncing around the house, 'Give me that ice cream now'."

PHOEBE BRIDGERS is leading the race to No1 with her first album in six years, Lost Weekend, which is currently just ahead of THE SCRIPT's The User's Guide To Being Human.

Other new records expected to enter the UK Top Ten on Friday include KATSEYE's new EP, Wild, which is at No3, and JUNGLE's fifth album, Sunshine, at No4.

PRODUCERS WANT DEPP ON BOARD

JOHNNY DEPP is in talks to reprise his role of Captain Jack Sparrow in a sixth Pirates Of The Caribbean film – 23 years after the release of the first movie in the £3.3billion franchise.

Producer **JERRY BRUCKHEIMER** confirmed: "We're talking with Johnny, we're working on a screenplay, and hopefully we can get this done."

After 2003's The Curse Of The Black Pearl, Johnny, *inset*, was in 2006's Dead Man's Chest, 2007's At World's End, 2011's On Stranger Tides and 2017's Dead Men Tell No Tales.

The latter was the lowest-grossing film in the franchise and Johnny later fell out with Disney and ruled out a return, although now the tables seem to be turning.

MARGOT ROBBIE has also been tipped to appear in the sixth film, and **ORLANDO BLOOM** has suggested he could return as Will Turner.

PECKS APPEAL . . . couple share a smoochy moment on their day out

New love blooms for Jesy

A FORTNIGHT after I told you JESY NELSON was dating a gardener called Ben Davies, she has gone public with the green-fingered fitty.

My photos show the new couple walking hand in hand through London's Covent Garden at the weekend, stopping off at a pancake house for a sweet treat – and a snog.

She wore a bra top and cycling shorts for their date after it was revealed she is planning to relocate back to her native Essex from Cornwall.

Ben previously dated Towie star LYDIA BRIGHT for almost a year before they split at the end of 2024.

Meanwhile, Jesy recently denied she would be joining the cast of Towie.

And I can't blame her because with twin 15-month-old daughters and a new romance to nurture, the ex-LITTLE MIX star has enough on her plate right now.

ELLIE HENMAN'S

arre

SPLASH NEWS

ZARA LARSSON has insisted she isn't "making big bucks" with her massive 2026 concerts because touring costs have become so expensive.

She was criticised online after posting videos promoting her November show in Bangkok, which she said is her only upcoming gig that has not sold out. Fans suggested it was because the tickets – priced from £62.50 to £87, with a VIP option for £200 – are too expensive.

Zara, who performs at East London's All Points East festival this Saturday, wrote: "I agree! I don't want my tickets to be too pricy and I will definitely see what I can do about that. But right now in my career I'm definitely not making big bucks on touring. It's basically a non-profit at this point."

High note for Camila

CAMILA CABELLO is back in the studio and it couldn't come at a better time.

She shared snaps of herself working on new music, just as her 2024 album C,XOXO is having a surprise resurgence.

US mag The Fader published a now-viral article about how it was under-appreciated when it came out, which has prompted its Spotify searches to surge by 475 per cent.

Bizarre's Howell has long been a huge champion of the record, so fingers crossed her upcoming fifth album gets the respect it deserves.

PIXIE: I'M LOTT LIKE MARILYN

Both had battle to be taken seriously

WITH the blonde hair and white dress, PIXIE LOTT looks the spitting image of MARILYN MONROE in her new stage show.

But the Mama Do singer has revealed the similarities do not end there, as she feels like she's had to fight to be taken seriously – just like the Hollywood star did seven decades ago.

In an exclusive chat after launching the play Who Killed Marilyn? at London's Emerald Theatre, she said: "I think the industry definitely changed a lot. Just the world has changed a lot from those days.

"What the story kind of goes into and what unravels . . . I just don't think that it would happen in this day and age at all.

"For Marilyn in particular, she just really wanted to be taken seriously as an actress. And a lot of the time she was just written off as like a dumb blonde. She did really fight to have lots of rights, which was a big deal at that time.

"I always feel so lucky and grateful for the kind of road I've had into the industry and still being in it.

"I think as a performer, or even breaking into the industry, you're always fighting to prove yourself.

"Whether it's being a live singer, a live performer or showing the producers and writers you are put with that you can write and you have a point of view . . .

"You don't wanna be pigeonholed to just staying in your lane.

"You wanna be able to do whatever it is that's in your heart that you wanna do."

Busy Pixie has been rehearsing six days a week for the show, which runs until October 29. But returning to the West End was a daunting prospect after a spell on stage as Holly Golightly in Breakfast At Tiffany's a decade ago left her feeling "broken" and crying every night.

Pixie explained: "It did wear me down by the end. I was like, I'm not going to do that for quite a while.

'An honour'

"I mean, it has been ten years. It's probably about time I do it again.

"Marilyn definitely is a character that has lots of layers and complexities.

"And I'm going to really go to all those places because you have to. This is a story that it's my duty to tell of Marilyn.

"So it's an honour to tell it. But I learned a lot from doing Holly and that whole experience.

"I will take that with me on this run so that I still feel good when I finish."

CLASSIC . . . Pixie on stage as Marilyn and, *right*, movie legend

With HOWELL DAVIES & JACK HARDWICK

THE Sun SAVERS

sunsavers.co.uk TikTok: @sunsavers Facebook.com/thesunsavers

DEAL OF DAY

BAG a designer bargain with the Radley Pockets leather crossbody tote – was £159, now £39, at radley.co.uk. Available in a range of colours.

SAVE: £120

CHEAP TREAT

TUCK in to a bar of Cadbury Dairy Milk Strawberries & Creme Frappe – was £1.75, now £1 at Iceland.

SAVE: 75p

YOU DON'T NEED A GARDEN TO GROW YOUR OWN

Veggie might

DON'T let a lack of outdoor space stop you from growing your own greens.

Use the last of the summer sunshine to sow a mini vegetable patch on your windowsill.

Here's how to do it, plus some ideas for what to grow . . .

WINDOW BOX WONDERS: Pick up a window box planter at The Range, reduced to £7.49, or reuse old pots.

A budget option is to keep some large yoghurt pots and wash with hot, soapy water.

Once dry, use scissors to create some drainage holes and place them on a small plate before planting.

DON'T FORK OUT: If you haven't got garden trowels and forks, there's no need to spend on new tools. Just raid your cutlery drawer for old spoons to fill planters with compost, and use an old fork to prick holes in the soil for seeds.

TURN OVER A NEW LEAF: Salad leaves like rocket are easy to grow, and a packet of seeds will set you back around £1.50-£2 at a local garden centre.

You need to press them into the soil, just below the surface, and in about three weeks you'll have leaves galore.

Once you harvest the first crop, they will keep on growing.

ROOT ABOUT: Radishes can be ready for your plate in around four weeks, so start searching for good deals on seeds.

They need a deep pot, so if you're using yoghurt containers, make them family-sized tubs. Fill with compost, from £5.99 at B&M, and get a pack of seeds at wilko.com for 79p. Plant them 1cm deep and a few centimetres apart.

SPEEDY SPINACH: Leafy greens such as baby spinach are easy to grow on your windowsill. Like rocket, they will be ready to eat in about four weeks and will always grow back.

FAMILY FUN: Keep kids busy this summer by getting them to grow their own cress.

All you need is a shallow container, such as a tray or plate. Add a damp layer of cotton wool or kitchen towel and sprinkle with seeds.

You can pick cress seeds up for £1.35 at justseed.com, or less at a garden centre.

The cress should be ready to add to salads or sandwiches in around a week.

●All prices on page correct at time of going to press. Deals and offers subject to availability.

What's new?

GET a garden dining set for less in B&Q's huge outdoor and garden clearance sale at diy.com. The Krista Black Metal 6 Seater Dining Set was £250, now £75.

Little helper

IS it too early to mention Christmas? Stock up on gift sets at boots.com as the 3-for-2 mix 'n' match deal has begun. No7, Soap & Glory, FCUK and Byoma are among the brands included.

TOP SWAP

£18

GET ready for the new term now. The Frugi Kids' Pack A Lunch Bag is £18 at John Lewis, *above*, or pick up the Polar Gear lunch bag and snack box for £8 at Matalan, *below*.

SAVE: £10

£8

SHOP & SAVE

CLEAN every corner of your home with this 4-in-1 multi-cleaning set for floors, tiles and windows – was £19.99, now £12.99 at Lakeland.

SAVE: £7

HOT RIGHT NOW

GIVE your home a refresh with 30 per cent off at wilko.com when you use the code TAKE30 at checkout.

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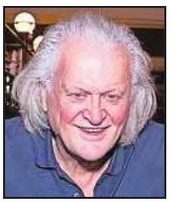


Founder . . . Sir Tim

Spoons in war on speaker call louts

By ODRHAN GALLAGHER

WETHERSPOONS boss Sir Tim Martin has banned customers from using mobile phones on loudspeaker in his pubs.

He has clamped down after punters said they were being "driven nuts".

It means people in any of Wetherspoon's 792 boozers must keep their phones on silent or use headphones – or face being kicked out.

Signs warning of the new rules have been put up, reported The Times.

A company spokesperson said customers taking calls on speakerphone or watching loud videos on social media had become "an increasing problem".

Sir Tim said: "Wetherspoon pubs are an oasis of tranquillity. In order to avoid customers being driven chicken jalfrezi by a cacophony of sound, we're kindly asking phone users to pipe down."

Initiative . . . victims' parents

Families launch anti-gun crusade

By RICHARD MORIARTY

THE mum of a girl shot dead in their home has joined other shooting victims' families to try to prevent more gun deaths.

Cheryl Korbel was hurt when a man chasing a fellow drug dealer fired the shots that killed Olivia Pratt-Korbel, nine.

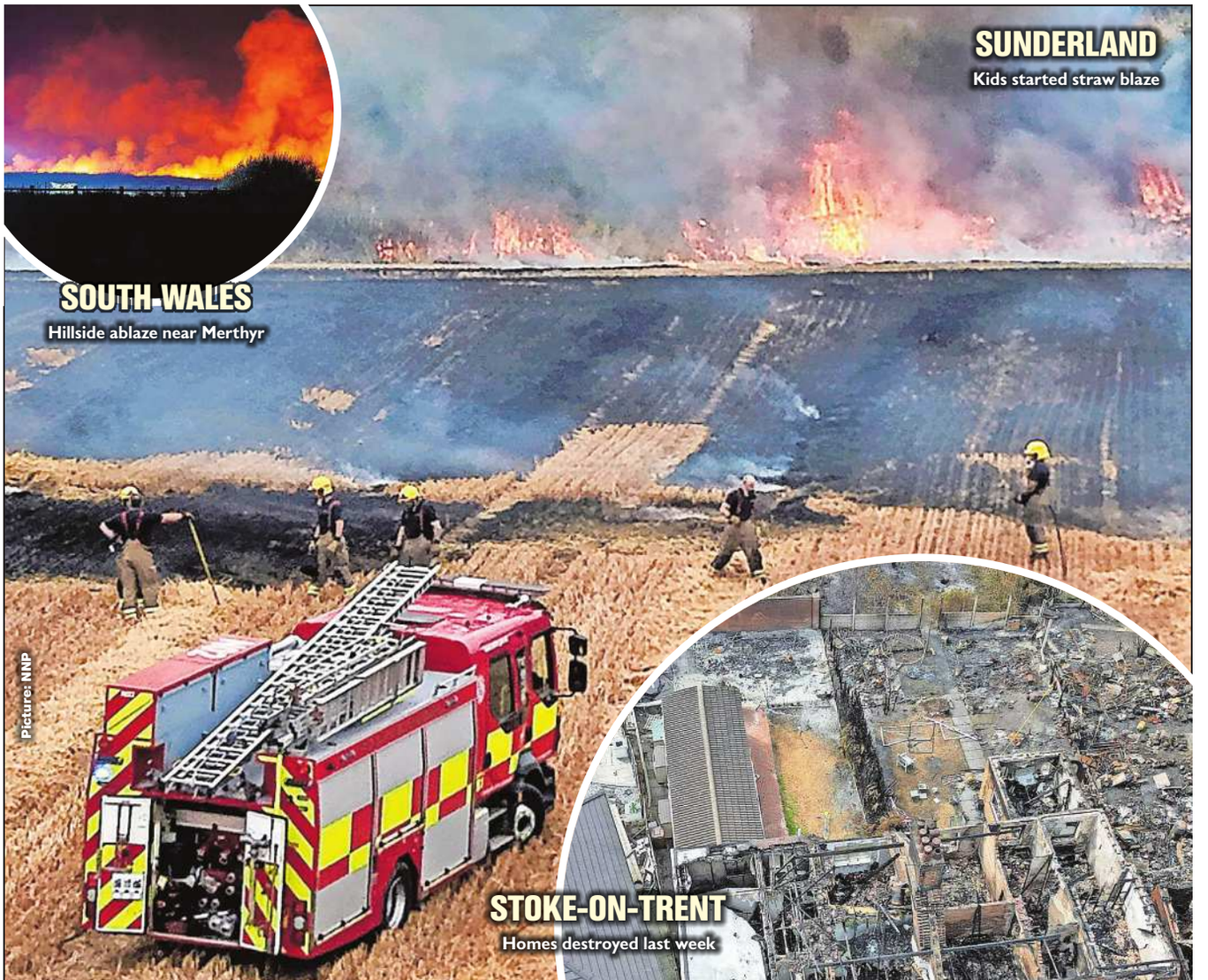
Olivia, Ashley Dale, 28, Sam Rimmer, 22, and Elle Edwards, 26, all died in Merseyside in 2022.

Their families met in Liverpool to launch the police-led Dear Merseyside initiative. It will take their experiences into schools to encourage pupils to avoid violence.

They said: "We want young people to hear the human stories. Every act of violence leaves families, friends and communities living with its consequences forever."

Cheryl said: "Hopefully, it makes a big difference and people will think twice before even picking a weapon up."

FIRE CHIEF'S UK WARNING



WE'RE NOT OUT OF THIS YET...

Visit . . . Angela Rayner yesterday

BONE-DRY Britain's wildfire risk remains critical despite the forecast of heavy downpours this week.

Fire chiefs said exhausted crews have tackled a record-breaking 1,132 fires this year.

And although the number of outbreaks is beginning to drop, they insisted: "We are not out of this yet."

Housing Secretary Angela Rayner yesterday visited 19 homes which were destroyed last week.

She walked among the ruins in Stourbridge, West Mids, after flames tore through the area and said: "It was like going through a movie – I've never seen that level of devastation." Other fires have raged in the past few days across South Wales, in the New Forest, Stoke-on-Trent and in the Cairngorms in Scotland.

By PAUL SIMS, Special Correspondent

In Sunderland, aerial images captured firefighters tackling a blaze which destroyed 80 tons of straw.

It was started deliberately by children and ripped through 40 acres of land at Flinton Hill Farm on Sunday.

Farm manager Tania Coxon, 29, said: "It's not actually shocking to us, pretty much every year we have fires that are set by kids.

"There's nothing the police can do. The kids just disappear into the woods and nothing ever gets done about it. Normally we can get the fires under control quite easily but we weren't able to with this one."

Phil Garrigan, of the National Fire Chiefs Council, said: "Conditions remain exceptionally dry in many parts of the country and it only takes one spark to start a serious wildfire."

He added: "The progress we are seeing is encouraging, but continued public support and responsibility will be critical in the days ahead. We are not out of this yet."

Half of England is now in drought after five heatwaves.

However, temperatures began to cool yesterday ahead of long-awaited rainfall. The Met Office said showers from today would be followed by heavy downpours for much of the UK on Thursday.

paul.sims@the-sun.co.uk

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Extinct . . . tiger's head

A stuffed £50 'fox' is a £60k lost tiger

By ALEX WEST

A £50 stuffed head thought to belong to a fox has sold for £60,000 after it turned out to be from an extinct Tasmanian tiger.

The specimen of the carnivorous marsupial is one of only a few ever sold on the UK market.

It attracted huge interest at the Bristol sale.

An Auctioneum spokesman said: "The taxidermy 'fox head' bought by our client for just £50 at a South West antique market, ended up selling for £60,000 in total.

"It's an incredibly rare taxidermy of a thylacine, aka a Tasmanian tiger, the last of which died in captivity in 1936."

The striped dog-like thylacine died out in mainland Australia some 3,000 years ago but survived in Tasmania into the 20th century.

The head was bought by collector James Cranfield, who described it as "the find of a lifetime".

Praised . . . DeAndre

Sea hero lad of 10 rescues teen girl

By ALEX WEST

A BOY of ten kept calm and saved a teenage girl after they were both swept out to sea.

DeAndre Deinsah was in shallow water with the 14-year-old – who can't swim – and other children when they were hit by a powerful tide.

Despite struggling himself, DeAndre held the teenager above water until further help arrived.

His mum Staceylee Richards said: "He was scared but didn't panic. DeAndre saved her life."

Staceylee's partner Sean Whittington rushed in to keep the girl, who had a seizure, afloat.

Lifeguards and bodyboarders then arrived to take them back to the shore at Ogmore-by-Sea in South Wales.

Staceylee, of Newport, said: "I didn't think she was going to make it."

The girl was treated in hospital before being released last week.

FAREWELL OUR BONNIE

Bonnie's coffin . . . and floral tribute

Picture: DIMITRIS LEGAKIS

Farewell . . fans watch big screen service outside Swansea Minster

By ALEX WEST

MORE than 1,000 people gathered yesterday for the funeral of Bonnie Tyler, many sitting to watch the service on a big screen.

Fans yelled "goodbye" as the husky-voiced Welsh singer's white coffin, topped with roses, was carried into Swansea Minster.

Talent scout Roger Bell, who discovered the Total Eclipse of the Heart star, *right*, said: "She was loved by millions worldwide."

Bonnie, real name Gaynor Sullivan, died on July 8 aged 75 after intestinal surgery.

ACE POISONED BY HIS COOKING

COLE'S SALMON IS CORDON SPEW

Fish fail . . . salmon, and Palmer in action

CHELSEA star Cole Palmer has revealed he poisoned himself by botching his cooking of a salmon dish.

The England ace, who has a reputation as one of football's funniest characters, admitted: "I've not cooked for ages, to be fair.

"The last time I cooked I gave myself food poisoning . . . salmon.

"I don't even know how you get it from that, but the doc said it was that."

He added: "I had a few cooking lessons, but it's not for me."

Palmer has switched his attention to business.

The Manchester-born star, dubbed Cold Palmer due to his trademark shivering goal celebration, has launched his own purified ice brand, Cole'd Ice.

He said: "When I'm not playing, it's something else to think about. It's healthy and something to give back to the fans."

Palmer, 24, also laughed off his comic reputation. He told i-D magazine: "I just think it's funny because people always say to me, 'He's so funny, he's so this'. But it's just normal, I'm just doing normal things."

He went viral last year for a deadpan interaction where he asked a waiter at a posh restaurant if he made the food himself, then requesting ketchup.

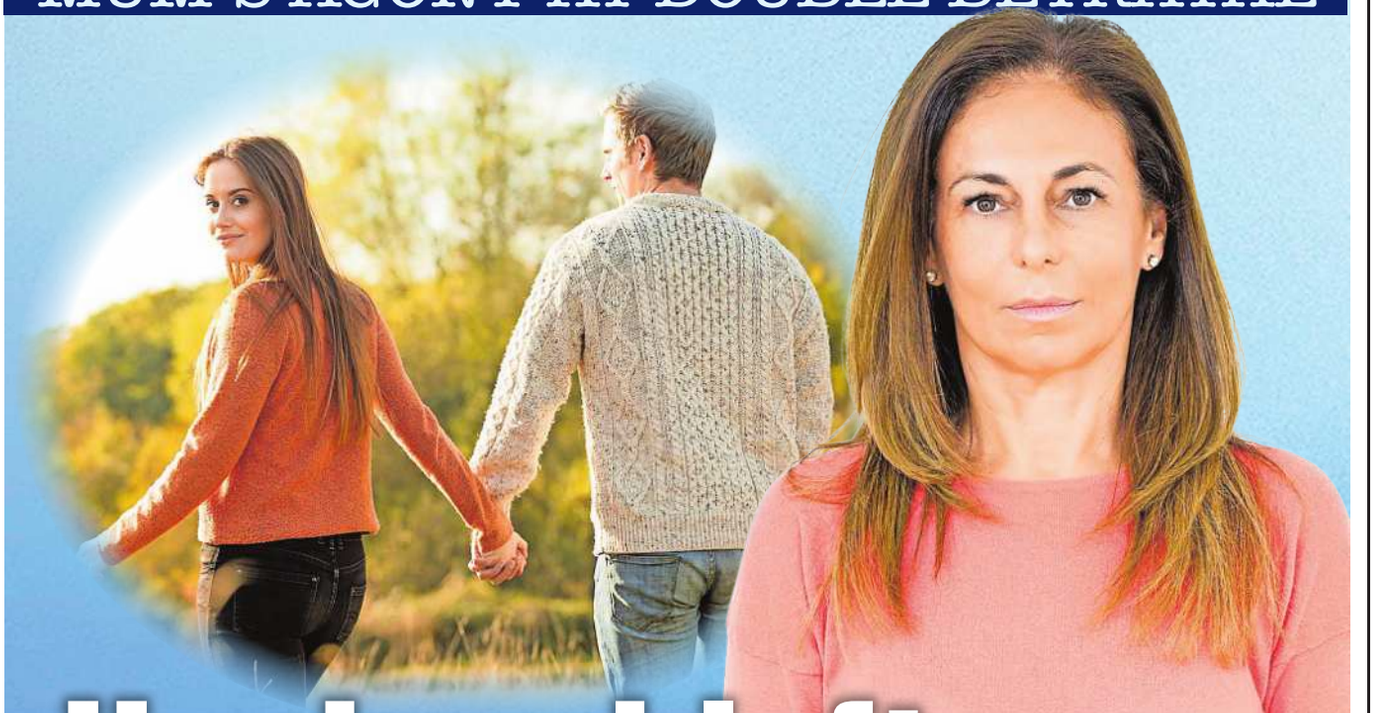
Supporters begged the Chelsea hero to "never change".

Many were furious when he was left out of England's World Cup squad, but he hopes to rejoin Thomas Tuchel's Three Lions set-up next month.

EXCLUSIVE by STEPHEN MOYES, Associate News Editor

stephen.moyes@the-sun.co.uk

MUM'S AGONY AT DOUBLE BETRAYAL



Husband left me... for my daughter

STEPDAD DAVID, 41, RAISED JESS, 26, FROM 11

DUMPED WIFE BY TEXT & RAN OFF WITH HER GIRL

READING the words on her phone: "I don't want to hurt you", Sarah's heart dropped to her stomach.

Her husband of 15 years, David, 41, had texted to break up with her.

And David was not just leaving Sarah, 47 – he was dumping her for her daughter Jess, 26, whom he had raised since she was 11 and walked down the aisle months earlier.

Sarah said: "David walked down the road holding her hand when she was a little girl, but he's going to be in her bed tonight. How can I ever get over that?

"The damage it has done to this family is unfathomable.

"Whenever I would tell someone the story, they would say, 'I'm sure that's illegal'.

Alarm bells

"I researched it and it isn't, but how the hell can it be legal for a step-parent who has been influential in a child's life to do this?"

In England and Wales, the Marriage Act 1949 prohibits marriage between a former step-parent and step-child.

The Marriage (Prohibited Degrees of Relationship) Act 1986 amended this to prohibit marriage only where the stepchild was raised as a child in the family home. However, this law does not prohibit a step-parent and a step-child from entering into a sexual relationship if they are over the age of 18.

In Scotland, under Section 2 of the Criminal Law (Consolidation) (Scotland) Act 1995, it is a criminal offence for a step-parent to have sexual intercourse with a step-child if they grew up in the family home, or are under the age of 21. Sarah is now campaigning to have this law extended to cover England and Wales.

David came into Sarah's life in 2010 and immediately took on the role of father figure to all four of her kids.

"He said to me, 'Let me be their dad', it was quite a powerful moment," Sarah told the Talk To The Press website. "They would get him Father's Day cards. He was very influential in their life."

In 2011, David and Sarah got married before welcoming a child together, who is now 14.

When Jess got married in January 2025 David walked her down the aisle alongside her biological father.

He even gave a father of the bride speech.

But by August that year, Sarah told how Jess was having marriage troubles and had started drinking a lot. As a result, David would often go to her house to help out and Sarah noticed Jess had started calling him "David" instead of "Dad".

Another warning sign came in October, when Jess got drunk one night and said to her mum, "If I did something terrible, would you still love me?"

Sarah said: "As a mother, I told her, 'There's very little you could do that would stop me loving you'."

Two days later, Jess came over to Sarah and David's house to spend the night, and Sarah spent the evening brushing her hair and chatting to her to cheer her up.

But during the night, David encouraged Sarah to put Jess in their bed next to her, because she could not sleep.

And alarm bells began ringing when Sarah woke and saw him staring at her daughter.

Sarah said: "I just wanted to comfort her but at about 4am, I turned around and caught him staring at her lovingly. I sensed something was going on between them."

The next morning, Sarah texted David to accuse him of pursuing her daughter and he admitted the relationship.

Horrified, Sarah asked why had put her in their bed.

She was stunned when David answered: "So you had one last chance to be her mum before you don't want to be any more."

David and Jess have now left Sarah's home and moved in together.

While Sarah has tried to explain to Jess that David is manipulating and controlling her, her messages have fallen on deaf ears.

'Harmful for families'

Meanwhile Sarah's mental health deteriorated rapidly, leaving her unable to eat. She was so traumatised that she lost 3st in two months and ended up hospitalised.

And she told how she is now tormented by the thought that if David and Jess were to have a child, their baby would be Sarah's children's half-sibling, as well as their niece or nephew. She said: "It would be so devastating."

Sarah said her other children feel extremely conflicted by the situation because the family lines have been horrifyingly blurred. She has also spoken to her local MP, started a petition, and hopes to have the issue debated in Parliament.

She went on: "My goal is to change the law. Something that is this harmful for families cannot be allowed to happen."

●All names have been changed. You can sign Sarah's petition using the link below.

'David held her hand as a little girl but he'll be in her bed tonight. How can I ever get over that?'

Pictures posed by models

You can sign Sarah's petition here: BIT.LY/4hEQiSk

Climbed tree . . Hanoi

'Bearcat' second escapee from zoo

By ALEX WEST

ESCAPED capybara Samba's home zoo has had another breakout – five months on.

Male binturong Hanoi, three, clambered out his enclosure, taking refuge in a nearby tree.

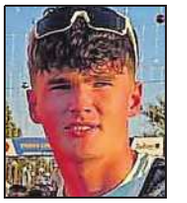
Staff at Marwell Zoo, near Winchester, Hants, evacuated visitors.

Hanoi, whose South East Asian species are often called bearcats because of their looks – though they are neither a bear nor a cat – got bored after two hours and returned to his pen.

One witness to Friday's drama said: "He made a sudden dash for it. I was shocked. My cousin alerted the staff and several keepers arrived."

The zoo said: "The situation was quickly resolved."

Giant rodent Samba, one, meanwhile, remains on the run after repeatedly evading capture. It is believed she squeezed under a gate to get out.



Search . . . Liam

Fears for soldier missing in a river

By JEROME STARKEY

POLICE and mountain rescue teams were yesterday scouring a river for a missing soldier.

Liam Potts, 22, was last seen in the early hours of Saturday morning.

Police fear he has gone into the Tyne in Wylam, ten miles from Newcastle.

Northumbria Police said he was on a bridge in the village at 12.20am when a vehicle collided with pedestrians. A man and a woman were hurt.

Two in the vehicle fled. A man aged 22 and one of 23 have since been arrested and bailed.

The police said: "It is believed Liam entered the water. He was not an occupant of the vehicle and there are no reports suggesting that he was injured in the collision.

"He subsequently left the scene and enquiries are ongoing to find him."

Liam, who had been on a night out with pals, is in the Coldstream Guards.

Malaysia top place to retire to

THE best nation for Brits to retire to is Malaysia, a study has found.

The probe took into account factors such as living costs, healthcare, life expectancy and how peaceful the country is.

Malaysia was given 8.5 out of ten, with Vietnam second on 8.2. India was third and Morocco fourth.

Staying in the UK got a score of seven. Spain – the most common nation to move to – secured 7.5.

About 300,000 Brits live in Spain. The number in Malaysia is only 16,000.

Cargo Force, which ran the study, said: "Retirees could make their pension stretch thousands of pounds further by relocating overseas."

RUFF DIAMONDS

The companionship of pet dogs can help teenagers cope with social anxiety, according to a US study.

ACCUSED OF PEN ATTACK

DOUBLE KILLER LEVY 'STABBED JAIL GUARD'

Whole life term . . . Levy

DOUBLE killer Simon Levy is accused of stabbing a prison guard in the neck.

The sex fiend, serving a whole life sentence, is said to have used a pen.

He is also accused of trying to strangle the officer at top-security HMP Belmarsh in February. At the time Levy, 41, was in custody awaiting trial for two murders, rapes, and multiple sexual assaults.

By MIKE SULLIVAN

Yesterday he appeared via videolink at Westminster magistrates' court to deny assault causing ABH and intentional strangulation.

Prosecutor David Burns told the court that Levy, who is blind in one eye, attacked guard Paul Dunne with a pen, "stabbing him multiple times to the arm and neck".

It is said Mr Dunne fell to the floor and Levy grabbed the officer around the throat.

Deputy chief magistrate Tan Ikram sent the case to Inner London crown court for trial, with another hearing set for September 14. Levy, of Tottenham, North London, was jailed for life last week.

He murdered Carmenza Valencia-Trujillo, 53, and Sheryl Wilkins, 39, and raped another woman last year.

Levy struck while on bail for a series of sex attacks, and just months after being released from a three-year jail term imposed for molesting two women in public.

mike.sullivan@the-sun.co.uk

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Eating a 99 costs £100 fine

By ALEX WEST

A DRIVER was fined £100 by Forestry England for taking ten minutes to eat an ice cream in one of its car parks.

Colin Beck, 73 and his wife stopped to buy and polish off Mr Whippys.

He claimed the vendor told them they had 15 minutes' grace before parking charges applied near Fordingbridge in Hampshire's New Forest.

A few days later, the fine arrived. Mr Beck said: "They can get stuffed. I'm not paying. It's just another way of screwing motorists."

Forestry England began charging in its 129 New Forest car parks in April.

It said all had signs explaining the terms.

WEDGE OF DESPAIR

Seven in ten people say their undies are uncomfortable, with chafing and wedgies common complaints, a poll found.

TRIO A LITTLE MIX

Picture: SWNS

By ELEANOR GUNN

MUM Georgie Eustace shows off her rare naturally conceived mixed triplets.

Identical Max and George are from one egg, while their brother Edward is from another — a phenomenon called dichorionic-triamniotic triplets.

Georgie, 34, gave birth in June via a planned caesarean section.

The triplets spent three weeks being cared for in hospital and are now at home in Wolverhampton.

Teaching assistant Georgie and her X-ray worker husband Oliver, 36, get through 270 bottles of milk and 40 packs of 28 nappies a month.

The couple, who also have a three-year-old daughter, Eve, started trying for a second child in November.

They were stunned when scans revealed they were expecting triplets and that all three babies were boys.

Georgie said: "Life is crazy and overwhelming. It doesn't look the way I thought it was going to when we started trying.

"You also get three times the love. It's rare to have naturally conceived triplets, and extremely rare to have these mixed triplets — they are very special.

"I do wish there was more time to just sit and cuddle each of them, you really have to make the most of each moment because it's so busy."

Tiny trio . . George, Max and Edward

Probe . . . Prof Fry

BBC Fry cleared in 'happy pigs' row

By ROBIN PERRIE

BBC presenter Professor Hannah Fry has been cleared by bosses after she questioned research findings that pigs have "human-like emotions".

An episode of her BBC Two show The Future with Hannah Fry was subject to complaints from animal rights campaigners.

She visited Scotland's Rural College to find out how researchers are using AI tools to recognise pigs' emotions.

Prof Fry said: "I'm not sure if pigs are even capable of human-like emotions, like being happy or sad."

The BBC's executive complaints unit probed the programme after the concerns were raised.

The Corporation has now ruled she did not breach accuracy standards because Fry was expressing a "personal reflection on a topic where many questions remained to be resolved".

Decorations . . . Kelly

Yule not believe it, my tree's up in July

By ELEANOR GUNN

A CHRISTMAS-crazy mum put her tree up five months early – in the middle of a heatwave.

Kelly Jones, 46, hauled the tree and decorations out of storage on July 16.

The mum of three said she was sick of the heat and wanted to create a cosy atmosphere. Two years ago she put the tree up in the autumn.

Kelly, a Derby carer, spends all year watching classic Christmas films and playing festive tunes.

She said: "I've always loved Christmas.

I'm so fed up with the heat, I am craving cosy Christmas vibes.

"All the kids love it, they say it's like Santa's grotto. Everyone says I'm crazy, all my friends can't believe it."

Kelly has even bigger plans for the tree in 2027. She said: "My idea is to have it up all year and theme it around spring and summer, so I never have to take it down."

60s GANGLAND FOOTIE TEAM...AND

By MIKE SULLIVAN
Crime Editor

IF Leeds United's Norman Hunter liked to "bite yer legs" and Chelsea's Ron Harris chopped down players like firewood, spare a thought for the opponents of the infamous Soho Rangers.

The team included first-division robbers and gangsters from the 1960s connected to the Richardson crime syndicate, who were notorious for their brutal torture techniques.

Gang boss Eddie Richardson, who last week died aged 90, led the attack. And "Mad" Frankie Fraser played left-back, making Vinnie Jones' grab of Paul Gascoigne's crown jewels look positively tame compared to his prowess with a pair of pliers.

In goal was Danny Pembroke, one of the Great Train robbers who was never caught for the 1963 heist.

Pembroke was famed in the underworld for always wearing gloves – and kept a clean sheet of the criminal variety.

Soho Rangers were managed by renowned gangland figure and Mr Fixit Albert Dimes, who had close connections to the US Mafia.

Their number one fan and co-manager was hell-raising actor and Zulu star Stanley Baker, a mobster's pal and close friend of most of the team.

With the new football season now under way, and the Premier League opening at the weekend, The Sun today looks back at Britain's hardest ever team.

'A man's man'

Not all Soho Rangers members were crooks and a few went on to lead successful and legitimate lives.

One player, boxing manager Bert McCarthy, had Nigel Benn on his books as a young fighter, before going on to make a fortune in microchips.

But many of the team were habitual criminals.

Soho Rangers' history was short-lived, ending abruptly following a notorious underworld fight at the bizarrely named Mr Smith's And The Witch Doctor club in Catford, South London.

The Richardson gang had been "invited" by the management to take over the club and install their fruit machines, which a rival South London gang took exception to.

Two players, "Mad" Frankie and Ronnie Jeffreys, were shot in the March 1966 carnage, in which rival Kray gang associate Dickie Hart died.

The genesis of Soho Rangers was Westminster FC, a Sunday league team set up by Richardson and his South London boyhood friend Arthur Baron, in the early 1960s.

They played at the Grassmeade home ground of non-league team Cray Wanderers, which Arthur went on to successfully manage.

The team also played charity matches and Eddie told how they assembled the squad from workers in the scrap metal business he ran with his brother Charlie, "and a few real good players, including a one-time Queens Park Rangers forward . . . "

He recalled in his autobiography: "After one season we were in the First Division. I got us fitted out in a full red strip and I used to race around in it as centre forward."

He said his brother Charlie never played, "but he'd turn out to watch the games."

"It was fun and relaxing and it brought the lads together at weekends," he added.

Eddie also set up a team called The Lonsdales, after the Soho-based sports equipment firm, to play against a side of prisoners at top-security Parkhurst jail on the Isle of Wight.

Borrowing Lonsdale notepaper, Eddie wrote to the prison governor offering to play against the prison team and a match was arranged.

As well as Eddie, Lonsdale also included boxer Terry Spinks, Richardson firm member Ronnie Jeffreys, ex-fighter Terry Murphy, whose actor son Glen later starred in London's Burning, and Mad Frankie.

Eddie's description of the match in his book, No Handcuffs: The Final Word On My War With The Krays, mirrored the classic scene from TV comedy Porridge featuring a prison football game.

He wrote: "Some of the lads inside knew we were coming, but nobody let on that they recognised us.

"We got changed into our strip and went out on to the pitch.

"All the prisoners were out on exercise so they all came to watch. We kept up the pretence until half time, when they all swarmed on to the pitch to shake hands and chat.

"We had lots of tobacco and cigarettes in our bags to give them, and they were all stuffing letters in our hands to take out with us.

"Of course, the screws knew then what was going on, but there was little they could do.

"They let us play the second half, because they couldn't really stop it. The prison team took it seriously – they beat us 3-1. The prison staff had laid on a tea for us afterwards.

"But there was no way they were going to let us stay a minute longer than they could avoid.

"We were hustled out as soon as we got changed after the match."

Eddie and his pal Leslie McCarthy formed the notorious Soho Rangers.

The photo of the team, *above*, was taken before a match against a squad of national newspaper and sports journalists at Cray Wanderers' ground, believed to have taken place in 1965. On the far left of the back row, wearing a trilby hat, shirt and tie, was hard-living Welsh actor Stanley Baker.

Richardson said: "Stanley was a mate. I'd met him a few times in Soho through Albert Dimes.

"He was a man's man and liked hanging around with hard men.

"He knew but 'there for the grace of God, go I.'

"He told me that if his acting career hadn't taken off the way it did, he could easily have been a villain."

To his right was Billy Rawlings, brother of Richardson's close friend Harry, who survived being shot in the Mr Smith's club battle.

Next to him was Reggie "The Milkman" Saunders, who delivered pints before going to work for the Richardsons at their scrapyard.

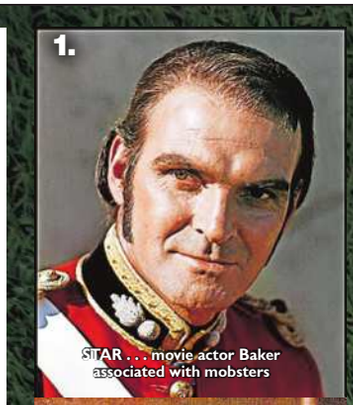
With his hand down his shorts next to him was George Wisbey, brother of Great Train Robber Tommy Wisbey, who went on to run a successful greengrocery business in South London.

Pride of place'

Standing in the middle of the back row with arms folded was keeper Danny Pembroke, who was arrested but never charged over the Great Train robbery.

As Richardson appropriately noted of his keeper: "Danny had worn gloves for every moment that mattered during and after the robbery."

Pembroke was apparently cheated



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STAR . . . movie actor Baker associated with mobsters

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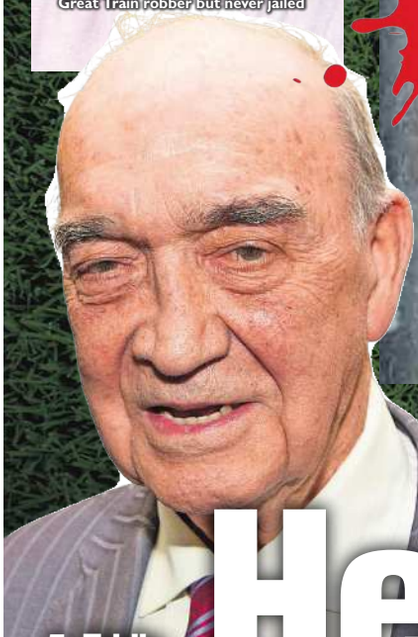
ESCAPE . . . Danny Pembroke was Great Train robber but never jailed

1. Stanley Baker

Reggie Saunders

Billy Rawlings

Bert McCarthy

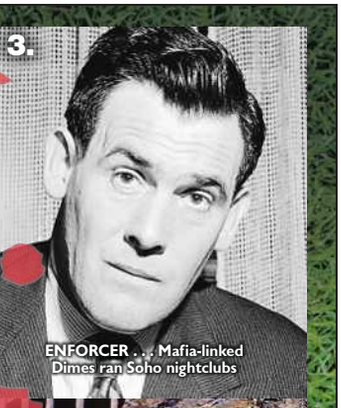


5. Eddie Richardson

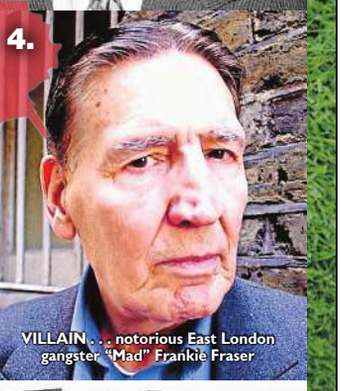
LATE MOB BOSS'S

He shoot

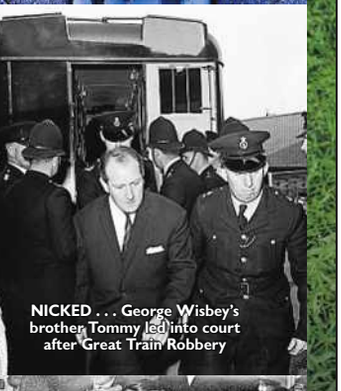
LEADING THE ATTACK, EDDIE RICHARDSON



ENFORCER . . . Mafia-linked Dimes ran Soho nightclubs



VILLAIN . . . notorious East London gangster "Mad" Frankie Fraser


NICKED . . . George Wisbey's brother Tommy led into court after Great Train Robbery

MIXING WITH THE MOB . . . Stanley Baker *centre*, with Frankie Fraser & Eddie Richardson

SOHO RANGERS HARDEST CLUB EVER

...s... he scores

of much of his take from the ous robbery and later became a don cabbie.

e died aged 79 in 2015 and a yn-up photo of the Soho Rangers "given pride of place on the " at his wake. "It was quite a n," said Richardson.

Pembroke's right in the picture Billy Staynton, a Richardson g member, jail breaker and villain. aynton stood trial twice with ardson for affray over the club dent before being acquitted along hitman Jimmy Moody and arently going straight.

ongside Staynton in the photo Tommy McCarthy, who ran the Cabin bar in Soho, the unofficial of the Richardson gang.

anding behind him was Albert es, a bookmaker and gambler named "Italian Albert".

mes was a close friend of Billy King of the Underworld' Hill famously had a Soho fight lving razors with Hill's enemy "Spot" Comer. Family man Dimes was connected to the Mafia and involved in the Richardson gang fruit machine business. Richardson said of him: "He was a big guy, over 6ft tall, and he had a presence.

"He was like the League Of Nations in Soho – everyone took their problems to Albert to sort out."

The central character played by Stanley Baker in the 1960 crime film, The Criminal, was based on Soho gangster Dimes.

But his soccer skills were lacking and the first time Dimes ever played he did not even know how to take a throw in.

Last in the back row was "Mad" Frankie Fraser, who spent a total of 42 years in prison.

Fraser's speciality was ripping out teeth with pliers and electrocuting rivals' testicles with a hand-operated generator.

Arsenal fan Fraser was shot in the thigh during the Mr Smith's club fight and received five years for affray over that.

He later got ten years at the 1967 Richardson torture trial and went on to lead the Parkhurst jail riot – whose pitch he previously graced.

Fraser was given an ASBO aged 89 in 2013 following a row at his care home and died the following year.

Sitting on the far left of the front row was boxing manager Bert McCarthy, believed to be related to teammate Tommy and a friend of the Richardson family.

'Working-class lads'

The Essex businessman managed Nigel Benn during his younger career, as well as ring legends Errol Christie and Terry Marsh.

McCarthy made a fortune from microchips and in 1982 took an associate to court over a contract wrangle around Frank Bruno.

Next in line was Millwall fan Eddie Richardson, whose love of the beautiful game contrasted with the torture techniques employed by his brother Charlie and Fraser.

Richardson was released on bail on July 26, 1966, over the Mr Smith's club fight earlier that year.

He had tickets to attend England's World Cup Final four days later, but was arrested when Scotland Yard swooped on the Richardson gang that morning.

Richardson was later convicted of affray and got five years, and was sentenced to another ten years for GBH following the torture trial.

He was jailed again in 1989 for 25 years for conspiracy to import drugs and served 12 years before release.

Sitting to his right in the photo is Peter Warner, a friend of Eddie Richardson's boyhood friend Arthur Baron.

There is no suggestion he was involved in any criminality.

To his right was Ronnie Jeffreys, who was blasted in the groin and stomach during the battle at Mr Smith's club.

Jeffreys, credited with trying to stop the gunfight which continued out on to the street, was cleared of affray over the incident. Last in line to the right was Ronnie Oliver, looking down away from the camera.

He is believed to have been a friend of the Richardsons and has never been linked to any criminality.

The Soho Rangers left Scotland Yard bemused.

Retired Met detective chief inspector Mick Neville said: "The team were working-class lads and naturally loved their football.

"But I doubt whether there has been a line-up quite like it outside of a police ID parade.

"Wimbledon FC used to be called the 'Crazy Gang', but with 'Mad' Frankie on the teamsheet, Soho Rangers was even more insane.

"Some of this team didn't just grab an opponent's testicles, like Vinnie Jones did to Gazza – they electrocuted them."

Mr Neville added: "Had any crooks in the team shown any promise as footballers, there would have been only one club for them — Aston Villain!"

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Sun health+

By CHARLOTTE OWEN and VANESSA CHALMERS

IT started with a decision to come off the drugs she'd taken for 15 years.

Carrie Clark, like millions of others, was on antidepressants. But the moment she stopped them, her life descended into a nightmare.

For months, she was "frightened of absolutely everything all the time".

Scariest of all, she didn't understand what she was actually afraid of.

"There was nowhere I could go to feel safe," Carrie told Sun Health. "When I was out of the house, I was scared of being outside, and when I was in the house, I was scared of being inside."

Nothing could soothe the 37-year-old as she paced her home, scratching at her skin, which crawled and burned, worrying her partner, Sanjay, 37, a tech consultant.

Carrie, a research assistant from Cheltenham, Gloucs, says: "I would try to watch something light-hearted like The Simpsons, but I could never get to the end of an episode because I would panic.

"I love to read, but I had an overwhelming sense that something terrible would happen if I finished the part I was reading."

It would be tempting for doctors to assume she was suffering a mental health relapse, having come off her pills. Rather, she had a little-known syndrome called akathisia, which can be a side effect of mental health medication, or triggered by withdrawal from it.

"I spent a lot of time torturing myself, trying and failing to manage these agonising symptoms that I was told were all in my head," says Carrie.

'Chemical terror'

Akathisia makes patients feel constantly on edge. It's described by the Royal College Of Psychiatrists as "a feeling of inner restlessness and inability to stay still".

It is not rare, but is "under-recognised", says Dr Mark Horowitz, who treats patients with the condition at the National Psychiatric Drug Deprescribing Clinic at North East London NHS Foundation Trust.

He tells Sun Health: "Akathisia is one of the worst and most dangerous consequences of too rapid a reduction of psychiatric drugs, like antidepressants and antipsychotic drugs.

"It is a distressing state characterised by intense inner restlessness, agitation, a feeling of terror and an urge or compulsion to move.

"Sometimes, people describe it as their 'nervous system being on fire'."

Carrie says: "It's impossible not to move and the fear you feel is almost indescribable.

"It's called a chemical terror – a physical state of fear – and you are frightened of everything all the time, while knowing it is ridiculous.

"Even walking down the street, I would be so frightened that I was about to see something awful or that something bad was about to happen.

"I was on permanent high alert and nothing I did made me feel safe."

> 'I was screaming and crying, pulling at my clothes and banging the walls. It hit me that this wasn't going away'

Akathisia is not yet recognised as a medical condition, so there are no solid estimates of how common it is.

By some estimates, between 20 and 40 per cent of people who take antipsychotics develop it.

Akathisia Alliance, an online campaign group, also says the syndrome is "dangerously under-recognised".

What makes it tricky to identify is that the symptoms can resemble a worsening of a mental health condition, or a "rebound" if medication has been withdrawn – very like other antidepressant withdrawal symptoms, including trouble sleeping, confusion and headaches.

Dr Horowitz says the symptoms of akathisia are very different from, and more severe than, the mental health condition being treated. "Some people describe these symptoms as the scariest experience of their lives," he says.

"People can become highly suicidal. The symptoms are often mistaken for a mental health condition like agitated depression, mania or psychosis, because most doctors aren't aware that coming off psychiatric drugs can cause this effect."

The problem is compounded by doctors increasing the dosage of medication.

"People in this state can be very sensitive to new drugs, and so prescribing more drugs can worsen their symptoms," says Dr Horowitz.

Carrie was told she was bipolar aged 15, six months after her dad's death, but has questioned the legitimacy of her diagnosis. "I don't believe I ever had bipolar disorder," she says. "I believe I was suffering from trauma after my dad's sudden death. My diagnosis was never once reviewed or checked – I was put on these medications, and that was that."

Carrie's first akathisia episode struck in 2020, at which point she had been on antidepressants for 16 years and antipsychotic drug, quetiapine, for 13 years.

Single, jobless and living at home with her mum, she was in her thirties and felt frustrated that despite her medication, she was at her lowest ebb.

She decided to come off the antidepressant sertraline, against doctors' advice, but stayed on the antipsychotic.

"It didn't make sense that I had been taking these medications and I felt worse than ever," she says. But Carrie began encountering problems after a month.

She recalls: "I was in bed and woke up with the stiff feeling you get after lying in the same place for too long. Normally, you move to a different spot and feel relief. But when I did, the relief never came."

Some doctors compare the restlessness

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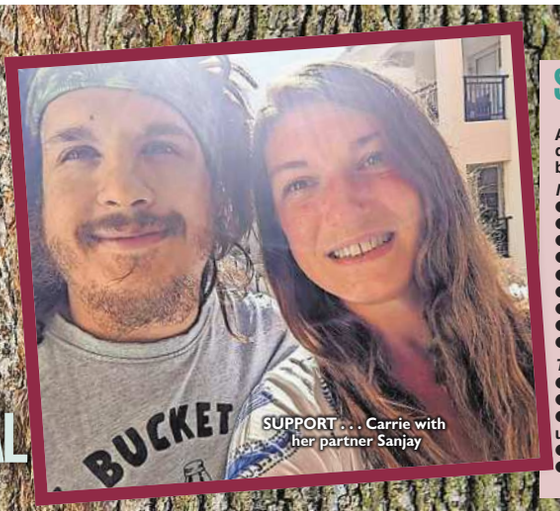
Ask Dr Zoe

Your health questions answered
See Page 30

HEALTH CHECK

CARRIE'S INTENSE CONDITION TRIGGERED BY DRUGS' WITHDRAWAL



SUPPORT . . . Carrie with her partner Sanjay

SYMPTOMS OF AKATHISIA

AKATHISIA symptoms are typically broken down into internal experiences and physical behaviours.

Internally, someone may have:
- Intense inner agitation
- A feeling of terror
- Severe discomfort (mainly in the legs)
- Irresistible urge to move
- Psychological distress
- Impatience
- Irritability
- Panic
- Inability to relax

The behaviours they may show include:
- Pacing
- Restless legs
- Shifting weight, standing, tapping feet, uncrossing and crossing legs
- Body rocking or shifting
- Squirming or fidgeting

I lived in sheer terror after coming off antidepressants

Main picture by: LORNA ROACH

to tics seen in patients with Parkinson's disease or restless leg syndrome.

She describes it as a stiffness through the body that you can't get rid of. She says: "I couldn't work. I'd sit at my computer for five minutes then have to walk around."

After three months, Carrie restarted sertraline in an attempt to get rid of her symptoms and over six weeks, she felt better. But neither she nor her GPs connected the dots – she had been experiencing sertraline withdrawal.

In February 2023, Cassie stopped sertraline again because she and Sanjay wanted a child. Antidepressants can be used during pregnancy but talking to a doctor is necessary.

When her symptoms erupted again, doctors considered everything from vitamin deficiency to diabetes. They ran blood tests and neurological checks, and she was sent for an MRI, but everything was clear.

Carrie was ultimately told she was suffering from panic attacks. She held down her job, but regularly missed important meetings. Friends and family were supportive, but it was very obvious there was something seriously wrong with her, Carrie says.

She reached a crisis point around four months into her nine-month akathisia episode when she collapsed on a park walk, one she had been on many times with Sanjay.

"I lost my mind," Carrie recalls.

"When I got home, I was screaming and crying, pulling at my clothes and banging the walls. Then it hit me, this wasn't going away.

"It wasn't until I visited a psychotherapist who studied my meds history that we saw the correlation between my symptoms and sertraline. I researched withdrawal conditions and found akathisia."

Carrie returned to sertraline and it took 18 months to feel better. But her goal was still to come off them, and the antipsychotics, as she does not believe she has bipolar. She has been "microtapering" since January, whereby the dose is reduced by as little as two per cent at a time. So far, she has only experienced tinnitus – a ringing in the ears – which lasted around four months.

The NHS warns patients taking antidepressants must only stop the medication with the help of their doctor.

Dr Horowitz wrote a landmark textbook on safely come off them called The Maudsley Deprescribing Guidelines *(London's Maudsley Hospital is the largest mental health training institution in the UK)*. Dr Horowitz says: "For people considering stopping antidepressants, the key is not to be frightened of coming off them, but to do so carefully."

Carrie is currently symptom-free, but of her experience of akathisia, she says: "I have trauma flashbacks. If I sit in one place for too long and I get stiff, I'm plunged back into those feelings of discomfort *(because stiffness is a symptom)*.

"What I went through will never leave me."

EXPERT IN THE FIELD . . . Dr Mark Horowitz

Good (and bad) sleeping hacks

FEWER than half of us get the recommended seven to nine hours of sleep a night. Good sleep is essential for your body and mind, but it's easy to fall into a trap of trying popular sleep hacks that can backfire and make your shut-eye worse, so consider your options carefully . . .

TIPS THAT DON'T WORK

DATA LED: Tracking sleep is easier than ever before but can create extra anxiety around a perfect night's rest. James Wilson, known as The Sleep Geek and CEO of Sleepunity, says: "I see a common spiral: poor sleep, poor scores, then worry about sleep during the day, which makes the next night harder. The data is often inaccurate and it's often based on signals that are not sleep itself." He advises taking data with a pinch of salt, and trusting how you feel instead.

FORCING BEDTIME: How often have you committed to 'an early night', only to lie wide awake? If you're not remotely tired when you get into bed, you may end up associating your bed with frustration rather than sleep. "Sleep isn't something you can force," says James. "Understand your own rhythm and go to bed when you feel sleepy; don't stick rigidly to a clock."

NIGHTCAP: A FEW glasses of red in the evening might help you nod off as soon as your head hits the pillow. But the sleep that ensues will often be broken and light, causing you to wake up groggy. Even one or two drinks reduces the amount of REM sleep you get, the stage of sleep that helps the brain reset.

TIPS THAT DO WORK

BUILD PRESSURE: If you can't seem to drift off at night, you're not building enough sleep pressure in the day. This can occur due to naps or waking up and going to bed at different times every day. "A consistent wake time helps build it properly, along with getting light early in the day," says James. "This anchors your body clock. Cutting naps, or keeping them short and earlier in the day, can help."

PRECURSOR TO SLEEP: A wind down routine before bed helps switch your body from wired and alert, to sleepy and relaxed. "For some people ten minutes is enough, for others it takes longer," says James. It could be watching something light, doing a skincare routine or pillow talk. "If being on your phone helps you switch off, that's fine," says James. "It's all about how you feel. Build something that works for you rather than trying to follow rigid rules."

AWAKE? GET UP: Waking up in the night can be a nuisance, but struggling to get back to sleep is even worse. The best thing to do is get up, experts say. Move to another room and do a relaxing activity, such as reading or folding laundry. When you feel sleepy, head back to bed. This avoids your brain catastrophising and associating bed with tossing and turning.

Sunhealth+

Expert advice from **Dr Zoe Williams,** our very own resident specialist and practising NHS GP

Got a question for Dr Zoe? Email her at health@thesun.co.uk

NO END TO INFECTIONS

Q I HAVE been struggling with constant urine infections, 15 times in three years.

I have tried so many different antibiotics but while they worked initially, they have little effect now.

I have seen several doctors, had a cystoscopy, which ruled out a tumour, and was prescribed D-Mannose with no results.

I self-catheterise three times a day, as requested. I would be grateful for any advice but please do not tell me to see the hospital's urologist, as every time the doctors say they will contact them for an appointment, nothing happens.

A I'm really sorry that you are going through this. It is understandable that you feel stuck in a loop.

Self-catheterisation can be very important but it also makes urinary infections more complicated.

If urine is being retained, bacteria can sit in the bladder so infections may keep returning or never clear.

The key question is whether each episode is a true infection, confirmed on urine culture, and whether the antibiotics match the bacteria.

After repeated antibiotics, resistance becomes more likely so treatment should ideally be guided by lab results rather than guesswork.

I would ask your GP surgery for a proper recurrent UTI review, not just another urgent prescription. This should include reviewing your urine culture history, kidney function, discussing catheter technique, how often you catheterise, whether you are fully emptying and whether constipation is contributing.

If urology appointments are not happening, ask the GP surgery to confirm which hospital the referral was made to and contact the urology secretaries to see where you are in the queue and when you can be seen.

Your GP may also be able to send an Advice and Guidance request to urology while you are waiting or refer you to a continence or bladder nurse service, who can often help with catheterisation technique and bladder-emptying plans.

There are prevention options, depending on your kidney function and cultures. These may include methenamine hippurate (Hiprex), low-dose antibiotic prevention, or "rescue" antibiotics, but these need clinical oversight.

D-mannose may help some people, but evidence is mixed. You are not being difficult. This needs a coordinated plan, not repeat cycles.

Q I'VE had these red marks on my legs for nearly three weeks and I'm worried about them. They aren't lumpy or itchy and look like they are under the skin.

I thought it was an insect bite but when I rolled a glass over the mark it didn't change appearance, so I don't think it is.

I don't have any symptoms but the marks are spreading over my legs, some are on my stomach.

I went to the doctors and was told that they are something called a petechial or purpura rash, which I think is sometimes referred to as Henoch-Schönlein purpura, that the cause is unknown, and nothing can be done to get rid of them, and they should disappear naturally.

I feel in the dark about what this is.

A I can understand why you're worried.

Petechiae are tiny red or purple marks caused by a small amount of bleeding under the skin.

Purpura is similar but usually describes larger areas.

Because the blood is under the skin, these marks do not fade when pressed with a glass.

But petechiae or purpura describe the appearance, not the cause. Triggers can include minor trauma, viral illness, inflammation of small blood vessels, medicines, platelet problems or clotting issues.

Previously called Henoch-Schönlein purpura, IgA vasculitis is inflammation of the blood vessels, usually after a virus. It's one possible cause but not the only one.

Other causes are low blood platelet levels, side effects from medications or liver or clotting disorders.

While your GP is correct that many post-viral rashes resolve on their own, the fact that the spots are actively spreading warrants a routine follow-up for peace of mind and monitoring.

You could ask whether blood count platelets, clotting, kidney function, blood pressure and urine checks are needed.

Seek urgent help if you feel unwell, develop a fever, severe headache, neck stiffness, unusual bleeding, tummy pain, joint swelling or blood in urine.

Pals judge me for taking Wegovy

Q I'M 31 and I've started to take the Wegovy pill. My BMI is overweight, not obese, and I have struggled to lose weight for a long time. Eating well has not been the top of my agenda, due to grief from my mum dying.

Some of my friends have judged me for starting it, thinking it's dangerous for someone my age. What is your view?

A I'm sorry about your mum. Grief can affect eating, sleep, motivation and self-care, and that is not a personal failure.

I also understand how painful it can feel when friends judge a decision that is really about your own body and wellbeing.

Wegovy is a type of GLP-1 medicine that has long been used in type 2 diabetes because it helps regulate blood sugar, and it also affects appetite, fullness and weight.

It is prescribed specifically for weight management, but it is a prescription medicine that has potential risks associated.

At 31, your age alone is not the issue. The bigger question is whether this is clinically appropriate for you.

The risk-benefit balance is very different for someone living with complex obesity or obesity-related illness, where weight loss may reduce risks such as heart disease, diabetes, sleep apnoea or joint damage, compared with someone who is otherwise healthy but in the overweight BMI range.

That does not mean your distress about your weight is not real, but that the potential benefits of treatment need to clearly outweigh the risks.

These medicines can cause nausea, vomiting, constipation, diarrhoea and reflux and less commonly, gallbladder problems or pancreatitis.

I would want to be sure this has been prescribed by a regulated clinician, with proper monitoring of side-effects, contraception, nutrition and mental health.

So my view is not you are wrong or lazy, but that you deserve care that supports your long-term physical and emotional health, not just the number on the scales.

TIP of the WEEK

IF you develop a bullseye rash – a central red spot, surrounded by clear ring and an outer red ring – please see your GP. It may be a symptom of Lyme disease, spread by a tick bite, which is more common in summer. You may also have flu-like symptoms. Your GP will prescribe antibiotics.

SLIMMING PILLS SURGE

DEMAND for weight loss medicines has soared since the launch of new slimming pills. Superdrug said the number of new patients interested in the drugs has risen six-fold this summer.

In June, the Wegovy pill became the first daily tablet available in the UK that works the same way as hugely popular fat jabs.

Foundayo, known as Orforglipron, will this month be second to launch after it was approved by the UK regulator MHRA, last week.

Experts say the pills could become even more popular than blockbuster injections Wegovy and Mounjaro, which have taken the weight loss market by storm.

Tablets are not as powerful but are easier to take and likely to be cheaper than jabs. A survey by consulting firm RSM UK found 34 per cent of patients would take pills but not injections.

Dr Clair Grainger, GP at Superdrug Online Doctor, said patient interest has risen 553 per cent.

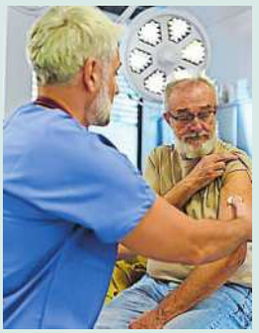
She said: "The prospect of a second oral weight management treatment is significant because it could mean greater choice for eligible patients.

"Weight management isn't one-size-fits-all."

Millions of people in the UK are eligible to buy the drugs privately, as around a third of adults are obese.

Typically only the most overweight and unhealthy patients can get NHS prescriptions.

As many as four million people are estimated to be current or past users of GLP-1 weight loss jabs.



FLU JAB . . . early availability

GET AHEAD ON FLU JAB

NHS chiefs are urging patients to get vaccinated for flu season earlier than usual after a record-breaking busy summer.

Free jabs will be rolled out from September to avoid a winter crisis in hospitals.

A&E departments in England had their busiest three-month period ever from May to July as doctors said: "There is no longer a quiet season."

In Scotland, the Royal College of Emergency Medicine said overcrowding in June was previously "unthinkable" and called the current situation unsustainable.

The NHS said it is now trying to get flu vaccinations going early to "do everything it can to ease winter demand".

Chief nursing officer, Duncan Burton, said: "The NHS is kicking off its preparations for winter earlier than ever. The flu jab is one of our best defences against winter illness.

"It takes just a few minutes, but it can protect you for months, helping to prevent serious illness, avoid hospital admissions and keep the most vulnerable people safe."

The NHS in England opened online bookings yesterday.

Doctors in Scotland will invite eligible patients for their vaccines from next week.

In Wales, jabs will start on September 1 as health bosses said they must "maximise vaccine uptake early in the programme".

Dr Julie Yates, of the UK Health Security Agency, added: "The seasons will change quickly. I'd urge everyone who is eligible to plan ahead and book their vaccinations."

dear deidre

Edited by SALLY LAND

Need our help? Email deardeidre@the-sun.co.uk any time

Team: JANE ALLTON, HILARY FREEMAN, KALLY LEWIS, CATHERINE THOMAS and KATE TAYLOR

Pregnant...but who's the dad?

Dear Deidre

I WAS stupid enough to have sex with three colleagues as part of a dare. Now, I am pregnant and I've got no idea who the father is.

My ex cheated on me, so I went out and got really drunk and ended up in bed with these guys I hardly know.

I'm 33. I'd been with my former partner for two years and he was the only man I've ever loved.

Because he was 36, I hoped he'd be ready to settle down, but I got that spectacularly wrong.

I was still licking my wounds four months later when he had the cheek to slide into my DMs, saying he still loved me.

I thought it was my chance to get him back but, as it turned out, he had been thrown out by his new girlfriend, so was using me to try and find a place to stay.

My best friend from work told me to stop moping around and get back out there so, at our summer work event, I did just that.

Our company arranged a corporate day at a country house with a free bar and I got completely trashed.

I remember playing Truth Or Dare with one guy I knew and two I didn't.

After the event, we ended up going into town for more drinks and then, as they had booked a hotel room, they all dared one another to have sex with me – and that's what happened. I can only remember snapshots of the evening, but now I'm expecting.

I'm honestly not normally that kind of girl, but goodness knows what my reputation is like now.

I think having a baby could be good for me, but who is the dad?

DEIDRE SAYS: If you weren't able to give consent, then this was rape, even if it wasn't forced. For a better understanding, talk it over with someone at rapecrisis.org.uk (0808 802 9999).

It's your choice whether you continue with the pregnancy but, before becoming a mum, think carefully about whether you are in the right place mentally and financially to take on this huge responsibility.

Consider whether you have a good network of family and friends to support you. Bringing a child into the world is hard work – and it's even more challenging if you are doing everything on your own.

DNA testing is the best way to find out paternity, but this is done after the birth. Contact cellmark.co.uk (0800 036 2522) for details on how to get confidential, conclusive, court-approved DNA tests.

My support packs, called How Counselling Can Help and Unplanned Pregnancy?, will help you to make the right decision for you.

dear deidre

Scan this QR code to talk to trained counsellors, Mon-Thurs, 1pm-4pm. We're humans, not chatbots.

LIVE Chat

POOR PAY HOLDING US BACK

Dear Deidre

I CRY myself to sleep every night because my boyfriend and I will never be able to afford to live together.

We are both 28 and earn the minimum wage, which is a pittance. I work in a newsagent's and my boyfriend is a stable hand.

We've been together for seven years, but things haven't really progressed in that time.

We've got a savings account with a little bit in it, but both still live with our parents. I've tried to find a second job but had no luck.

My friends are all settling down, getting married and having families. I can't see us ever doing the same.

DEIDRE SAYS: The first thing to remember is that nothing stays the same for long. Things can change and you are both masters of your own destiny.

What would help you to get better jobs? Retraining? Extra shifts? Could you save for a rental deposit and look for jobs in a different area?

My support pack, Help For Job Hunters, has some tips for how to improve your situation.

If your wages are that low, you may be entitled to additional financial help.

Check out advicelocal.uk, which addresses housing, benefits and employment, among other things.

If you want to have time together without your parents around, offer to housesit for friends or care for their pets. Also, look at trustedhousesitters.com, which would give you both a free break.

SHIFT WORK KILLING OUR SEX LIFE

Dear Deidre

I'M worried that my sex life is over at 44. My wife is never interested.

Aside from things in the bedroom, we have a good relationship and three amazing children.

Things were great until I lost my evening job. I've found more work now, but it's during the day.

My wife, who is 41, does a short nightshift in a factory so that we have childcare. We only really get weekends together.

When I get in from work, we have dinner, put the kids to bed, have a quick kiss and cuddle and talk about our day, then my wife goes to work.

If I suggest sex early in the morning, before I start my shift, she says she's too tired. Surely our days of passion aren't done.

DEIDRE SAYS: The shift patterns are having an effect on her libido. If she's looking after the kids, cooking and cleaning and then going to work, it's little wonder she's so tired.

Do your bit by asking what chores you can take on to help ease the load for her.

Your weekends are important so you can still do romantic things, as well as being Mum and Dad.

Nice walks and days out are great, but also give her some time alone for a bath or cook her a meal. It's the little things that show she is loved and appreciated.

My support pack, called Reviving A Woman's Sex Drive, has more ideas to help.

hot topic

THE end of a relationship can turn your world upside down. It's natural to grieve the future you'd imagined together, even when you know the relationship wasn't right.

People can experience loss of appetite, disrupted sleep, nausea, even heart palpitations due to post-break-up distress.

If you're finding it difficult to let go and move forward, my support pack, Mending A Broken Heart, can help.

stories

deidre's photo casebook | FREYA'S PAST WORRIES: DAY 2

Clothes by Boohoo and BoohooMAN

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ABTOT

Dear Deidre

I WANT to marry my partner, but my family say there is no point because we're gay.

I am 31, he's 35, and we have been an item for three years. We live together, we love one another and want to make that commitment, but my family are less than supportive.

I came out when I was 23, but my brother always said I was "being ridiculous".

He's 37 and a man who's had a succession of girlfriends but has never settled down.

When I bring my partner to my parents' house, he makes himself scarce or he goes to the pub, only returning when we've gone.

My brother has always been homophobic. He comments when things come up on the news and still uses derogatory terms towards gay people, whether they're women or men.

Now, we're starting to look at wedding venues and my sister's little girls are excited about being our flower girls, but I'm worried about how the rest of my family will react. What if they cause a scene on the day or don't turn up?

My partner says we shouldn't invite them because of their terrible attitude.

I FEAR MY FAMILY WILL RUIN BIG DAY

DEIDRE SAYS: This is about your happiness, not anyone else. Talk to your parents and explain you'd love their blessing. Ask them if they are planning to come to your big day.

Explain to your brother that you want him to be at your wedding and he will be very welcome – but if he chooses to come, you'll expect his respect, especially when it comes to your partner, who has done nothing wrong.

You'll find support through fflag.org.uk (0300 688 0368), which supports friends and family of anybody lesbian, gay, bisexual or transsexual.

If any members of your family can't celebrate your special day in a kind and respectful manner, you'd be better off putting your energy into the people who can.

My support pack, called Standing Up For Yourself, will help you to deal with negative comments. I hope you have a fabulous wedding.

GET IN TOUCH

If you are worried about something, my team is here to help. Please contact and follow us.
Online: thesun.co.uk/deidre **Instagram:** @dear.deidre **Facebook:** @DearDeidreOfficial
X: @DearDeidre **Post:** Dear Deidre, The Sun, 1 London Bridge Street, London, SE1 9GF

Tuesday

Sun TV 4-PAGE SECTION

TV GUIDE

BBC ONE

6am Breakfast (S)
9.30 Countryfile Treasures John Craven uncovers Yorkshire's heritage through crafts. (R,S)
10.30 Garden Rescue (R,S)
11.15 Homes Under The Hammer (S)
12.15 Bargain Hunt In Devon. (R,S)
1.00 BBC News (S)
2.00 Money For Nothing Bag-maker Neil jumps at the chance to save an inflatable castle. (S)
2.45 Escape To The Country Jules Hudson is in Herefordshire, helping Andy and Sian find a rural home for them, their daughters and hopefully some horses, as well as a donkey. (S)
3.30 The Repair Shop Experts restore an elephant puppet that survived a fire, a watch that belonged to a pilot in the Second World War, a sign from a race track and a hurling stick from the 1980s. (R,S)
4.30 The Answer Run Quiz show hosted by Jason Manford. (S)
5.15 Pointless Quiz hosted by Alexander Armstrong and guest co-host Nish Kumar. (R,S)
6.00 BBC News (S)
6.30 Regional News (S)

9pm Joe Pasquale is among the contestants in Celebrity MasterChef

7.00 The One Show Roman Kemp and Lauren Laverne present a mix of nationwide reports and live studio-based chat. (S)
7.30 EastEnders George and Nicola continue to deal with the escalated situation, Ravi turns to Zack for advice, Max gets up to his old tricks, and Penny is reluctant to accept Vinny's support. (S)
8.00 The Great British Sewing Bee (6/10) It's children's week in the sewing room, beginning with the contestants tackling a pattern for a tutu. Sustainability is key in the transformation challenge as the sewers repurpose fleece into stuffed animal toys and the made-to-measure task sees them coming up with outfits for their own superhero creations. Hosted by Sophie Willan. (S)
9.00 Celebrity MasterChef NEW (1/15) Comedian Joe Pasquale, broadcaster Jason Mohammad, weightlifter Emily Campbell, reality star Shakira Khan and actor-singer Jay McGuiness compete in the first heat. (S)
10.00 BBC News (S)
10.30 Regional News (S)
10.40 The Untouchables FILM An incorruptible federal agent forms an elite squad to bring gangster Al Capone's control of the underworld to an end. Thriller with Kevin Costner and Sean Connery. (1987) ✪✪✪✪✪ (S)
12.35 The Hit List (R,S) Followed by **Weather For The Week Ahead** **1.25-6am** BBC News (S)

BBC TWO

6.30 am Escape To The Country In Aberdeenshire. (R,S)
7.15 Money For Nothing (R,S)
8.00 Sign Zone: The Great British Sewing Bee (R,S,SL)
9.00 BBC News (S)
1.00 Richard Osman's House Of Games (R,S)
1.30 The Finish Line (R,S)
2.15 Do You Know Your Place? The contestants demonstrate their knowledge of Taunton. (R,S)
2.45 Animal Park Summer (R,S)
3.30 Serengeti II The landscape is flooded in the aftermath of the storm, and all the animals face a struggle to reach higher ground before they are washed away by the rising waters. (R,S)
4.30 Vintage Antiques Roadshow From Sudeley Castle. (R,S)
5.15 Flog It! From Guildford Cathedral. (R,S)
6.00 Richard Osman's House Of Games With former winners Edith Bowman, Rhys James, Anita Rani and Simon Rimmer returning to compete. (R,S)
6.30 Bear Grylls: Wild Reckoning A father and son are put to the test in the wilderness. (R,S)

7.30pm Iain Stirling hosts a sand sculpting competition in Race Against The Tide

7.00 Nigellissima (3/6) Nigella Lawson prepares pork loin stuffed with oregano and Parma ham, served with mock mash and vignarola. (R,S)
7.30 Race Against The Tide NEW (1/6) Iain Stirling challenges seven teams to create seaside-inspired sand sculptures against the ticking clock of the incoming tide, beginning on St Andrews beach. Sadie Clayton and Jamie Wardley judge their creations. (S)
8.00 Saving Lives At Sea NEW (1/10) There's a 999 call about a fisherman who has fallen overboard and there are reports of a dangerously overcrowded small boat in the shipping lanes of the English Channel. (S)
9.00 Emergency 24/7 NEW (1/6) A look at the emergency department at Southmead Hospital, Bristol, revealing the everyday pressures as well as the teamwork required to keep the department running. (S)
10.00 Live At The Apollo (6/7) With Stephen Bailey, Lara Ricote and Glenn Moore. (R,S)
10.30 Newsnight Headline analysis with Faisal Islam. (S) Followed by **Weather**
11.05 The Vampire Lestat: Interview With The Vampire (5 & 6/7) Double bill. Lestat records his 'posthumous' album. Then, before the big concert, Daniel has a last question. (S)
12.50 Sign Zone: Uncanny (R,S,SL) **1.50-2.35am** Captive Audience: A Real American Horror Story (R,S,SL)

itv1

6am Good Morning Britain (S)
10.00 This Morning A mix of celebrity chat, lifestyle features, advice and competitions. Including Local Weather. (S)
1.30 ITV News (S)
1.55 Regional News (S)
2.00 Dickinson's Real Deal David Dickinson and the team visit Telford's International Centre, where Stewart Hofgartner makes a bid for a tiny camera and Tony Geering is tempted by a pair of timepieces. (R,S)
3.00 Deal Or No Deal (R,S) Followed by **Local Weather**
4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz show in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (R,S)
5.00 The Chase Bradley Walsh presents as four contestants answer general knowledge questions and work as a team to take on one of the ruthless Chasers and attempt to secure a cash prize. (R,S)
6.00 Regional News (S)
6.30 ITV News (S)

7.30pm A dancing idol checks in on Inside The Langham: Britain's First Grand Hotel

7.30 Inside The Langham: Britain's First Grand Hotel (5/6) Reception supervisor Rodrigo welcomes a dancing idol of his staying at the hotel ahead of a meeting with King Charles, while consultant florist Ellie faces a race against time to create a breathtaking lobby installation. The final episode can be seen tomorrow. (S)
8.00 Emmerdale Joe has a surprise for everyone regarding his stag night, while Billy is terrified at what Dawn might be capable of as paranoia grips them both. (S)
8.30 Coronation Street Kit leaves Sarah to deal with Kacey's threat, and Idris hatches a plan to meet Alya's price. (S)
9.00 True Crime Presents: No Escape: Married To A Stalker A look at the crimes of Janbaz Tarin, who went on the run after murdering his ex-partner Raneem Oudeh and her mother Khaola Saleem in 2018. (S)
10.00 ITV News At Ten (S)
10.30 Regional News (S)
10.45 Octopussy FILM James Bond investigates the mysterious death of a fellow agent in East Berlin and uncovers a plot to start a third world war. Spy adventure starring Roger Moore and Maud Adams. (1983) ✪✪ (S)
1.10 Shop On TV 3.00 The Summit (R,S,SL) **3.50** Unwind With ITV (S) **5.05-6am** Long Lost Family: Born Without Trace: What Happened Next (R,S,SL)

4

6.30 am The King Of Queens (R,S)
7.45 Everybody Loves Raymond Three episodes. (R,S)
9.10 Frasier (R,S)
11.10 Ramsay's Kitchen Nightmares USA (R,S)
12.05 C4 News (S)
12.10 Find It, Fix It, Flog It Henry Cole and Simon O'Brien visit Gloucestershire to meet Bryan, who has been collecting everything and anything since childhood. (R,S)
1.10 The Great House Giveaway Wannabe property developers and plasterers Rees and Oliver are paired up to transform a dated terraced house bought at auction into an inviting home with curb appeal. (R,S)
2.10 Countdown (S)
3.00 A Place In The Sun (R,S)
4.00 The Great B&B Challenge Nichola and Roy welcome their first guests. (R,S)
5.00 Château DIY Alison and Zion have teething problems with their old digger. (R,S)
6.00 American Pickers A Virginia bluegrass legend has a few valuable mementos. (R,S)

8pm Dr Max Pemberton examines a rise in diagnoses in The Great ADHD Myth?

7.00 C4 News (S)
8.00 The Great ADHD Myth? Psychiatrist and writer Max Pemberton challenges conventional thinking about ADHD, to investigate if the rise in diagnoses is down to genuine disorder or a result of other traits. (S)
9.00 Celebrity Hunted The hunters track two of the celebrity runners to a Leeds bar. Broadcasting legend Gloria Hunniford provides a safe haven for two fugitives in need. And the hunters close in on a capture in Scotland. (S)
10.00 Gogglebox The regulars share opinions on shows including I'm a Celebrity Get Me Out of Here!, Squid Game: The Challenge, All Her Fault, Celebrity Race Across the World, Alan Carr's Picture Slam, Knife Edge: Chasing Michelin Stars and Dogs Behaving (Very) Badly: Australia. (R,S)
11.05 Secret Lives Of Gypsy Wives Trewley's Christmas present for her mum misfires, so she tries to make up for it by taking her to speed dating. (R,S)
12.05 Building Monaco's Superhomes (R,S,SL) **1.05** Ramsay's Hotel Hell (R,S,SL) **1.55** The Piano (R,S,SL) **2.45** FILM Omen. Drama starring Marc Zinga. (2023) ✪✪✪ (S,SL) **4.20** Couples Come Dine With Me (R,S,SL) **5.15** A Place In The Sun (R,S) **5.45** Sunday Brunch (R,S) **5.50-6.30am** Countdown (R,S)

5

6am Milkshake!
9.15 Jeremy Vine (S)
11.30 Storm & Alexis Discussion and debate with Storm Huntley and Alexis Conran. (S)
12.45 5 News (S)
12.50 Matt Allwright Debate on the day's biggest stories, and consumer advice to help viewers save money. (S)
2.20 Living Next To Danger FILM A woman's daughter goes missing and suspicion falls on her new neighbours. Thriller starring Kristi Murdock and Noemi Alexis. (2023) ✪✪ (S)
4.00 Castle Beckett, Castle and the team investigate when the creator of a hit sketch comedy series is strangled with his own tie and thrown down a lift shaft. (R,S)
4.55 Love Nature A London forager seeks food growing wild. (R,S)
5.00 5 News With Dan Walker (S)
6.00 Gibraltar: Jewel Of The Med Profile of the peninsula located on the southern coast of Spain, a British overseas territory for more than 300 years. (R,S) Followed by **5 News Update**

9pm The Georgians With Rob Rinder & Ruth Goodman looks at a royal coronation

7.00 Police Interceptors Several officers join in the pursuit of two men in a van, who are racing through four counties and ramming multiple police cars along the way. (R,S) Followed by **5 News Update**
8.00 Motorway Cops: Catching Britain's Speeders An uninsured Mercedes van refuses to stop on the M6, leading officers on a dangerous pursuit before patrols force it off the road and arrest the suspected drink-driver. (S)
9.00 The Georgians With Rob Rinder & Ruth Goodman Rob and Ruth look at the coronation of King George IV in 1820 – one of the most lavish and controversial royal events in British history. Rob follows the fortunes of those at the heart of the royal court, while Ruth learns of ordinary people caught up in coronation fever. (S)
10.30 James Bulger: The Trial The story of the murder trial of Jon Venables and Robert Thompson, the two 10-year-old killers of toddler James Bulger. With contributions from the prosecution and defence teams, plus journalists. (R,S)
12.05 Serial Killer Wives (R,S) **1.00** Teleshopping (R,S) **2.00** GPs: Behind Closed Doors (R,S) **2.50** Castle (R,S) **3.40** Friends (R,S) **4.30** The Highland Vet (R,S,SL) **5.25** Entertainment News On 5 (S) **5.35** Paw Patrol (R,S,SL) **5.45-6am** The Adventures Of Paddington (R,S,SL)

REGIONAL VARIATIONS S4C: **6am** Cyw **12.00** Newyddion S4C A'r Tywydd **12.05** Codi Pac **12.30** Heno **1.00** Bwrdd I Dri **1.30** Arfordir Cymru: Sir Benfro **2.00** Newyddion S4C A'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C A'r Tywydd **3.05** Gwesty Aduniad **4.00** Awr Fawr: Blociau Lliw **4.05** Twm Twrch **4.15** Fferm Fach **4.30** Blero Yn Mynd I Ocido **4.45** Byd Tad-Cu **5.00** Stwnsh: Dreigiau: Marchogion Berc **5.25** Y Smyrffs **5.40** Un Cwestiwn **6.00** Y Ci Perffaith **6.30** Codi Hwyl **7.00** Heno **7.30** Newyddion S4C A'r Tywydd **8.00** Pobol Y Cwm **8.25** Nol O'r Dibyn Gyda Iolo Williams **8.55** Newyddion S4C A'r Tywydd **9.00** Siwrna Scandi Chris **10.00** Iaith Ar Daith **11.00-12.05am** Y Cosmos BBC ONE NORTH WEST: **1.35-1.45pm** North West Today; Weather BBC TWO WALES: **7.00-7.30pm** SOS: Extreme Rescues

FILMS ✪✪✪✪✪ Brilliant ✪✪✪✪ Very Good ✪✪✪ Good ✪✪ Not Bad ✪ Poor (R) Repeat (S) Subtitles (SL) Sign Language (HD) High Definition

SPECIAL . . . Alan and Oliver

By ROD McPHEE
TV Editor

With
FELICITY CROSS
Deputy TV Editor
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The Sun TV biz

Is MAFS about to get dumped?

NO RETURN DATE FOR UNDER-FIRE SHOW

UNDER-FIRE dating show Married At First Sight remains on hold "indefinitely" and will not return next month as planned, I can reveal.

The eleventh series, which was filmed in February, will stay in the can as Channel 4 awaits the results of an external review into welfare following a string of accusations of rape and sexual assault by three former stars.

The Met Police have arrested a man on suspicion of rape and launched a formal investigation, while Culture Secretary Lisa Nandy has slammed C4 over its handling of the scandal.

But bosses at the channel had vowed to stand by the beleaguered show and press on with the forthcoming run.

A source said: "MAFS series 11 was due to air in September – as it has the past three years – but will not return any time soon. Channel 4 is confirming air dates for shows including Bake Off and Tempting Fortune for September but there's no MAFS.

"It's on ice til execs can navigate what – if anything – is salvageable when the report is returned."

Commenting on whether the next series will be broadcast, a spokesperson for Channel 4 said: "Any decision we do take will be made after the review has concluded."

It is thought the external report will suggest measures including 24/7 cameras and even separate male and female dwellings in future episodes.

Experts on the long-running show match strangers who meet for the first time on their wedding day then go on to honeymoon and live together.

The Sun first reported in May that insiders felt that the pre-recorded series was unlikely to ever air.

I told last month how work on an all-stars spin-off, Married At Second Sight, has already been paused.

It comes after The Dark Side Of Married At First Sight aired on BBC One last month. Two women in the documentary accused their "grooms" of rape, while a third, Shona Manderson, waived her anonymity to share her experience of sexual assault.

All three men deny the claims against them.

AISLE WAIT . . . C4's Married At First Sight

FESTIVE CHANGE FOR ALAN

ITV hopes ALAN CARR will be the angel atop this year's Christmas tree, as I can reveal channel bosses have added a festive special to the upcoming fourth series of his show Changing Ends.

The autobiographical comedy has become one of the network's biggest shows, racking up 28 million streams and averaging three million viewers per episode.

It comes as the BBC has been forced to axe Mrs Brown's Boys from its festive schedule after BRENDAN O'CARROLL broke his jaw.

The ITV sitcom stars Alan alongside OLIVER SAVELL as the comedian's younger self.

Set in 1990, the next series features an image overhaul, Alan's first job and an encounter with an inspiring drag queen.

No doubt Changing Ends will bring ITV good tidings in its Christmas ratings too.

AIDAN TURNER's scythe-touting hunk Poldark is returning to TV screens. All five series of the historical drama, which also stars **ELEANOR TOMLINSON** and **HEIDA REED**, will stream on ITVX from September 10. The BBC originally aired all five seasons from 2015 to 2019.

ESTHER'S NAME OF THE GAME

IF you struggle to remember co-workers' names, then spare a thought for RAFE SPALL and ESTHER SMITH.

The pair fell in love after being cast as couple Nikki and Jason on Apple TV+ comedy-drama Trying, which is now on its fifth series.

Esther told Radio Times: "It's funny to spend all day calling each other different names, then go home and be Esther and Rafe. We're so tired that we don't really get to debrief on the day. But we do get to share a car home."

CAR . . couple

Rafe added: "It's wonderful to hang out with Esther, who's my favourite person and one of my favourite actors."

They began working together in 2019, became a couple in 2022 and had their first child in 2024.

Now that's a nice plot for a romcom.

More listings: Pages 34 & 35

CALL . . . Katherine and Stephen on ITV game show

STEPHEN BANKS ON KATH

KATHERINE RYAN looks to be the latest celebrity to be bamboozled by The Banker on Deal Or No Deal.

The TV comic tries her hand at **STEPHEN MULHERN**'s game of chance this weekend after a rollercoaster run for the famous faces on this series.

So far comedian **GUZ KHAN**, TV host **ZOE BALL** plus **ADAM** and **RYAN THOMAS** have taken part in the game, which challenges players to open 22 red boxes in the right order to land a cash prize for charity.

As well as her husband **BOBBY KOOTSTRA** and her pals, Katherine calls on stars including rapper **BIG NARSTIE**, former Love Islander **CHLOE BURROWS** and I'm A Celeb's **GK BARRY**.

Viewers will have to tune in on Saturday at 6pm to find out if she does better than the Thomas brothers, who walked away with £2,010. The siblings were joined by fellow ex-soap stars **SUE CLEAVER** and **KELVIN FLETCHER** who provided moral support from the sidelines.

Last week **JOE LYCETT** beat the banker to win £11,560 for charity in his second appearance on the show.

In 2012 the comic was as one of the box-openers when **SARAH MILLICAN** was a contestant on Channel 4.

ITV rebooted the series with Stephen at the helm in 2023.

SEAN'S BACK IN SQUARE

HIS return has been rumoured for months – but EastEnders has now confirmed Sean Slater is returning to Albert Square.

Actor ROB KAZINSKY reprises the role, four years after his last stint.

Despite appearing in 2019, 2021 and 2022, it's been 17 years since Sean permanently lived in Albert Square. A lot has changed since he left in 2009, but Sean will return for his family and other reasons which will become clear.

STINT . . Sean

Sean – who is brother to Stacey (LACEY TURNER), and son to Jean (GILLIAN WRIGHT) – was once married to Roxy Mitchell, but their marriage ended in disaster when it was revealed that Jack Branning was the biological father of their baby Amy.

Actor Rob said: "I'm home, and I can't wait to bring a new level of heartfelt chaos to Albert Square in the way only Sean Slater can."

Sean will make his return later this year.

CHLOE PETTS will host Channel 4's First For Funny, a mixed-bill comedy night. Other names appearing include **JOSH JONES**, **SIKISA**, **JORDAN GRAY** and **JEN BRISTER**. To book tickets for the event at SCENE Festival Manchester on August 27, see factory international.org.

WILL NOT STRICTLY AT BEST

BREAKFAST show DJ WILL BEST has been told he does indeed have a face for radio.

The Big Brother presenter had his first day of training for Strictly Come Dancing but got some crushing feedback.

Chatting to co-host FLEUR EAST yesterday on Hits Radio, Will laughed: "It's the first day I'd done any ballroom dancing.

DANCE . . Will

"We were doing little dance classes with the pros.

"They were seeing how the celebs and pros might pair up. Two female pros commented on my 'dancing face'.

"I didn't realise I dance with my face more than legs.

"Unprompted, they said: 'It's like dancing with Jim Carrey in The Mask.' They said the same thing!"

Somebody stop him.

Tuesday

Sun TV 4-PAGE SECTION

FREEVIEW

BBC THREE freeview 23

7pm The Catch Up **7.05** Deadly 60 **8.00** Top Gear **9.00 FILM** Mission: Impossible 2. A secret agent battles a former spy-turned-criminal mastermind intent on stealing a deadly man-made virus. Action thriller sequel starring Tom Cruise and Dougray Scott. (2000) **11.00 FILM** Mission: Impossible III. Action thriller sequel starring Tom Cruise. (2006) **12.55** FIFA World Cup 2026 **1.30-2.20am** Man Like Mobeen

BBC FOUR freeview 9

7pm The Architecture The Railways Built **7.45** The Flying Gardener **8.00** To The Manor Born **8.30** Keeping Up Appearances **9.00** On Camera: Photographers at the BBC **10.00** Britain In Focus: A Photographic History **11.00** The Secret Genius Of Plants **11.55** Deep, Down And Dirty: The Science Of Soil **12.50** Britain In Focus: A Photographic History **1.50-2.05am** The Flying Gardener

ITV2 freeview 6

6am Backyard Builds **6.30** Dress To Impress **7.30** The Real Housewives Of Potomac **8.20** The Real Housewives Of Beverly Hills **9.15** The Only Way Is Essex **10.15** Dawson's Creek **11.10** Charmed **12.10** Deal Or No Deal **1.10** Supermarket Sweep **2.10** The Floor **3.10** The Only Way Is Essex **4.10** The Real Housewives Of Potomac **5.00** The Real Housewives Of Beverly Hills **6.00** Celebrity Catchphrase **7.00** The Floor **8.00** The 1% Club **9.00** Olivia Attwood: The Price Of Perfection. Facelifts for the under fifties. **10.00** Family Guy **11.35** American Dad! **12.35** Bob's Burgers **1.30** Plebs **1.55-2.20am** Deep Fake Neighbour Wars

ITV3 freeview 10

6am George And Mildred **7.05** Classic Emmerdale **8.05** Classic Coronation Street **9.10** Poirot **11.30** Heartbeat **1.35** Midsomer Murders **3.35** Classic Emmerdale **4.40** Classic Coronation Street **5.50** Heartbeat **8.00** Vera **10.00** Grantchester **11.50** Trial & Retribution **1.55-2.20am** George And Mildred

ITV4 freeview 26

6am Magnum, PI **8.05** Robin Of Sherwood **9.10** Boon **10.15** The Professionals **11.25** Robin Of Sherwood **12.25** Magnum, PI **2.35** The Casebook Of Sherlock Holmes **3.45** Boon **4.50** The Professionals **5.55** Minder **7.00** The Motorbike Show **8.00** The Grand Fishing Adventure **9.00** Ice Road Truckers **10.00** All Elite Wrestling: Collision **12.00** Dark Side Of The Ring **12.55** Benidorm **1.50-2.45am** BattleBots

E4 freeview 13

6am Hollyoaks **6.55** Rude(ish) Tube Shorts **7.00** Couples Come Dine With Me **8.00** Ramsay's Kitchen Nightmares USA **10.00** America's Funniest Home Videos **11.00** Below Deck: Mediterranean **12.00** The Simpsons **2.00** Brooklyn Nine-Nine **3.00** Modern Family **5.00** The Simpsons **6.30** Hollyoaks **7.30** The Simpsons **8.00** The Great Celebrity Bake Off For SU2C **9.00** Below Deck Down Under **10.00** First Dates **11.05** Gogglebox **12.10** Naked Attraction **1.15-2.10am** Below Deck Down Under

MORE4 freeview 18

8.55am Find It, Fix It, Flog It **10.00** Four In A Bed **12.40** Come Dine With Me **3.20** Four In A Bed **5.50** Car S.O.S **7.55** Grand Designs **9.00** PopMaster TV **10.00** 24 Hours In A&E **12.05** 999: On The Front Line **1.10-2.15am** 24 Hours In A&E

CASTLES IN THE SAND . . . a TV win is on the bucket list for this lot

RACE AGAINST THE TIDE

BBC Two & iPlayer

WHILE some turn up their noses at this kind of frivolous television, I'm all for it.

In my book, life is serious enough without gangsters, misery and heartbreak filling your evening schedules.

So I was not surprised that this silly new competition series absolutely floated my boat. Which is handy, because Iain Stirling's latest effort is all about the beach.

Teams compete to create the most impressive sandcastles, statues and sculptures possible in a Scottish cove.

The opener (available now to stream and on BBC Two tonight) is packed with warm and fuzzy moments as the crews are challenged with the theme of childhood memories, which gave proceedings an emotional punch.

Iain absolutely excels – the perfect foil for the emotion and the silly concept – and kicks off by poking fun at the fact that this is the latest in a long line of competition shows on TV.

He laughed: "It's the sculpting competition nobody asked for but all probably need." There were plenty more of his trademark puns known to viewers of Love Island, one of my favourites being: "Who will be our Vincent Sand Gough?"

And before he announced which team was being eliminated, he joked: "I get to do the dramatic pause all TV presenters dream of doing."

It's not groundbreaking comedy, but his gentle humour is the perfect fit.

Just as noteworthy are the sandcastles, which are epic and involved painstaking and detailed work over six hours

Sun TV review

SKY MIX freeview 11

7am Border Security: America's Front Line **8.00** Border Patrol **9.00** Nothing To Declare **11.00** Border Security: America's Front Line **12.00** Caught On Dashcam **1.00** Police 24/7 **2.00** Nothing To Declare **4.00** Star Trek: Deep Space Nine **5.00** Stargate SG-1 **6.00** Stargate Universe **7.00** Star Trek: The Next Generation **8.00** Police 24/7 **9.00** Law & Order: Criminal Intent **11.00** Grimm **12.00** Fantasy Island **1.00-2am** Police 24/7

BBC Three 9pm Tom Cruise reprises his role as Ethan Hunt in Mission: Impossible 2

U&DAVE freeview 19

7.25am Top Gear **8.20** Border Force: America's Gatekeepers **10.20** Rick Stein's Cornwall **11.20** Yukon Gold **12.15** Top Gear **2.20** Mortimer & Whitehouse: Gone Fishing **3.00** Guy Martin: Proper Jobs **4.00** Hairy Bikers' Best Of British **5.00** Rick Stein's Cornwall **7.00** Mortimer & Whitehouse: Gone Fishing **7.40** Would I Lie To You? **9.00** Have I Got A Bit More News For You **10.00** QI XL **11.00** Taskmaster **12.00** Mock The Week **12.40-2am** Would I Lie To You?

U&DRAMA freeview 20

7.20am The Bill **8.15** Doctors **9.25** Classic Holby City **10.45** Casualty **11.45** The Bill **12.50** Classic EastEnders **2.00** Classic Neighbours **3.00** Whitstable Pearl **4.05** Lovejoy **5.20** As Time Goes By **6.00** Last Of The Summer Wine **8.00** 'Allo 'Allo! **9.35** New Tricks. New evidence sheds light on the death of a criminal at London's Union club back in 1996. **10.35** Luther **11.55** Lovejoy **1.05-2.15am** Sister Boniface Mysteries

REALLY freeview 44

6am Fantasy Homes By The Sea **7.00** Teleshopping **8.00** Escape To The Country **9.00** Salvage Hunters: The Restorers **12.00** The Yorkshire Auction House **2.00** The Repair Shop **3.00** Salvage Hunters **5.00** Who Do You Think You Are? **6.00** The Repair Shop **7.00** The Yorkshire Auction House **8.00** Antiques Road Trip **9.00** Who Do You Think You Are? **11pm-2am** Help! My House Is Haunted

U&YESTERDAY freeview 27

6.10am Abandoned Engineering **8.00** Bangers & Cash: Restoring Classics **10.00** Secret Nazi Bases **11.00** The World At War **12.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** Secret Nazi Bases **5.00** The World At War. How France fell to the Nazis. **6.00** Antiques Roadshow **7.00** The Blue Planet **8.00** Bangers & Cash: Restoring Classics **9.00** Bangers & Cash **12.00** Bangers & Cash: Restoring Classics **1.00-2am** Find It, Fix It, Flog It

U&W freeview 25

6.15am Property Brothers: Forever Homes **7.00** Tipping Point **10.00** DIY SOS: The Big Build **1.00** Tipping Point **4.00** Property Brothers: Forever Homes **5.00** DIY SOS: The Big Build **7.00** MasterChef Australia **8.25** Nigella: At My Table. A breakfast of fried bread and tomato hash. **9.00** The Killing Of James Bulger **10.00** Nurses On The Ward **12.00-2am** First Responders

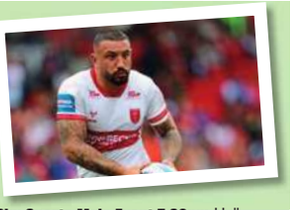
QUEST freeview 17

6am Salvage Hunters: The Restorers **7.00** Salvage Hunters **9.00** Aussie Gold Hunters **11.00** Outback Opal Hunters **1.00** The Repair Shop **2.00** Shed And Buried **3.00** Shed And Buried: Classic Cars **4.00** Find It, Fix It, Drive It **5.00** The Yorkshire Auction House **7.00** Antiques Road Trip **8.00** Ant Anstead: Born Mechanic **9.00** Johnny Vegas' Little Shop Of Antiques **10.00** The Repair Shop **11.00** How Do They Do It? **1.00-2am** Salvage Hunters

THAT'S TV freeview 56

8am That's 60s: Best Music Live! **8.10** Rising Damp **8.40** Duty Free **9.15** Never The Twain **9.45** On The Buses **10.15** Bread **10.50** Steptoe And Son **11.20** Oh, Doctor Beeching! **11.55** Rising Damp **12.30** Man About The House **1.05** Goodnight Sweetheart **1.45** When The Boat Comes In **2.45** Minder **3.50** Just Good Friends **4.25** Man About The House **4.55** Bread **5.30** Birds Of A Feather **6.00** That's 60s: Best Music Live! **6.15** Rising Damp **6.50** Steptoe And Son **7.25** Whatever Happened To The Likely Lads? **8.00** Minder **9.00** Benidorm **9.55** Shameless **11.10** Man About The House **11.35** Mind Your Language **12.05** Benidorm **1.05-2.05am** Minder

SPORT



Sky Sports Main Event 7.30pm Hull Kingston Rovers in Betfred Super League

SKY SPORTS MAIN EVENT

6am Sky Sports News **7.00** Sky Sports Breakfast **8.30** Transfer 360 **9.00** Good Morning Transfers **10.00** Sky Sports FC **12.00** Transfer Talk **1.00** Lunchtime **2.00** Sports Desk **2.30** Transfer 360 **3.00** Sports Desk **4.00** LIVE Tennis. The Cincinnati Open. Coverage of day six of the joint ATP 1000 and WTA 1000 event, a hard-court tournament at Lindner Family Tennis Center in Mason, Ohio. **7.30** LIVE Betfred Super League. Hull Kingston Rovers v Warrington Wolves. Kick-off at 8.00. **10.15** LIVE Tennis. The Cincinnati Open. Coverage of day six of the joint ATP 1000 and WTA 1000 event. **12.00-4am** LIVE Tennis. The Cincinnati Open. Further coverage of the joint ATP 1000 and WTA 1000 event.

SKY SPORTS PREMIER LEAGUE

6am PL Greatest Games **7.00** Best PL Goals 97/98 **8.00** PL 100 Club **8.30** Transfer 360 **9.00** Good Morning Transfers **10.00** Sky Sports FC **12.00** Transfer Talk **1.00** PL Years **3.00** PL Retro **5.00** The Premier League Show **7.00** The Transfer Show **8.00** PL 100 Club **9.00** Transfer 360 **10.00** Premier League Stories **10.30** PL 100 Club **11pm-1am** PL Years

SKY SPORTS FOOTBALL

6am EFL Cup Retro **8.00** Best Scottish Premiership Goals 2024/25 **8.30** Best Scottish Premiership Goals 2025/26 **9.00** SPFL Greatest Games **9.30** EFL Greatest Games **10.00** Championship Season Review **11.00** SPFL Greatest Games **11.30** EFL Greatest Games **12.00** EFL Cup Highlights **1.00** EFL League Goals **2.00** EFL Highlights **5.00** EFL Cup Highlights **6.00** EFL League One Goals **6.30** EFL League Two Goals **7.00** EFL Highlights **9.30** EFL League One Goals **10.00** EFL League Two Goals **10.30** EFL Highlights **12.00-3am** EFL

SKY SPORTS ACTION

6am Betfred Super League **12.00** NFL Highlights **1.00** Good Morning Football **3.00** NFL Highlights **4.00** Betfred Super League Highlights **5.00** NBA Basketball **7.00** Betfred Super League Highlights **7.30** LIVE Betfred Super League. Hull Kingston Rovers v Warrington Wolves. Kick-off at 8.00. **10.15** NFL Bitesize Highlights **11.00** NFL Highlights **12.00** The Insiders **1.00-2am** NFL Highlights

SKY SPORTS +

6am Sky Sports News **7.00** Sky Sports Breakfast **8.00** Betfred Super League **11.00** Sky Sports FC **12.00** Transfer Talk **1.00** Lunchtime **2.00** Sports Desk **2.30** Transfer 360 **3.00** Sports Desk **4.00** LIVE Tennis. The Cincinnati Open. Coverage of day six of the joint ATP 1000 and WTA 1000 event. **12.00-4am** LIVE Tennis. The Cincinnati Open.

SKY SPORTS CRICKET

6am International T20 Cricket **6.30** Nepal Climbing Cricket's Mountain **7.00** One-Day International Cricket **10.00** The Hundred **2.00** The Hundred Bitesize **2.15** The Hundred Bitesize **2.30** International T20 Cricket **3.00** One-Day International Cricket **6.00** International T20 Cricket. England v India. **8.00** The Rawalpindi Express **9.00** Test Series Preview: England V Pakistan **9.45** The Hundred Bitesize **10.00** The Rawalpindi Express **11.00** One-Day International Cricket **12.00-3.30am** The Hundred

SKY SPORTS GOLF

6am Chronicles Of A Champion Golfer **7.00** School Of Golf **8.00** Playing Lessons **9.00** Nick Dougherty's Tee Time Tips **10.00** PGA Tour Golf **11.00** Legends Tour Golf **12.00** Golf Academy **1.00** Best Of The Open Zone 2016 **2.00** Best Of The Open Zone 2017 **3.00** Best Of The Open Zone 2018 **4.00** PGA Tour Golf **5.00** Best Of The Sky Zone **5.30** Best Of The Sky Zone: US Open **6.00** Ladies European Tour Golf **7.00** Perfection In Paris **9.00** DP World Tour Golf **9.30** PGA Tour Golf **10.30** Legends Tour Golf **11.30** HotelPlanner Tour Golf Highlights **12.00** PGA Tour Champions **1.00-2am** PGA Tour Golf

ENTERTAINMENT

Sky Witness 10pm Danny investigates a chess hustler's death in Blue Bloods

SKY ONE

6am Mornings **7.00** Mornings With Ridge And Frost **8.00** Stargate SG-1 **10.00** Will & Grace **11.00** The Simpsons **12.00** Africa's Hunters **1.00** Hawaii Five-0 **3.00** S.W.A.T **5.00** The Simpsons **6.00** Rob & Romesh Vs The NFL **7.00** The Simpsons **8.00** Best Medicine. Port Wenn welcomes a delegation from its sister city in Norway. **9.00 FILM** Bridesmaids. A disorganised woman takes charge of her best friend's bridal party, but the wife of the groom's boss causes problems. Comedy with Kristen Wiig, Rose Byrne and Melissa McCarthy. (2011) **11.15** Grimm. A teenager is attacked. **12.10** Evil **1.05-2am** The Force: Manchester

SKY ATLANTIC

6am Fish Town **8.00** Billions **10.15** House Of The Dragon **12.35** Homicide: Life On The Street **2.30** Billions **4.40** The Last Of Us **6.45** House Of The Dragon **9.00** Little Bird. Canadian drama starring Darla Contois. A First Nations woman adopted into a Jewish family in the 1960s attempts to reconnect with her birth family and heritage. **10.00** Little Bird. Esther discovers adoption papers that spark memories of her childhood, leading her to leave everything behind in search of her family. **11.00** House Of The Dragon **1.20-2.30am** Billions

SKY WITNESS

6am Bondi Rescue **7.00** Border Patrol **8.00** Send In The Dogs **9.00** The Force: Manchester **10.00** Motorway Patrol **10.30** Caught Red Handed **12.00** FBI **2.00** The Rookie **3.00** Law & Order: Criminal Intent **4.00** Nothing To Declare **8.00** Caught On Dashcam. Road disasters captured on video by drivers' dashboard cameras. **9.00** The Rookie. John moves closer to his new role. **10.00** Blue Bloods. Danny and Baez investigate a chess hustler's death. **11.00** The Rookie. The members of the team end up in the middle of a gang war, while Lucy investigates a difficult case. **12.00-2am** FBI

U&GOLD

7.10am Don't Wait Up **7.50** Dad **8.30** Only Fools And Horses **9.10** The Green Green Grass **9.45** Are You Being Served? **10.25** Last Of The Summer Wine **11.45** Dad **12.25** Only Fools And Horses **1.05** Keeping Up Appearances **1.45** Dad's Army **2.25** The Green Green Grass **3.00** Are You Being Served? **3.40** Dad **4.20** Dad's Army **5.00** Last Of The Summer Wine **6.20** Keeping Up Appearances **7.00** Only Fools And Horses. The Trotters mourn Grandad's death. **7.40** Dad's Army. The platoon chases a runaway barrage balloon. **8.20** Are You Being Served?. Mrs Slocombe moves into the store. **9.00** Joe & David's Magical Sitcom Tour. Joe treats David to his ultimate Office tour. **10.00** The Office. The staff celebrate Red Nose Day. **10.40** Not Going Out. Tim puts the flat on the market. **11.20** Mrs Brown's Boys **12.00** The Office **12.40** Not Going Out **1.20-2am** Mrs Brown's Boys

COMEDY CENTRAL

8am The Upper Hand **9.00** Everybody Loves Raymond **11.00** Sabrina The Teenage Witch **1.00** Friends **9.00 FILM** True Lies. A computer salesman's wife is unaware her boring husband leads a double life as a secret agent. James Cameron's action comedy starring Arnold Schwarzenegger and Jamie Lee Curtis. (1994) **11.50** Iain Stirling's Roast The Internet. Comedy entertainment show about the worst things found online. **12.50** Whose Line Is It Anyway? USA **1.40-2.40am** South Park

U&ALIBI

7.10am Murdoch Mysteries. Double bill. **9.00** Shakespeare & Hathaway: Private Investigators **10.00** The Mentalist **11.00** Hudson & Rex **12.00** Body Of Proof **1.00** Death In Paradise **2.00** Murdoch Mysteries. Double bill. **4.00** The Mentalist **5.00** Hudson & Rex **6.00** Body Of Proof **7.00** Private Eyes. Two brewing brothers hire Shade and Angie. **8.00** Death In Paradise. Double bill. The discovery of an electrocuted body leads to a hidden world of data mining. Then, local zoo owner Xander Shepherd is killed by a tranquilliser dart. **10.20** Father Brown. A seamstress is stabbed to death. **11.20** Private Eyes **12.20** Shakespeare & Hathaway: Private Investigators **1.20-2.30am** Death In Paradise

SKY COMEDY

8am Will & Grace **9.00** Sort Of **10.00** The Comeback **11.20** Will & Grace **12.20** Based On A True Story **1.50** The Comeback **3.00** Will & Grace **4.00** The Office Movers **5.00** Community **6.00** Will & Grace **7.00** The US Office **8.00** The Office Movers **9.00** Micky Flanagan: If Ever We Needed It. A stand-up show by the comedian. **10.15** Based On A True Story **12.30** The Office Movers **1.40-2.10am** Community

DISCOVERY

6am How It's Made **7.00** The Aquarium **9.00** Gold Rush **11.00** Building Off The Grid **1.00** Dr Jeff: Rocky Mountain Vet **3.00** How It's Made **5.00** Alaska: Homestead Rescue **7.00** Wheeler Dealers **9.00** Deadliest Catch. Arctic ice wreaks havoc on the fishing grounds. **10.00** In The Eye Of The Storm. Hurricane Idalia's 12-foot storm surge sweeps away Gulf Coast neighbourhoods. **11.00** Expedition X **12.00-2am** Deadliest Catch

RADIO

Virgin Radio 6.30am Join Chris Evans for his rock n roll Breakfast show

VIRGIN RADIO DAB virginradio.co.uk

6.30am Chris Evans **10.00** Emma B **2.00** Ben Jones **6.00** Will MacDonald **10.00** Goldierocks **2.00-6.30am** Steve Denyer

TALKRADIO DAB talkradio.co.uk

6am Jeremy Kyle **10.00** Julia Hartley Brewer **1.00** Ian Collins **4.00** Kevin O'Sullivan **7.00** Peter Cardwell **10.00** Petrie Hosken **1.00** Paul Ross **5.00-6am** Through The Papers

TALKSPORT 1053, 1089MW talksport.com

6am Jeff Stelling **10.00** Jim White And Simon Jordan **1.00** Hawksbee And Jacobs **4.00** Drive **7.00** Kick Off **10.00** The Sports Bar **1.00** Paul Ross **5.00-6am** Early Sports Breakfast

Sun tv 4-PAGE SECTION TV GUIDE

before, of course, the tide comes in . . .

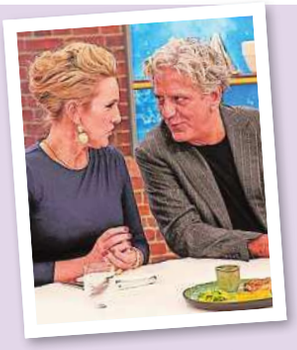
There were massive gulls, giant fish and chips, a boy on a camel and even a caravan.

I know I won't be alone in feeling inspired to have a go and viewers will be rushing to pick up a bucket and spade.

And just as with Bake Off, Sewing Bee and others of that ilk, we'll all swiftly realise it's a hell of a lot harder than these clever crafters make it look.

That's where the beauty lies in these cosy contests, taking a simple hobby or craft and supersizing it, leaving us convinced there's a showstopper in us all.

FELICITY CROSS



TABLING IT . . . Grace and Giorgio

Sun tv picks

CELEBRITY MASTERCHEF, BBC One, 9pm: Taking the lead from MasterChef, the celeb version has had a revamp, too, with Italian superchef Giorgio Locatelli joining Grace Dent as co-host and judge.

From the off, it's like Giorgio's always been there, as he and Grace welcome singer Jay McGuiness, comedian Joe Pasquale, Love Islander Shakira Khan, weightlifter Emily Campbell and TV presenter Jason Mohammad.

The clash gets underway with the stars serving up a signature dish, before taking part in a condiments taste test, which proves memorable for colour-blind Joe, who reaches for two heaped spoonfuls of mustard. The most exciting round, though, is a newbie, and sees Giorgio, who adds much-needed freshness to the series, leading a live gnocchi cookalong.

THE GREAT ADHD MYTH?, Channel 4, 8pm: Ten years ago, attention deficit hyperactivity disorder was rare in children and almost unheard of in adults.

Today, more than 2.5 million people are living with the condition. But the generally accepted idea that people's brains are just wired differently is being questioned. Psychiatrist Dr Max Pemberton looks at whether ADHD is determined by other factors, such as phone use, diet, and even our education system.

LITTLE BIRD, Sky Atlantic, 9pm & 10pm: This award-winning Canadian drama is based on the real-life "Sixties Scoop" policy, when child-welfare authorities controversially removed indigenous kids from families and put them in foster care.

Darla Contois plays Bezhig Little Bird, a girl taken in aged five by a Jewish family and now known as Esther Rosenblum. The action takes place between the Sixties when Little Bird was adopted, and the Eighties, when she goes searching for the family she lost.

SAVING LIVES AT SEA, BBC Two, 8pm: You have to wonder if programme schedulers are sometimes having a laugh.

There is a welcome return – for an 11th series – of the programme about the work of lifeboat crews, tonight focusing on the RNLI team in Porthcawl, South Wales.

But what's on BBC Two just before it? Less life-threatening Race Against The Tide – a beach-based reality challenge show *(See facing page)*.

DAVID BELL

TNT SPORTS 1

1.30pm LIVE Cycling: Tour Of Limousin-Stage 1. Coverage of stage one of the Tour of Limousin, a 174.9km route from Veyrac to Dun-le-Palestel. **4.00** MLB Highlights **5.00** T100 Triathlon World Tour Highlights **5.30** Cycling **5.45** British Superbikes Rewind **6.00** Original Documentary **6.15** The Fantasy Show **6.45** Premier League Stories **7.15** The Breakdown **8.00** LIVE UEFA Champions League. Dinamo Zagreb v Viking. Kick-off at 8.00. Coverage of the play-off round first-leg match from Maksimir Stadium in Zagreb. **10.00** Premier League Preview **11.00** T100 Triathlon World Tour Highlights **11.30** MLB Highlights **12.30** MLB Lead Off **1.00-4am** LIVE MLB. Chicago Cubs v Chicago White Sox. Start-time at 1.05. Coverage of the match at Wrigley Field.

TNT SPORTS 2

6am Motocross World Championship **9.00** ABB FIA Formula E World Championship Highlights **11.00** FA Community Shield **12.30** MLB Highlights **1.30** European Rally Championship Highlights **2.00** UIM F1H2O World Championship Highlights **2.30** Motocross World Championship **5.30** European Rally Championship Highlights **6.00** UEFA Road to the Finals **8.00** LIVE UEFA Champions League. Levski Sofia v AEK Athens. Kick-off at 8.00. Coverage of the play-off round first-leg match from Georgi Asparuhov Stadium. **10.00** UFC **1.00** UEFA Champions League **5.15am-1.30pm** LIVE Test Cricket. Sri Lanka v India.

TNT SPORTS 3

6am Premier League Review **7.00** UIM F1H2O World Championship Highlights **7.30** Test Cricket Highlights **8.30** TNT Sports Cricket Reload **9.00** UFC: The Ultimate Fighter **10.00** UEFA Road to the Finals **11.00** Test Cricket Highlights **12.00** CPL Highlights **12.30-4.45am** LIVE CPL. Jamaica Kingsmen v St Kitts & Nevis Patriots.

PREMIER SPORTS 1

6am Sporting Countdowns **7.00** LaLiga **9.00** NASCAR Highlights **10.00** LaLiga Highlights **10.55** Scottish Football Social Club **12.00** Coppa Italia **2.00** LaLiga **4.00** Swedish Speedway **5.55** LIVE Swedish Speedway. Coverage of an Elitserien meeting. **8.00** Bike World **8.30** NASCAR Highlights **9.30** Premier Sports Cup **11.30** Sporting Greats **12.00-2am** Swedish Speedway

TALKSPORT2 *DAB talksport.com*

8am William Hill Sports Book Club **1.00** EFL All Access **2.00** On Track **3.00** The Social **5.00** Fight Night Extra **6.00** Following On **7.00** EFL All Access **8.00** On Track **9.00** Fight Night Extra **10.00** Following On **11pm-8am** My Sporting Life

TIMES RADIO *DAB thetimes.co.uk/radio*

6am Rosie Wright And Stig Abell **10.00** Hugo Rifkind **1.00** Jo Coburn **2.00** Jane Garvey **4.00** Carolyn Quinn **7.00** Darryl Morris **10.00** Olly Mann **1.00** The Best Of Times Radio **5.00-6am** Tom Nunan With Early Breakfast

RADIO 1 *97.6-99.8FM bbc.co.uk/radio1*

6.58am Newsbeat **7.00** Greg James **11.00** Rickie, Melvin And Charlie **12.45** Newsbeat **1.00** Matt And Jerry **3.30** Newsbeat **3.33** Going Home With Vick, Katie And Jamie On Radio 1 **5.45** Newsbeat **6.00** New Music Show With Jack Saunders **8.00** Future Artists With Sian Eleri **10.00** Power Down Playlist With Sian Eleri **11.00** Martha **1.00** Dance Drum & Bass Mix **2.00** Anthems **4.00** Pop Anthems **5.00-6.58am** Early Breakfast With Dean McCullough

RADIO 2 *88-91FM bbc.co.uk/radio2*

6.30am The Sara Cox Breakfast Show **9.30** Vernon Kay **12.00** Jeremy Vine **2.00** DJ Spoony **4.00** Jason Manford **7.00** Prom Nights On Radio 2 **9.00** The Jazz Show With Jamie Cullum **10.00** The Good Groove With Melvin Odoom **12.00** OJ Borg **3.00** Vernon Kay (R) **4.00-6.30am** Owain Wyn Evans

MOVIES

Film4 9pm Adam Driver stars as a space age pilot in the sci-fi adventure film 65

SKY CINEMA PREMIERE

6.45am Tom And Jerry: Forbidden Compass (PG, 2025) ★ **8.35 Signal One** (15, 2026) ★★★ **10.15 Mortal Kombat II** (15, 2026) ★★★ **12.20 Hamnet** (12, 2025) ★★★★ **2.35 Tom And Jerry: Forbidden Compass** (PG, 2025) ★ **4.20 Seven Snipers** (15, 2026) ★★★ **6.00 Heretic** (15, 2024) ★★★★ **8.00 Hamnet** (12, 2025) ★★★★ **10.15 Normal** (15, 2026) ★★★★ **11.50 Seven Snipers** (15, 2026) ★★★ **1.35-3.20am Signal One** (15, 2026) ★★★

SKY CINEMA ANIMATION

7.55am The SpongeBob Movie: Search For SquarePants (PG, 2025) ★★★ **9.25 Epic Tails** (U, 2022) ★★★ **11.05 How To Train Your Dragon** (PG, 2010) ★★★★★ **12.45 Shark Tale** (U, 2004) ★★★★ **2.25 Antz** (PG, 1998) ★★★★★ **4.00 How To Train Your Dragon 2** (PG, 2014) ★★★★ **5.45 The Lego Ninjago Movie** (U, 2017) ★★★★ **7.30 The Angry Birds Movie** (U, 2016) ★★★★ **9.10 The Angry Birds Movie 2** (U, 2019) ★★★★ **10.50pm-12.20am 10 Lives** (U, 2024) ★★★

SKY CINEMA ACTION

7.35am First Knight (PG, 1995) ★★★ **9.50 S.W.A.T** (12, 2003) ★★★★ **11.50 Jurassic World: Rebirth** (12, 2025) ★★★★ **2.10 Green Lantern** (12, 2011) ★★★ **4.15 Normal** (15, 2026) ★★★★ **5.50 Demolition Man** (15, 1993) ★★★★ **8.00 Aquaman** (12, 2018) ★★★★ **10.35pm-1.15am Dragged Across Concrete** (18, 2018) ★★★★

FILM4 freeview 14

11am The Kid Who Would Be King (PG, 2019) ★★★ **1.20 The Woodlanders** (U, 1997) ★★ **3.15 Shenandoah** (PG, 1965) ★★★ **5.20 The Lost World** (U, 1960) ★★★ **7.15 Horizon Line** (15, 2020) ★★★ **9.00 65** (12, 2023) ★★★ **10.50pm-1.30am The Woman King** (15, 2022) ★★★★

TALKING PICTURES freeview 82

10.45am The Strange Love Of Martha Ivers (U, 1946) ★★★ **1.00 The Adventures Of William Tell 1.35 Green For Danger** (PG, 1946) ★★★★ **3.25 What's On TPTV With Noel 3.35 The Bespoke Overcoat 4.20 The Gentle Sex** (U, 1943) ★★★ **6.10 Look At Life 6.25 Whiplash 6.55 The Man From UNCLE 7.55 Buccaneer 9.00 A Dandy In Aspic** (PG, 1968) ★★★ **11.10-11.45pm Fortean TV**

GREAT! MYSTERY freeview 50

1pm In Plain Sight 2.00 Castle 3.00 Diagnosis Murder 5.00 Murder, She Wrote 7.00 Castle 8.00 Unforgettable 9.00 In Plain Sight 10.00 Morning Show Mysteries: Murder On The Menu (PG, 2018) ★★ **11.55pm-1.45am Nelly Knows: A Fatal Engagement** (PG, 2024) ★★

GREAT! ACTION freeview 42

1pm The Unit 2.00 Burn Notice 4.00 Predestination (15, 2014) ★★★★ **6.00 The Unit 7.00 Burn Notice 9.00 The Vault** (15, 2021) ★★★ **11.25 The Avengers 12.25-1.25am The New Avengers**

18+ UK residents only (Exc. IoM & CI). Offer ends 23:59pm on 03/09/26. Online access and Sun Club subscription required. Sun Club new customer offer: £1.99 per month or £9.99 for the first year, then £19.99 thereafter unless you cancel at least seven days before your next billing date. Full T&Cs apply, see thesun.co.uk/club

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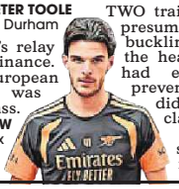
The page where you tell Britain what you think

POOR Declan Rice, *pictured*. The Arsenal and England star is complaining of burnout as he played 64 games in a year. That equates to less than 100 hours on the pitch and for that Arsenal paid him £12.4million in wages.
Get a life Declan.
PETER TOOLE
Newton Aycliffe, Co Durham



CONGRATS to team GB's relay runners on their dominance. That was not just European Championship class, it was World Championship class.
JOHN SHAW
Epping, Essex

WHAT bad taste that a kids' activity farm felt a "ride and slide" Titanic ride was appropriate. It was a replica of the ship where 1,500 passengers' lives were lost. To poke fun of such a tragedy is insensitive.
SUZY UNDERWOOD
Belfast

TWO trains recently derailed – I presume due to steel rails buckling after expanding in the heat. In the past, tracks had expansion joints to prevent this, though they did cause a clackity-clack sound.
So, in their wisdom, some greater minds decided to do away with these to make life quieter. I'd rather an annoying clack than a derailment.
GERRY LESTER
Stone, Staffs

DOES Amanda Abbington, *pictured*, really deserve a five-figure payment from the BBC, no doubt taken from TV licence payments, over her experiences on Strictly?
Exposing bullying and the suffering she had to endure will be welcomed by many people affected by these issues, but for her to bring her cancer scare into the debate did shock me.
JULIE GIMSON
Bath

Stop being so kind to killers

£50 LETTER

WHAT a disgusting example of the law favouring the criminal.
Henry Nowak's killer, Vickrum Digwa, is to be allowed video calls to his mum Kiran Kaur, who is in jail for hiding the weapon her son used to kill Henry in Southampton last December.
As if Henry's poor family hadn't suffered enough. When will our insane justice system learn that it must favour victims?
JOHN ROBSON
Newcastle Upon Tyne

THE Sun's front page story on Monday had me torn between disgust at Digwa getting video calls with Mummy and desperate sadness that his poor victim's mother will never speak to her son again.
Allowing perks like this is just wrong on every level.
ASHLEY SMITH
March, Cambs

IS cowardly Digwa in prison or enjoying a long-star in a comfy hotel?
Why on earth should he get the right to communicate with his jailed mother?
This is an insult to Henry Nowak's family. Those who make these thoughtless decisions should be ashamed of themselves.
They will no doubt cite human rights, but remember Henry had his taken away.
RICHARD PARRIS
Axminster, Devon

KILLER Digwa has only just started his minimum 21-year sentence for murdering teenager Henry.
So why is he already given this massive video-calling perk?
If he wants contact with his mother – who got three years for hiding the murder weapon he used – it should be by letter only. Even that is more than they deserve.
They're supposed to be enduring a punishment behind bars.
JANET SINGER
Leeds

THE Sun
Scoring, scoring, Arsenal!
MORE SOFT-TOUCH UK FURY
Henry Nowak's killer will be allowed prison-to-prison video chats with his jailbird mum. Henry's grieving mum, however, can never speak to her son again...
CALL THIS JUSTICE?

OUTRAGE . . . yesterday's Sun

THERE will never be justice for victims in this country as long as we have this soft-touch system.
I'm sick of idiotic human rights laws and the advocacy groups that help criminals like Digwa.
J C HAYES
Sidmouth, Devon

WHAT'S not to like about Reform's proposal for benefits Britain?
Plans to make the long-term unemployed do "community service", tidying up their neighbourhoods, are absolutely brilliant.
No doubt Labour will not agree and will carry on spending our money inappropriately.
At least if they continue in this way it may well force them into a general election sooner rather than later, which I think many will agree could only be a good thing.
EMMA MORTON
Bere Alston, Devon

THE latest plan from Reform will probably be the one that ensures they never get into No10.
Hot on the heels of Nigel Farage's victory in Clacton, Robert Jenrick MP, the party's Treasury spokesman, said they would reduce the welfare budget by £50billion and replace disability payment system PIP.
This would affect some 3.5million people of working age.
By culling this benefit, there is a risk that instead of continuing to work, paying taxes and National Insurance, PIP claimants would become unemployed and get a fortune in other hand-outs.
Reform's plans also include making companies pay for any employees off sick for the first two years – a huge burden.
Just imagine Reform candidates on the election campaign trail: "Vote for us and we will take away your benefits." It's like asking turkeys to vote for Christmas.
SEAN SPILLANE
Folkestone, Kent

ANDY BURNHAM'S "Listening Tour" will not provide us with any answers on illegal migrants crossing the Channel or show any interest in the safety of women and girls in this country. There is no political will to sort the issue.
The electorate have been let down by the two main parties.
So, come election time, we need to look beyond them and their false promises – or suffer the rapid and frightening consequences of the continued breakdown of the UK.
BARBARA HILL
Nottingham

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Mystic Meg

with MAGGIE HYDE

ARIES March 21 – April 20
It's not like you to put things off, but you know that now isn't the right time to act. You're keen to start building or decorating a house – and it's not the cost holding you back. Follow your hunch that something is in the pipeline and will become a priority. A child's pride is hurt so give lots of praise and talk it all through.

TAURUS April 21 – May 21
You're an oasis of calm compared to what's happening around you, especially when it comes to a partner's work. Calmly gather information and share experiences with others and you'll bring a truth to light. A family celebration brings relatives from overseas and an uncle has an opportunity for you to prosper.

GEMINI May 22 – June 21
You love to gossip, but mum's the word if someone confides a secret. Whether it's medical or money, things may not be as difficult as they seem. Help to find the best way forward, especially if swapping people or treatments would help. A legal document needs a signature so don't hesitate – just do it.

CANCER June 22 – July 22
You care more about home and family than you do about money and possessions but family heirlooms or jewellery really matter. A silver or ruby gift you receive doesn't have high market value but emotionally, it's priceless. Kids are also priceless but make sure you stash some cash away for yourself.

LEO July 23 – August 23
With larger-than-life Jupiter in your sign, there's no way you'll miss the BBQ and drinks at sunset. Yet today there's a complicated family or housing issue that's not easily solved if someone is his or her own worst enemy. A partner's solution isn't ideal but it's the best option. A wedding invite is a big surprise.

VIRGO August 24 – September 22
Someone else seems to have all the fun while Mercury is travelling through your prison zone. You often take on other people's burdens but forget to look after yourself so move positively to arrange some get-togethers with friends. There's a brilliant time to be had with an ex you used to go swimming with.

LIBRA September 23 – October 23
You're feeling strong in yourself and are pre-occupied with several projects but if you feel alone, make time to find out more about an activity that intrigues you. Joining a theatrical group does wonders for your confidence and leads to new friends. If you know you're being underpaid, have the courage to ask for more.

SCORPIO October 24 – November 22
It's impossible to figure out a legal dilemma on your own so get professional advice. Separate the emotional issues involved and listen to Aquarian friends. The Moon in your sign gives you the urge to end a relationship that's going nowhere. You've got big things coming, career-wise, and need space for it.

SAGITTARIUS November 23 – December 21
Your friends know that what they see is what they get with you, so it's hard to understand someone who is elusive and secretive. If it's someone you work with, confiding in a colleague gives you some clues. If it's a love interest, think twice about getting involved. Plans to buy or rent overseas get complicated.

CAPRICORN December 22 – January 20
It's sometimes hard to know how to handle someone who's upset, but you're right to think a friend is over-reacting about his or her love-life. Avoid a chatty meal out together and take in a movie or concert instead. Encourage a partner to be more proactive in finding work or making contact with a specialist.

AQUARIUS January 21 –February 18
There's a power game at play today but use your Aquarian cool to keep away from it. At home or in your neighbourhood, water and plumbing plays up and noisy drilling is irritating. The blokes doing it are upbeat, though – and you might even fancy one of them! Boost your health by going for longer walks.

PISCES February 19 – March 20
You've always respected the supernatural and your spiritual nature picks up on anything fake, so if you're suspicious of anything at the moment, steer clear. At work, an apprentice is a godsend and showing him or her the ropes is a pleasure. Try to get the kids out of the house and into something sporty.

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TRIPLE SunDOKU

EASY

	2	3			7			
		4			5		6	
		8		3		5		1
4					6		3	
		6	5	7	3	9		
	8		4					5
7		5		9		8		
	4		6			7		
			7			2	5	

TEASER

Call 0905 757 0156 for clues or solutions
Cost £1 per minute plus network charge

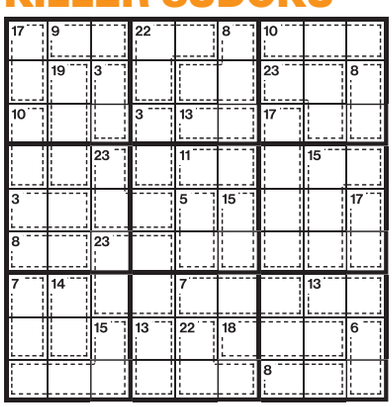
					1			9
	9	1		7	4		2	
	6		9					
3	4						8	6
8		2					3	
6	1		7			4		
9				6			4	
			4		7	2	9	
		7	3	1	9			

TOUGHIE

Call 0905 757 0152 for clues or solutions
Cost £1 per minute plus network charge

		3	5				9	4
	2			1	9			6
6				4		7		1
2						1		
	6	9		5	7	3		2
	3			9			8	
		1	9	2				
4					5			
9	7	6		3				

KILLER SUDOKU



The normal rules of sudoku apply. In addition, the digits in each inner shape (marked by dashes) must add up to the number in the top corner of that shape. No digit can be repeated within an inner shape. Solution on right.

TWO-SPEED CROSSWORD

Two sets of clues but the answers are the same

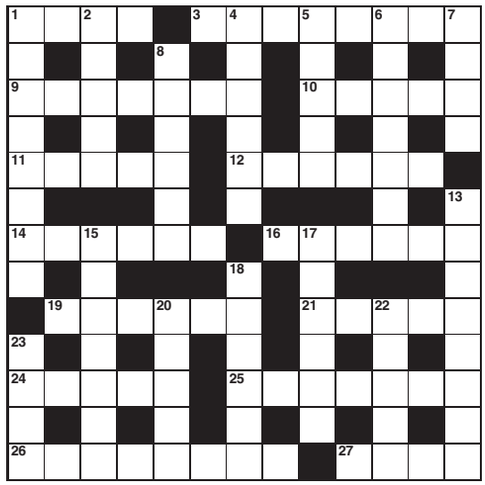
Cryptic

ACROSS

1 Flying creature smothers hosts (4)
3 Range of damaged crumpets (8)
9 It loops around earth (7)
10 Article describing my nut (5)
11 Church official cut boundary (5)
12 A number went into therapy after vacation (6)
14 Yatter about negotiation (6)
16 Aggressive fighting rife in front of church (6)
19 Female member regularly jeers agriculturist (6)
21 Bring fluorine to corrode (5)
24 Spike's conclusion (5)
25 Husband perhaps to leave, American leaving not far behind (7)
26 Remorseful prisoner worn out (8)
27 Each year somewhat painful (4)

DOWN

1 Incentivise friend to collect books one and five (8)
2 Sailor collecting Greek character's large mammal (5)
4 Head around American city to get relish (6)
5 Rub a chef's bananas (5)
6 List describing old male chicken (7)
7 More than one Man U in list (4)
8 Warning on street in cluster of tall objects (6)
13 Greatly upset about Henry's sluggishness (8)
15 Cousin, perhaps, not right to show joy (7)
17 Pass on knowledge to popular class (6)
18 Drunk tramp hiding one sweaty part of body? (6)
20 Car tyre initially found in back room (5)
22 Mixer for drink? Some put on ice (5)
23 European shot Ben-Hur? (4)



Coffee Time

ACROSS

1 Insect attracted to light (4)
3 Distribution of colours produced when white light is dispersed (8)
9 Nutrient-rich upper layer of earth (7)
10 Fruit of the oak tree (5)
11 Brink (5)
12 A score (6)
14 Written agreement between countries (6)
16 Ferocious (6)
19 Livestock or crop manager (6)
21 Go and get (5)
24 Moment of time (5)
25 An associate (7)
26 Repentant (8)
27 Afflicted by sore muscles (4)

DOWN

1 Stimulate (8)
2 Pig-like animal of Central America and Asia (5)
4 Roof of the mouth (6)
5 Cause to fret (5)
6 Cock (7)
7 List of food options (4)
8 Area with densely packed trees (6)
13 Abnormal lack of energy (8)
15 High spirits (7)
17 Notify (6)
18 Anatomical region also known as axilla (6)
20 Move quickly (5)
22 Shot in the arm (5)
23 Long narrative poem (4)

Solutions tomorrow
Get solutions today: Call **0905 757 0150** for Across and **0905 757 0151** for Down before midnight.
Calls cost £1 a minute plus network charge.

Buy the latest Sun Puzzle Books, including crosswords, wordsearches & sudoku, for as little as £4.99 at harpercollins.co.uk or call 0141 306 3100

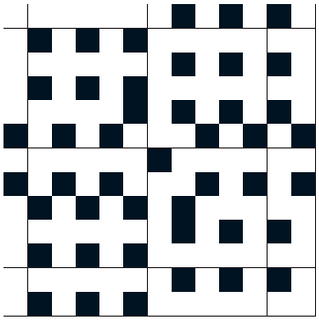
WORDSEARCH

Find seven French foods. Words can run forwards, backwards or diagonally.

P	S	N	A	I	L	S
B	A	C	N	O	C	S
I	F	R	Q	E	O	R
S	N	E	F	R	U	O
Q	T	P	B	A	L	E
U	L	E	R	I	I	N
E	T	A	P	E	S	T

KRISS KROSS

Fit the words into the grid. Solution below right.



3 letters
Apt
Pea
Pot
Pup

4 letters
Ghee
Knee
Opal
Ring

5 letters
Attic
Barmy
Corgi
Dance
Diary
Enact
Ennui
Major
Nutty
Satyr
Scope
Sedge
Showy
Sugar

6 letters
Encode
Gateau
Otiose
Pinkie

7 letters
Austere
Chapati
Earnest
Nourish
Organza
Outgrow
Pompous
Titanic

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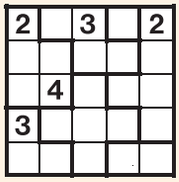


Each cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3, and so on. The same digit must not appear in neighbouring cells, not even diagonally. Solution below right.

THE NAME GAME

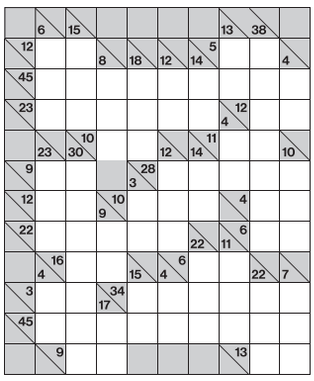
EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify a singer/songwriter:

1	2	3		4	5	6	7	8

5 & 2	She replaced Prue Leith as permanent judge on Great British Menu, then replaced Susan Calman as presenter
8 & 4	Australian leg spin bowling legend who died of a heart attack in 2022
3 & 6	Ms Bellucci, star of The Apartment who played Persephone in the Matrix film series (first and fourth letters of name)
1	Mr Immelman, South African golfer who won his sole major championship at the 2008 Masters Tournament
7	Ms Goddard, English former chat show host who moved to America to be a conflict resolution expert

Yesterday: Entertainer and presenter BRUCE FORSYTH (Ryan Fox, Elizabeth Hurley, Susan Tully, Tommy (Lee Jones), Ruth (Rogers), Constance (Wu), Bobby (George)). Another Name Game in The Sun tomorrow.
Can't wait until tomorrow for the answers? Call **0901 293 6298**
Calls cost £1 plus your network access charge.

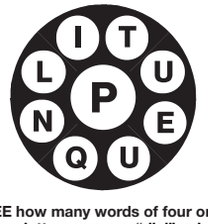
KAKURO



Fill the grid so that each block adds up to the total in the box above or to the left of it. You can only use the digits 1-9 and you must not use the same digit twice in a block. The same digit may occur more than once in a row or column. Solution below right.

SUNDIAL

Brilliant: 17. Excellent: 14.
Good: 10. Great kids' score: 8.



SEE how many words of four or more letters you can "dial" using the one at the centre in each word. You can make at least one word using all of them. Don't use the letters more than once in any word. No proper names or plurals ending in 's'. Words from Collins Concise Dictionary. Solution tomorrow.

YESTERDAY: Agate, agave, agitate, area, attire, aver, avert, aviate, gaiter, gare, gate, gave, gear, geta, gite, give, giver, grate, grave, great, grivet, irate, rage, rate, ravage, rave, regatta, rite, rive, rivet, tare, target, tear, teat, tetra, tier, tiger, tire, titre, treat, triage, trite, trivet, variate, vert, vier, GRAVITATE.

Check today's answers by calling **0905 757 0155** before midnight.
Calls cost £1 per minute plus your telephone company's network access charge.

30-SECOND NUMBERCRUNCH

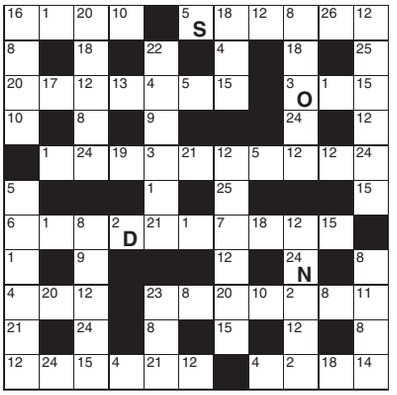
Starting at the left with the number provided, work your way across the three lines one at a time, applying all the mathematical instructions to your running total. Don't use a calculator – that would be cheating! Write your answer at the end. Aim to complete each round in about 30 seconds. Good luck! Answers on the right.

EASY **75**	÷ 3	+ 205	÷ 5	- 38	× 11	+ 96	Half of it	+ 153	÷ 7	ANSWER
MEDIUM **120**	Third of it	- 39	× 12	+ 438	÷ 5	- 38	3/4 of it	+ 304	÷ 7	ANSWER
HARDER **815**	20% of it	- 88	÷ 15	700% of it	+ 3024	3/7 of it	- 347	Quarter of it	- 106	ANSWER

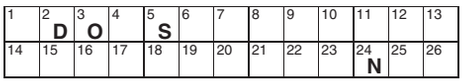
favourite brain-teasers! from Tuesday to Friday

Don't miss Saturday's Sun and The Sun on Sunday for bumper 3-page puzzle specials

WORD WORKOUT



A B C Ø E F G H I J K L M N Ø P Q R S T U V W X Y Z



The world's best brain-teaser – The Sun's clueless crossword. Each grid number in our Word Workout game represents a letter. So if you think 4 is the letter E, write E in all the squares with a 4. The whole alphabet is used and we have supplied some letters to start you off. Answers tomorrow.

YESTERDAY'S SOLUTION

ACROSS: Press, Brass, Nit, Axe, Pro, Quay, Kebab, Totem, Fuzz, Imp, Jib, Ash, Eager, Endow.
DOWN: Pony, Entrust, Soapy, Bleak, Asp, Snobby, Buzzard, Strive, Major, Fibre, Chew, Pug.

For four extra WORD WORKOUT clues
CALL 0901 293 6299 **TEXT** SUNWORD to 64343
Cost £1 plus standard network charge
For clues from the last 7 days **CALL** 0905 624 0010. Cost £1 per min plus network charge

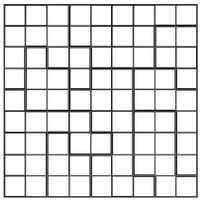
MISSING LINK

Fit ten words into the grid so each connects with the words on either side, eg wishing – well – done. The letters in the shaded squares spell out a literary character. Solution below.

WHAT		HINDSIGHT
TEST		TRAIN
TRANSPORT		SOCIETY
PRESS		FARM
LAMB		SUEY
DRY		STRIKE
MAGNETIC		POSITION
BASMATI		PAPER
FLAT		SPA
TAKE		EIGHTHS

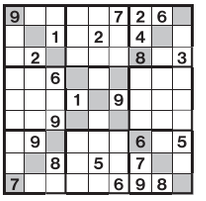
STARS

Put two stars in each row, column and region. Star cells can't touch, even diagonally. Solution below.



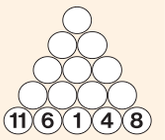
X FACTOR

Normal sudoku rules... but the two main diagonals must also contain the numbers 1-9. Solution below.



ADD UP

If the number in each circle is the sum of the two below it, what is the top number? Solution below.



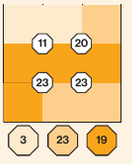
BRAINBUSTER

Using these clues, can you identify these pairs, where the surname of the first person is the first name of the second?

[a] 127 Hours actor; legendary AC Milan defender called "Kaiser Franz"

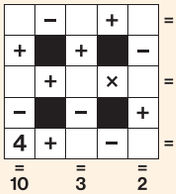
[b] Fame singer; model who played Enchantress in Suicide Squad

SAKURO



Enter the numbers 1 to 9 in the spaces so that the number in each octagon is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals at the bottom. Solution below.

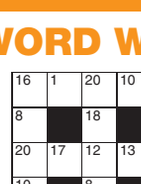
SET SQUARE



Place digits 1-9 to make the sums work. Each digit can be used only once. Solution below.

Yesterday's solutions

Teaser



Two-speed crossword

ACROSS: 1 S-trop, 4 Recital, 8 Sapling, 9 Terse, 10 I-mp-roved, 12 Bush, 14 Nugget, 15 Maniac, 18 S-ash, 19 Ointment, 21 A-(o)live, 22 Sinatra, 24 Make hay (hake may), 25 Sin-us.

DOWN: 1 Se-s-sion, 2 Rap, 3 Prisoner, 4 Rugged, 5 C-it-y, 6 Turquoise, 7 Lee-ch, 11 Po-go-stick, 13 H-a-stings, 16 C-u-t-lass, 17 Pi-g-s-ty, 18 Spa-sm, 20 Me-sh, 23 T-in.

SunDOKU

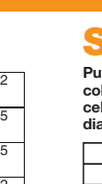
Toughie

NEWSPAPERS SUPPORT RECYCLING

The recycled paper content of UK newspapers in 2025 was 34.7%

Today's solutions

Sqyurn



X Factor

Wordsearch

Killer Sudoku

Kriss Kross

Set Square

Brainbuster

[a] James Franco Bareil
[b] Irene Cara Deleyigne

Missing Link

With, Tube, Cafe, Stud, Chop, Dock, Pole, Rice, Foot, Five
HEATHCLIFF

Sakuro

Stars

Kakuro

Page 2 Sekuta

Top line 754
Middle 921
Bottom 863

Numbercrunch

35, 49, 135

Add Up

65

Calls for clues & answers last no longer than 2 minutes (Sundial answers may vary). Helpline: **0333 202 3890** (9am-5.30pm). Service provider: Spoke, W1T 4HD

ZOOPER SLOW

SELLERS have been urged not to price their homes too high as about half of properties are taking longer to shift than a year ago.

The average time to sell a home is nearly seven times quicker in some towns than others, property website **ZOOPLA** found.

Executive director Richard Donnell said: "If you're selling in a slower market, don't take a wait and see approach — make sure your home is priced right from day one."

SAVVY LADIES

WOMEN under 25 are more successful than men their age at investing money, research by **LLOYDS BANK** has found.

The average female customer aged 18 to 25 has £14,040 in an Invest Wise portfolio with the bank, but the average man that age has has only £9,450 saved up.

It means young women have around 50 per cent more cash via the service, which is designed for investors aged under 26.

Sun money daily

james.flanders@thesun.co.uk

EDITED By JAMES FLANDERS, Business Affairs Editor

Virgin gets Chunnel OK

SET TO RIVAL EUROSTAR

By BLATHNAID CORLESS

VIRGIN TRAINS has been given the green light to take on EUROSTAR with new rail services from London to Europe from 2030.

Sir Richard Branson's firm has been granted approval to run up to 20 daily return trips through the Channel Tunnel between St Pancras and Paris, Brussels and Amsterdam.

The agreement covers the period between October 1, 2030, to December 31, 2040, subject to UK and EU safety approvals.

It comes after Sir Richard was granted access last October to share Eurostar's Temple Mills depot in East London to maintain and store trains.

This is the only depot that can be accessed from High Speed 1, the line that runs between London and the tunnel. Eurostar has held a monopoly on passenger services through the tunnel since it opened in 1994.

On track . . CGI of Virgin train at St Pancras

Sir Richard previously said it was "time to end this 30-year monopoly and bring some Virgin magic to the cross-Channel route".

Following the pre-approval from the Office of Rail and Road watchdog, Virgin Group said it would "bring competition and Virgin's award-winning customer experience to the Channel Tunnel".

FTSE 100 10,720.30 **DOWN** 29.81pts 0.28%

$1.35 €1.17

SHARE PRICES

21st Cent Fox Inc A	5096½	-	
21st Cent Fox Inc B	3351½	-	
Aberdeen Group*	245	-	0 ¼
Anglo American	3950	+	100
Assco Br Foods	1992	-	60
AstraZeneca*	11544	+	84
Aviva	727¾	+	1 ¼
BAE Systems	2241	-	17
BP*	520¾	-	2 ¼
BT Group*	198¾	-	1 ½
Barclays*	515¼	-	5 ¼
Barratt Redrow	323	-	3 ¼
Bco Santander SA	1084	-	16
Brit Amer Tobacco	4150	-	64
British Land	429	-	8 ½
Bunzl	2748	-	10
Burberry Group	1047½	-	32
Compass	2325¾	-	40 ½
Currys	158¾	-	1 ½
Diageo	1708	-	56
Drax Group	724½	+	4 ½
Experian	2804	-	86
FirstGroup	182¼	-	2 ¼
Frasers Group	799	-	15 ½
GSK*	1854½	+	37
Greggs	1803	-	19
HSBC*	1534¼	+	6 ½
IMI*	3090	+	18
ITV	70¾	-	0 ¾
Imperial Brands	2584	-	25
InterCont'l Hotels	11772¾	+	48
Intl Consol Airlines	436¾	-	6 ½
Johnson Matthey*	2300½	-	-
Kingfisher	322¼	-	4 ¾
Legal&General	302¾	-	2 ¼
Lloyds Banking Gp*	114¾	-	0 ½
LSE Grp*	8460	-	76
Marl Group*	314¾	+	0 ¾
Marks & Spencer	381¾	-	1 ½
Mitch & Butlers	276½	-	7
Mitie Group*	208¼	+	0 ¼
Mobico Group	26¼	+	0 ½
Mothercare	0¾	-	-
NatWest Group*	707¼	-	0 ½
National Grid	1188½	-	5
News Corp A	2328¼	-	1
News Corp B	2407¼	-	37 ¼
Next	15055	-	200
Pennon*	453¼	-	9
Persimmon	1167	-	20
Prudential	1036½	+	11 ½
Rank Group	106¼	+	0 ¾
Reckitt Benckiser*	5006	-	108
Rentokil*	346½	-	4 ½
Rightmove	506½	-	4 ¼
Rio Tinto Ltd*	8833½	+	60 ¾
Rolls-Royce*	1563¾	+	22 ¾
SSE*	2407	-	13
Sainsbury's	333¼	-	10 ½
Segro*	955	-	5 ¾
Severn Trent	3022	-	68
Shell*	3335	+	15
Smith&New	1087	-	9
Smiths News	69¾	-	0 ¼
Standard Chartered*	2244	+	25
Tesco	448¾	-	12 ¾
The Sage Grp	1046	-	14 ½
Unilever*	4503½	-	86
United Utilities	1392	-	20
Vanquis Banking Gp	78¾	-	1
Vesuvius	392½	-	2 ¾
Vodafone	119¼	-	2
WH Smith	420	-	9 ¼

* = ex dividend

SHORTEST USE-BY WAIT

WAITROSE has the shortest shelf life for fresh food in online orders, a study of six supermarkets has found.

Mystery shoppers at consumer champion Which? placed orders over a two-week period and found perishable goods at the posh retailer had a typical use-by date of 7.7 days after purchase. ASDA had the longest shelf life, with an average of 11 days. TESCO products had 8.8 days, SAINSBURY'S was 10.2, while OCADO and MORRISONS both had 10.4.

The basket of 29 items included scones, bread and sausages.

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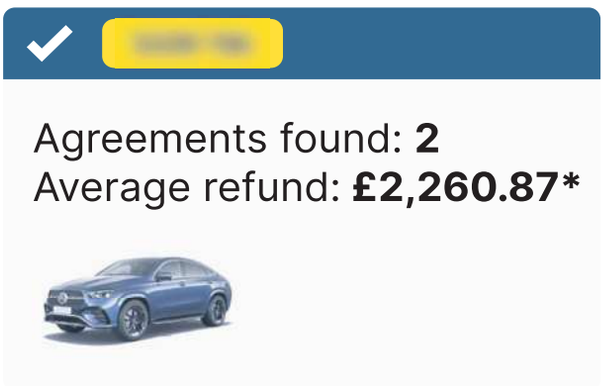

Find My Agreements*

Scan the QR Code →

Or visit:

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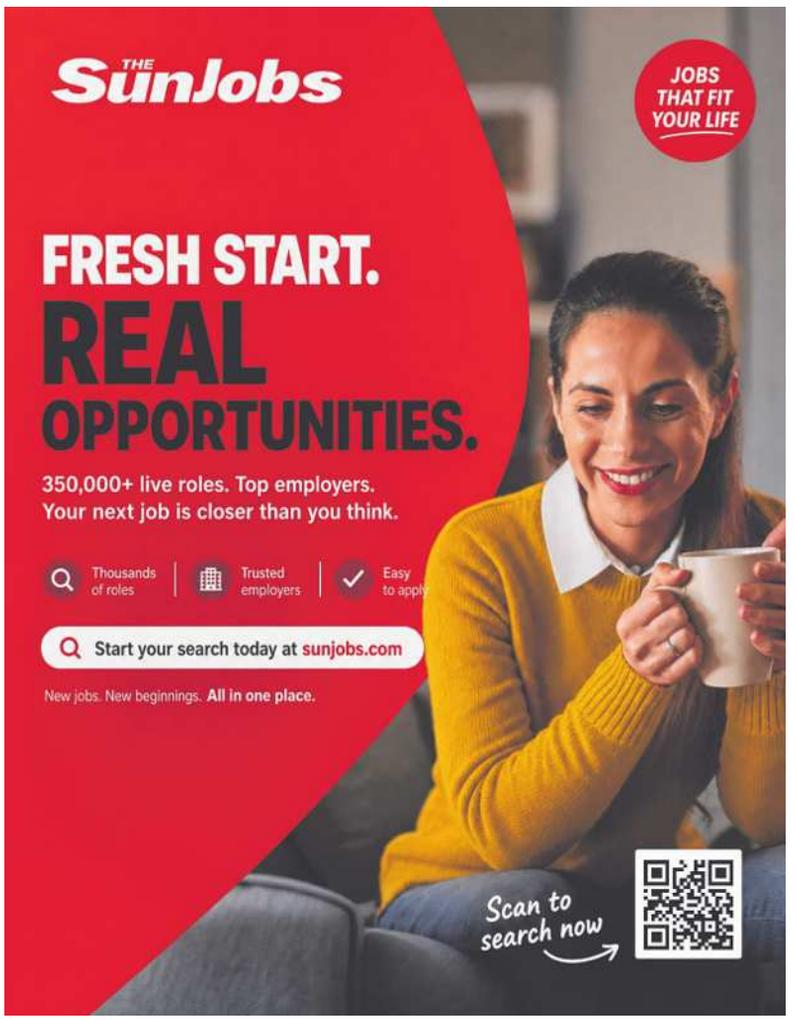
Fountain Finances is a claims management company. You can complain for free directly to your lender, the Financial Ombudsman Service, or through the FCA's free motor finance redress scheme. We receive a referral fee from our partner law firm if you choose to proceed. *£2,260.87 is the average claim value per MotoNovo agreement of our partner law firm, HD Law as of July 31st 2025. *Our Free Check confirms whether motor finance agreements have been identified from your credit search and the number found. Further details of any agreements will be provided once HD Law is instructed.



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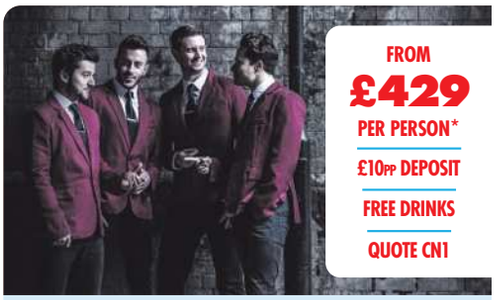
TERMS AND CONDITIONS: *Return coach travel is available from an extensive network of pick-up points in England and Wales. A small number of pick-ups may incur a supplement of £15-£30pp. Coach package holidays are subject to tour operator Just Go! Holidays' terms and conditions. Your booking is protected by Bonded Coach Holidays and the Association of Bonded Travel Organisers Trust Limited; government-approved consumer protection schemes. Tours are offered subject to availability and government guidelines. Operated by Just Go Holidays Ltd. Prices are per person, based on two people sharing a double/twin room. Single supplements apply. Please see the website or call for further details.

THE Sun TRAVEL

WARNER HOTELS | GN Holidays & Voyages | QUALITY HOLIDAYS SINCE 1997 | GOLD BRITISH TRAVEL AWARDS 2025



FROM £429 PER PERSON* £10PP DEPOSIT FREE DRINKS QUOTE CN1

THRU THE DECADES CARRY ON NEW YEAR ISLE OF WIGHT PARTY

28 January 2027 • 4 nights • Warner Norton Grange, Isle of Wight

ENTERTAINMENT:

New Year Party with Rich Mix & Keith Slater, Joey Scott, Nancy Ann Lee's Papa Don't Preach 80s tribute show, Soultown Divaz, Suzy Hopwood's Kylie Alike, Paul da Vinci's 60s & 70s Explosion, Marc Robinson's Winter Dance Party which includes tributes to Buddy Holly, Richie Valens, The Big Bopper & Dion & The Belmonts; The Four D's, Sarah Riches – Hopelessly Devoted to Olivia with Band, Country Joe, SOS Blues Brothers, Police tribute The Rozzers, Motown Legends, The Boulevards, Frankie Valli & The Four Seasons tribute West End Jerseys, Cheyne Moore's Motown & Soul and The GN A-way Team.

INCLUDES:

- FREE bar 6pm-midnight every night - selected branded beers and spirits, house wine by the glass, selected soft drinks and mixers
- Full entertainment programme daytime and evenings*
- Four nights sharing a standard double/twin en-suite chalet – singles and upgrades available
- Four breakfasts and four dinners
- Car ferry and parking

FROM £439 PER PERSON* £10PP DEPOSIT FREE DRINKS QUOTE CO2

BEST OF THE 60s & 70s SUFFOLK COAST PARTY

5 February 2027 • 3 nights • Warner Corton, Lowestoft

ENTERTAINMENT:

Chris Nott's 70s Heartthrobs, The Firebirds, The Chapman Twins, The Austin Beats, Union Gap UK, New Amen Corner, Country Joe, The Searchers Experience featuring Spencer James, Maxine Mazumder as Dusty, The Hijacked Hollies, Glen Leon as Tom Jones with band and The GN A-way Team.

INCLUDES:

- FREE bar 6pm-midnight every night - selected branded beers and spirits, house wine by the glass, selected soft drinks and mixers
- Full entertainment programme daytime and evenings*
- Three nights sharing a standard double/twin en-suite chalet – singles and upgrades available
- Three breakfasts and three cabaret-style dinners
- Car parking

FROM £459 PER PERSON* £10PP DEPOSIT FREE DRINKS QUOTE LK2

BACK TO THE 60s & 70s WINTER WARMER HAYLING ISLAND PARTY

15 February 2027 • 4 nights • Warner Lakeside, Hayling Island

ENTERTAINMENT:

The Hijacked Hollies, The Foundations, Paul Metcalf – The Rod Stewart Story, YMCA Village People Experience, DS:UK tribute to Dire Straits, Sarah Riches – Hopelessly Devoted to Olivia, Joey Scott, Motowns Legends, Bruce Parker – The California Soul Man, The West End Jerseys, Country Joe, Child, Martin Jarvis as Tom Jones, The Chapman Twins, Cheyne Moore, The Temple Bros play The Everlys and Christopher Gee's `Audience with the Stars', The Decades Band and The GN A-way Team.

INCLUDES:

- FREE bar 6pm-midnight every night - selected branded beers and spirits, house wine by the glass, selected soft drinks and mixers
- Full entertainment programme daytime and evenings*
- Four nights sharing a standard double/twin en-suite chalet – singles and upgrades available
- Four breakfasts and four cabaret-style dinners
- Car parking

FROM £479 PER PERSON* £10PP DEPOSIT FREE DRINKS QUOTE BE3

SPRING THRU THE DECADES ISLE OF WIGHT PARTY

15 March 2027 • 4 nights • Warner Bembridge Coast Hotel, Isle of Wight

ENTERTAINMENT:

Herman's Hermits, Paul Metcalf – The Rod Stewart Story, Tom Harding of Union Gap UK, Shomaddymaddy, Badness, Jamie Thurston, SOS Blues Brothers Tribute, Cheyne 'Queenie' Moore, Joey Scott, Stephen James `Teenager in Love Show', Tameka Jackson as Diana Ross, The Four D's with band, ET as Bob Marley, YMCA Village People Experience, Country Joe, Soul Kinda Wonderful, Straight Circles, Liam Halewood as Boy George, Christopher Gee's 'Audience with The Stars' and The GN A-way Team.

INCLUDES:

- FREE bar 6pm-midnight every night - selected branded beers and spirits, house wine by the glass, selected soft drinks and mixers
- Full entertainment programme daytime and evenings*
- Four nights sharing a standard double en-suite chalet – singles and hotel upgrades available
- Four breakfasts and four dinners
- Car ferry and parking

FROM £529 PER PERSON* £10PP DEPOSIT FREE DRINKS QUOTE CO4

SPRING THRU THE DECADES SUFFOLK COAST PARTY

12 April 2027 • 4 nights • Warner Corton, Lowestoft

ENTERTAINMENT:

James Williams Showband, The Revolvers, Country Joe, Joey Scott, The Beached Boys, Carnaby Street, Bobby Gee's Bucks Fizz, Martin Jarvis as Tom Jones, The West End Jerseys, Stephen James `Teenager in Love Show', Sounds Imperial, YMCA Village People Experience, Christopher Gee's Audience with The Stars, Tameka Jackson as Diana Ross and The GN A-way Team.

INCLUDES:

- FREE bar 6pm-midnight every night - selected branded beers and spirits, house wine by the glass, selected soft drinks and mixers
- Full entertainment programme daytime and evenings*
- Four nights sharing a standard double/twin en-suite chalet – singles and upgrades available
- Four breakfasts and four cabaret-style dinners
- Car parking

FROM £499 PER PERSON* £10PP DEPOSIT FREE DRINKS QUOTE LK4

THRU THE DECADES HAYLING ISLAND PARTY

26 April 2027 • 4 nights • Warner Lakeside, Hayling Island

ENTERTAINMENT:

James Williams Showband, The Dreamers, Tameka Jackson as Diamond Ross, Billy Shannon, Cheyne 'Queenie' Moore, Carnaby Street, Maxine Mazumder as Adele, YMCA Village People Experience, The Temple Brothers Everlys and Favourites Show, The Remakes, The Four Ds tribute to The Temptations and Frankie Valli and The Four Seasons, Destiny Michelle as Whitney Houston, Joey Scott, Motown Duo, Nat Augustin as George Benson, Counterfeit Quo, Country Joe, comedian Funny Tucker and The GN A-way Team.

INCLUDES:

- FREE bar 6pm-midnight every night - selected branded beers and spirits, house wine by the glass, selected soft drinks and mixers
- Full entertainment programme daytime and evenings*
- Four nights sharing a standard double/twin en-suite chalet – singles and upgrades available
- Four breakfasts and four cabaret-style dinners
- Car parking

TERMS & CONDITIONS: These private events cannot be booked directly with Warner. Operated by GN Holidays & Voyages (ABTA Y0291) open Mon-Fri 9am-5.30pm. Prices shown are per person based on two people sharing a standard chalet or room - upgrades and singles available. Deposit from £10pp, or full payment if booking less than 12 weeks before the event. *GN reserves the right to change acts performing. Over-40s only.

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9am to 5.30pm Monday to Friday or book at GNHOLIDAYS.COM/SUN

Sun travel

Edited by LISA MINOT
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hot spots

- **IT'S 28C in VENICE: Four nights' room-only at the 4★ Ruzzini Palace is from £615pp with Stansted flights on August 23 plus private transfer by car and water. See Cooptravel.co.uk.**
- **ST LUCIA is 31C: Seven nights' all-inclusive at the 5★ Royalton Saint Lucia is from £1,299 per child/£1,645 per adult, with Gatwick flights in Sept/Oct. See Kenwoodtravel.co.uk.**

SAVE CASH AND SWAP ISLES FOR MAINLAND

MADEIRA for the ALGARVE
Save £344pp

MADEIRA is all verdant forests, cliffs and volcanic drama, and it charges for the privilege.

What the Algarve has that competes is the same coastal theatre with sandy beaches.

The Seven Hanging Valleys Trail scrambles along golden cliffs between Praia da Marinha, regularly voted one of Europe's best beaches. And don't miss the Benagil sea cave with its famous skylight. Base yourself in Lagos for the Ponta da Piedade arches, or Albufeira for waterparks, dolphin-spotting boat trips and a full strip of restaurants.

IBIZA for COSTA BLANCA
Save £336pp

NOWHERE can match Ibiza's superclub DC10, but the Costa Blanca gets closer than you would think. Alicante's old town, El Barrio, runs tapas crawls into club nights that finish at 3am, and the city has two miles of golden sand at San Juan.

Benidorm, half an hour up the road, is a 24-hour operation with cabaret, karaoke and Blue Flag beaches.

For the stunning holiday snaps, there's the whitewashed coastal towns of Altea as well as Calpe, where the 332m Penon de Ifach rock rears out of the sea.

Land a real bargain

IT goes without saying that much of what an island holiday needs arrives by boat or plane. The beer, the sunbeds . . . the bloke fixing the air con.

And holidaymakers end up paying the difference.

Holiday comparison site TravelSupermarket has found five island faves where a week away can cost hundreds of pounds per person more than it does on the mainland coast of the same country.

Here, we list five island-to-mainland swaps that will save you a fortune.

Island	Island (pppw)	Mainland	Mainland (pppw)	Saving (pppw)
Madeira	£923	Algarve	£579	£344
Ibiza	£964	Costa Blanca	£628	£336
Skiathos	£973	Halkidiki	£793	£180
Menorca	£659	Costa Brava	£496	£163
Majorca	£686	Costa Dorada	£533	£153

SKIATHOS for HALKIDIKI
Save £180pp

THE trick here is that Halkidiki barely feels like the mainland.

Sithonia's pine-backed coves, including the turquoise waters of Kavourotrypes and the fjord-like bay at Porto Koufo, are a match for anything on the isle of Skiathos.

Kassandra has big organised beaches and hotels, with the northern resorts the easiest to reach from Thessaloniki airport.

Check out the boat trips that run along the monastery coast of Mount Athos.

MENORCA for COSTA BRAVA
Save £163pp

MENORCA is known for its calas, small sheltered coves where a scoop of sand sits between pine-topped cliffs.

The Costa Brava has them too, along the Cami de Ronda, the old smugglers' path that links cove after cove. Aiguablava and Sa Tuna below Begur are the postcard ones, and the clifftop walk between Calella de Palafrugell and Llafranc takes 20 minutes. Add the medieval walls at Tossa de Mar, the Dali Theatre-Museum at Figueres and tapas in Girona, and there's more to do on the mainland on less sunny days.

MAJORCA for COSTA DORADA
Save £153pp

MAJORCA has been a popular family hotspot for decades, with shallow bays, kids' clubs and waterparks.

The Costa Dorada does the same job for less, and it has one thing the island can't match — PortAventura World. It boasts everything from the eight-loop Dragon Khan and the 100m-plus drop Hurakan Condor, to Ferrari Land and the Caribe water park.

Plus, Salou has two long sandy beaches and a lively strip, Cambrils next door is the seafood port, or check out Tarragona's Roman amphitheatre by the sea.

A SAGA OF SONG WITH KATHERINE

SINGING sensation Katherine Jenkins will join a Saga voyage next year, performing twice during a 73-night Grand Voyage to South America on Spirit Of Adventure.

The sailing is one of the most exciting in the company's history, ticking off 21 ports in 15 countries including stops at Rio de Janeiro and Buenos Aires.

Katherine, *inset*, will perform in the ship's 444-capacity Playhouse Theatre, on January 22 and 23.

Holidaymakers who cannot join for the full voyage will be able to book one of four smaller cruises, such as a 23-night Portsmouth to Buenos Aires sailing, departing on January 7 with fares from £7,999pp.

See saga.co.uk/cruises.

lates

MAJORCA: Four nights' half board at the 4★ Hotel Kyrat Amarac Suites in Cala Millor is from £439pp including flights from Manchester on September 13, 25 and 27. See superescapes.co.uk.

YORKSHIRE DALES: Four nights' self-catering at Eldred Cottage Middleham in Leyburn is from £132pp, based on five sharing, arrive August 31. See yorkshirehideaways.co.uk.

DUBAI: Five nights' full board at the 5★ Al Habtoor Grand Resort is from £949pp, fly from Gatwick on September 9. Call 0203 393 9620 or see travelbag.co.uk.

CORNWALL: Seven nights' self-catering in a two-bedroom holiday home at Cornish Meadows Holiday Park is from £648, for arrival on September 7. Sleeps up to six and a dog. Call 0333 200 2565 or see lovatparks.com.

MALTA: A week half-board (inc water, soft drinks, beer and wine with dinner) at the 4★ Solana Hotel & Spa is from £699pp, from Gatwick on selected dates before October. Includes tickets to the Malta Experience show and other extras. See travelzoo.com/uk.

ALBANIA IS TAKING OFF THIS YEAR

WE'RE all going barmy for Albania this summer.

The southern Europe hot spot has become one of the fastest growing holiday destinations for Brits, new research has shown.

Thomas Cook has recorded a 293 per cent increase in bookings year-on-year to the budget destination as a result of tightening purse strings.

And with the country easier to reach than ever before – thanks to direct flights from London, Birmingham, Manchester, Edinburgh and Liverpool airports during summer season – holidays are selling like hot cakes.

Thomas Cook packages cost from £165pp for a seven-night room only stay at the 4★ Hotel Alion in Durres, including flights from Luton on November 2.

Or those who fancy a spot of luxury can spend seven nights' B&B at the 5★ Flower Hotels & Resorts in Golem from £315pp, flying out of Luton on October 13. See thomascook.com.

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*InsureandGo Gold and Black achieved Which? Best buy. InsureandGo Gold and Black has been 5 Star rated by Defaqto. [1] Unlimited emergency medical expenses available on Black policies. * Discount applies to the base premium only, does not apply to any premium generated to cover medical conditions or optional extras and is automatically applied. This discount cannot be used in conjunction with any other offer. Offer ends at 23:59 on 31/08/26. See website T&Cs for more details.*

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FERY . . . Davis Cup nod

Fery foot in the 'dor

By HARRY TALBOT

WIMBLEDON sensation Arthur Fery is in the GB Davis Cup team for next month's home qualifying showdown with Ecuador.

The nation took fresh-faced Fery, 24, to their hearts as he shocked the world by making the men's singles semis at SW19.

The French-born star will be joined by Cameron Norrie and doubles players Henry Patten and Lloyd Glasspool at the London Copper Box on September 19-20.

A fifth spot is up for grabs, which could go to Jack Draper if he is fit.

Captain Leon Smith said: "Ecuador will be up for it, so to be able to call on our top two singles players and two of the world's best doubles players gives us a great chance."

Sel hails new cue

By ROB MAUL

MARK SELBY will chuck away the receipt for his new cue as bids to be snooker's No1 again.

The Jester from Leicester, 43, claimed a record fourth China Open with his recently-bought stick.

Selby joked: "I might go back to the old cue when I get home!

"I have still been questioning it [the new cue] all week. There's a couple of shots I am not happy with.

"But I have got to keep on playing with it."

His £250,000 success means he heads to next week's Wuhan Open hoping to eclipse Judd Trump.

Selby, who was last world No1 in 2022, is vying for supremacy with Trump, Zhao Xintong, Wu Yize and Neil Robertson.

Lew gets heads up

MIKEY LEWIS has been told to learn from his headbutt madness by leading Hull KR to victory.

Rovers' talisman returns from a four-match ban — for an off-the ball incident with Warrington's Adam Holroyd — in tonight's rearranged home game against the Wolves.

Robins boss Willie Peters, whose side will go third with a win, said: "He needs a calmer head.

"I'd like to see Mikey progress into that senior leadership group. But you achieve that through your actions and behaviour.

"We're a better team with Mikey in it. But it was important we won those four games.

"If we hadn't, people would say we couldn't win without Mikey and doesn't teach him anything."

THE WINNER

RUNNING ON EMPTY . . . Hunt's Instagram post in deserted stadium

FAVE

From Back Page

pick up telly's top sports honour in December.

Athletics has supplied 19 winners of the award over 72 years, with Olympic 800 metres champion Keely Hodgkinson crowned in 2024.

Hunt, 24, said: "It's crazy. It's a ceremony I used to watch every year growing up."

"Seeing someone like Keely win it definitely inspires all of us to work harder to get a bit of that trophy, too."

Scot Josh Kerr is second favourite at 9-2, while fellow middle-distance runner Georgia Hunter Bell is a dark horse.

Darts star Luke Littler (8-1), England captain Harry Kane (9-1), two-time Olympic skeleton king Matt Weston (9-1) and Masters champ Rory McIlroy (10-1) are also tipped for the Beeb's six-name shortlist.

Kat out of the bag for Jazmin

JAZMIN SAWYERS reckons returning from a ruptured Achilles has given her an unbreakable spirit.

And she revealed fellow Brit Katarina Johnson-Thompson's role in her recovery.

Two years ago, Britain's leading long jumper Sawyers *(right)* missed the Paris Olympics after a serious injury.

Yet she always believed she would return to the runway — thanks partly to two-time heptathlon champion KJT, who had the same issue.

And. this summer. Sawyers became a Commonwealth champion and now European silver medallist.

By ROB MAUL

The 32-year-old said: "I have confidence in my ability to handle adversity. Having come back from an Achilles rupture, I feel I can handle anything.

"So a silver medal by a centimetre, an outdoor PB, I'm chuffed.

"The only reason I got through it is I believed I would be back here.

"Kat, who did her Achilles in 2020, came back as world champion and she gave me advice along the way."

DRIVEN . . . Hunter Bell has Hodgkinson in her sights

BELL ON EVEN KEEL

GEORGIA HUNTER BELL may challenge Keely Hodgkinson next month in her quest for a Golden Quadruple.

The Surrey middle-distance runner, 33, has amassed three gold medals from three major championships in 2026.

She added the European 1500 metres title on Sunday to her world indoor crown over the same distance and Commonwealth victory over 800m.

Hunter Bell will head to the new World Athletics Ultimate Championships in Budadest from September 11-13 – but is unsure which of the two events to enter.

An 800m battle with Hodgkinson and European champ Audrey Werro in Zurich on August 27 might sway her thinking. A fourth successive gold would be some feat.

By ROB MAUL

Hunter Bell told SunSport: "If I am trying to do the Quadruple, you need to think which race would be the best option.

"The 800m at the Ultimate World Champs would play nicely to my strengths because there is a round before the final.

"Endurance comes into it. It's back-to-back days. It would be such a good race. Would that be more fun to do than a 1500?

"We will have to see how the next few weeks play out. I have to decide relatively soon – Zurich will give me more answers.

"That will be my first fast 800m of the year.

"All the others have been in Championship environments."

There was no party after her Birmingham triumph – she headed straight back to London.

But Hunter Bell did treat herself to a glass of wine yesterday following her Euro 1500m triumph.

She revealed: "Honestly, no celebrations. My husband, my father-in-law and I drove back at 12.30am back to London.

"We got back about 2am. I fell asleep around 5am for an hour.

"I have glasses of wine throughout the season. I'm not one of those people who say 'No' drinking in a season.

"I love being in bed early. Whatever happens, I just don't want a late night.

"After the race I was in the car responding to people's messages.

"You watch the race back and how it played out.

"There was a lot of debriefing. You just cannot sleep."

TAKES IT HAUL...

Knowing Amy, knowing you

HUNT CELEBRATES WITH ABBA

MAMMA MIA, HERE SHE GOES AGAIN . . . ABBA fan Hunt after her record fourth gold on Sunday night

IT was after 11pm on Sunday when Amy Hunt, fresh from winning a record four European gold medals, returned to the Alexander Stadium.

Nobody was there, the stands were all empty, a successful European Athletics Championships had finished, but Hunt could not resist one final dash down the home straight in Birmingham.

Dressed in a white UK Athletics tracksuit, with four bits of bling round her neck, the pace was much slower this time as she played up to the camera.

And after the Amy Games were done, she posted footage on her Instagram, which "has almost doubled" to 200,000 followers.

She captioned the post with the words "How it feels to become a 4 x European Champion" accompanied by the ABBA track The Winner Takes It All.

Indeed, the winner does take it all, and Hunt celebrated her remarkable **FOUR**-midable feat with fast food which she called "one of the best-tasting KFCs I've had in my life", a 2am massage and one glass of champagne with her coach.

Hunt, 24, says she is ready for the publicity that is coming her way. The Newark sprinter, who trains in Padua in Italy, said: "Fame is definitely not something I shy away from.

"I'm not scared of it at all. It's a privilege to be famous as a track person. Hopefully, we can get to the same levels as someone like Linford Christie.

"One thing about my set-up that is important and special to me, is that we live in such a bubble in this kind of Renaissance city in northern Italy.

"I'm someone who doesn't shy away from attention and enjoys the sense of performance and putting on a show.

"But it's also quite lucky for me that I have such a secluded set-up – with training partners from all over the world for whom the Europeans don't mean as much as it does to others.

"Also for them to take the mick out of my Italian and whatnot. So it keeps me grounded, keeps me humble."

But there is no time to rest upon her laurels as she has signed up to a Diamond League meeting over 200m on Friday night in Lausanne against Jamaican Shericka Jackson, 32, a multiple Olympic medallist.

It is one thing to dominate Europe, the next step is to rule the world.

But she will use Birmingham's bullion haul as a trial run for the Beijing World Championships in 2027 and the LA 2028 Olympics. Like a heavyweight boxer, Hunt was confident and brash about her prospects but she reckons you need to talk yourself up to be successful.

The Cambridge-educated sprinter said: "Just speaking confidently kind of draws people in.

"I think people are attracted to that kind of no facade, full confidence, full throttle kind of way of speaking.

"It's something we have in other sports. If you're going into a Wimbledon final, it's obviously quite clear that you want to win that match.

"Life is short. Why not be ambitious? We're all thinking these things, so why not just say them out loud?

"Especially in the sprints, you have to be so utterly confident on that start line.

"It's like nothing else on this planet. I'm trying to get from A to B as fast as humanly possible.

"I have to be so utterly convinced of myself, my own power, strength, speed and my own methodology to be able to make that all kind of come together.

"Because it's such a mental game just having that kind of edge gives you one to two per cent. I won the race by two hundredths of a second, so some of that might just be down to confidence.

"I do think it's good for the sport. We've seen from these champs that the public really love track-and-field.

"Athletics coming back with a bit of swagger is what everyone needs."

By ROB MAUL

COX . . . good advice

Jordan is playing it so Kohl

By JOHN ETHERIDGE

JORDAN COX will be inspired by India legend Virat Kohli when he plays his second Test match for England this week.

Although Cox stayed on the bench for this year's IPL winners Royal Challengers Bengaluru, he still picked the brains of the team's superstar batsman.

He intends to use that advice when he replaces the injured Jacob Bethell at No 3 in the First Test with Pakistan starting at Headingley tomorrow.

Cox explained: "Virat is crazy on the field but one of the nicest guys off it.

"It's about how I can be like that — really aggressive on the field, then when I come off everyone says, 'He's a great bloke.'

"I'll keep his advice in mind for ever, I think.

"He's someone I'll text if I'm ever feeling down or need a bit of help."

Cox, 25, met Kohli in London before his Test debut against New Zealand earlier this summer.

He added: "Virat told me to enjoy the moment, have fun and remember the sun will still come up in the morning."

Ben Duckett, Gus Atkinson and Josh Tongue — who played in Sunday's Hundred final — linked up with the squad yesterday but did not train.

Sport

UNCAPPED seamer Grace Potts and keeper Kira Chathli are in the England squad for next month's women's ODI series with Ireland.

Charlie Dean will be captain as Nat Sciver-Brunt is rested.

SHORT

SHEFFIELD UNITED chiefs blasted ex-owner Prince Abdullah's warning the Blades could be docked points if they do not cough up £35million.

Abdullah claims his troubled company United World is owed the sum from Helmy Eltoukhy and Steven Rosen's 2024 takeover. And he said if the firm is wound up, a 12-point deduction could follow.

A source responded: "We're disappointed he is trying to hurt the club with publicity stunts."

SPORTS ROUND-UP: RESULTS & FIXTURES

SKY BET CHAMPIONSHIP

CARDIFF (0) 1 WREXHAM (1) 1
R Colwill 90 — Moore 3
Att: 31,421

BADMINTON

BWF WORLD CHAMPIONSHIPS (New Delhi): **1st rd, Men's Singes -** H Huang (Eng) bt U Canjura Artiga (Sal) 2-0; N Nguyen (Irl) bt A Dinata (Cro) 2-1. **Women's Singles -** Y Han (Chn) bt K Gilmour (Sco) 2-1. **Men's Doubles -** A Dunn & A Pringle (Sco) bt C Charoenkitamorn & W Thongsa-Nga (Tha) 2-0; C Grimley & M Grimley (Sco) bt K Lee & T Lindeman (Can) 2-1; H Amsakarunan & M Arjun (Ind) bt S Guildea & P Reynolds (Irl) 1-0 ret; A Green & Z Russ (Eng) bt R Alimov & M Ogloblin (Rus) 2-0. **Women's Doubles -** I Meida & R Nastine (Ina) bt J Macpherson & C Torrance (Sco) 2-0.

CRICKET

FIRST TEST MATCH
Sri Lanka v India

Galle: India 462 (116.4 overs; D Padikkal 167, KL Rahul 82, D Jurel 51; P Jayasuriya 4-109, K Nuwantha 3-175); Sri Lanka 284 (79.4 overs; S Dinusha 100, N Dickwella 80; M Suthar 4-76; R Jadeja 3-57).

TENNIS

ATP & WTA CINCINNATI OPEN (Ohio): **3rd rd, Men -** F Cobolli (Ita) bt A Blockx (Bel) 7-5 4-6 7-5; T Tirante (Arg) bt M Landaluce (Spa) 7-6 (7-5) 7-6 (7-4). **Women -** D Parry (Fra) bt L Boisson (Fra) 4-6 6-4 6-3; I Swiatek (Pol) bt M Sakkari (Gre) 4-6 6-1 6-1.

TODAY'S SPORT

(7.45 unless stated)

UEFA CHAMPIONS LEAGUE
PLAY-OFF ROUND FIRST LEG

Levski Sofia v AEK Athens 8.0
Dinamo Zagreb v Viking FK 8.0
Fenerbahce v Lyon 8.0

EFL TROPHY NORTHERN GROUP B
Wigan v Aston Villa U21 ..... 7.0

GROUP E
Stockport v Everton U21 ..... 7.0

SOUTHERN GROUP C
Reading v Wycombe 7.0

GROUP F
Barnet v Arsenal U21 .....
Leyton Orient v AFC Wimbledon .. 7.0

GROUP G
Northampton v Brighton U21 ... 7.0

EMIRATES FA CUP EXTRA PRELIMINARY ROUND REPLAY: Broadfields Utd v Herne Bay.

ENTERPRISE - North: Bedford Tn v Buxton, Brackley v King's Lynn Tn, Darlington v Chester FC, Hebburn Tn v Worksop Tn, Hednesford Tn v Southport, Hereford FC v Radcliffe, Marine v Chorley, Merthyr Tn v AFC Telford, Morecambe v South Shields, Oxford City v Harborough Tn, Scarborough Athletic v Spennymoor Tn, Spalding Utd v Macclesfield FC. **South:** AFC Totton v Dorking Wanderers, Dover v Tonbridge Angels, Hemel Hempstead v Maidenhead Utd, Horsham v Hampton & Richmond, Maidstone Utd v Folkestone Invicta, Slough v Farnham Tn, Torquay v Weston-S-Mare, Walton & Hersham v Dag & Red.

NORTHERN PREMIER: Ashton Utd v Whitby, Cleethorpes v Alfreton, Curzon Ashton v Bamber Bridge, Gainsborough Trinity v Stockton, Guiseley v Bury FC, Hyde Utd v FC United of Manchester, Ilkeston v Warrington Tn, Leek v Emley AFC, Redcar Athletic v Lancaster City, Warrington Rylands v Quorn.

SCOTTISH LOWLAND LEAGUE WEST: Caledonian Braves v Clydebank, Cumnock v Largs Thistle, Kilwinning Rangers v Albion.

CRICKET

First Test Match—day 4 of 5: Sri Lanka v India (Galle, 5.30am).

RUGBY LEAGUE

Betfred Super League (8.0): Hull K R v Warrington.

PLAYERS' debates with refs will be heard in live broadcasts for the first time this season.

Enhanced Premier League coverage will show one or two clips from the head-mounted RefCams worn by officials. Previously, footage could only be televised several days after matches.

No audio from VAR incidents can be broadcast live, just the odd instance from each match round.

CH'SHIP

LIVE ACTION

WILL POWER . . . Rubin Colwill joy after his late leveller for Cardiff

Col of duty

RUBIN HITS LATE LEVELLER

By JUSTIN ALLEN

RUBIN COLWILL snatched a point for Cardiff with a dramatic free-kick deep into stoppage time.

It looked like Kieffer Moore's third-minute strike for Wrexham against his former club would secure Welsh bragging rights.

But as the game went into the **EIGHTH** minute of added time, George Dobson brought down Joel Colwill an inch outside the area.

And his brother Rubin kept his composure to fire a brilliant free-kick that sent Bluebirds fans into a frenzy.

The goal hero said: "I'm so happy. It's been a really tough few years for us, so to get that moment there for everybody here was special.

"I know I can score goals like that, so I had to stay calm and focus on my technique and hope it goes in."

And Cardiff boss Brian Barry-Murphy added: "It is always difficult when you concede an early goal. But it was a fantastic strike from Rubin – a deserved point."

Wrexham had silenced the home crowd with that early breakthrough in the sides' first league meeting since 2002. The hosts cleared a free-kick but the ball was hooked back into the box by Danny Imray. Moore *(left)* was on to it in a flash and sent a ferocious angled effort past Cardiff keeper Nathan Trott.

It was his fourth goal in his last four games against The Bluebirds.

Wrexham set the pace early on and, shortly after the goal, Callum Doyle forced Trott into a point-blank fingertip save.

Zak Vyner then played Imray in on the right and his 18-yard shot was not too far away.

Wrexham keeper Anthony Patterson had to make a last-ditch tackle to stop Yousef Salech, who tried to cash in on a sloppy back pass from Vyner.

Wrexham started the second half brightly. Oliver Rathbone threaded a peach of a ball through to Doyle – but his shot was well saved by Trott.

But Colwill's stunning free-kick at the death, left the Dragons deflated.

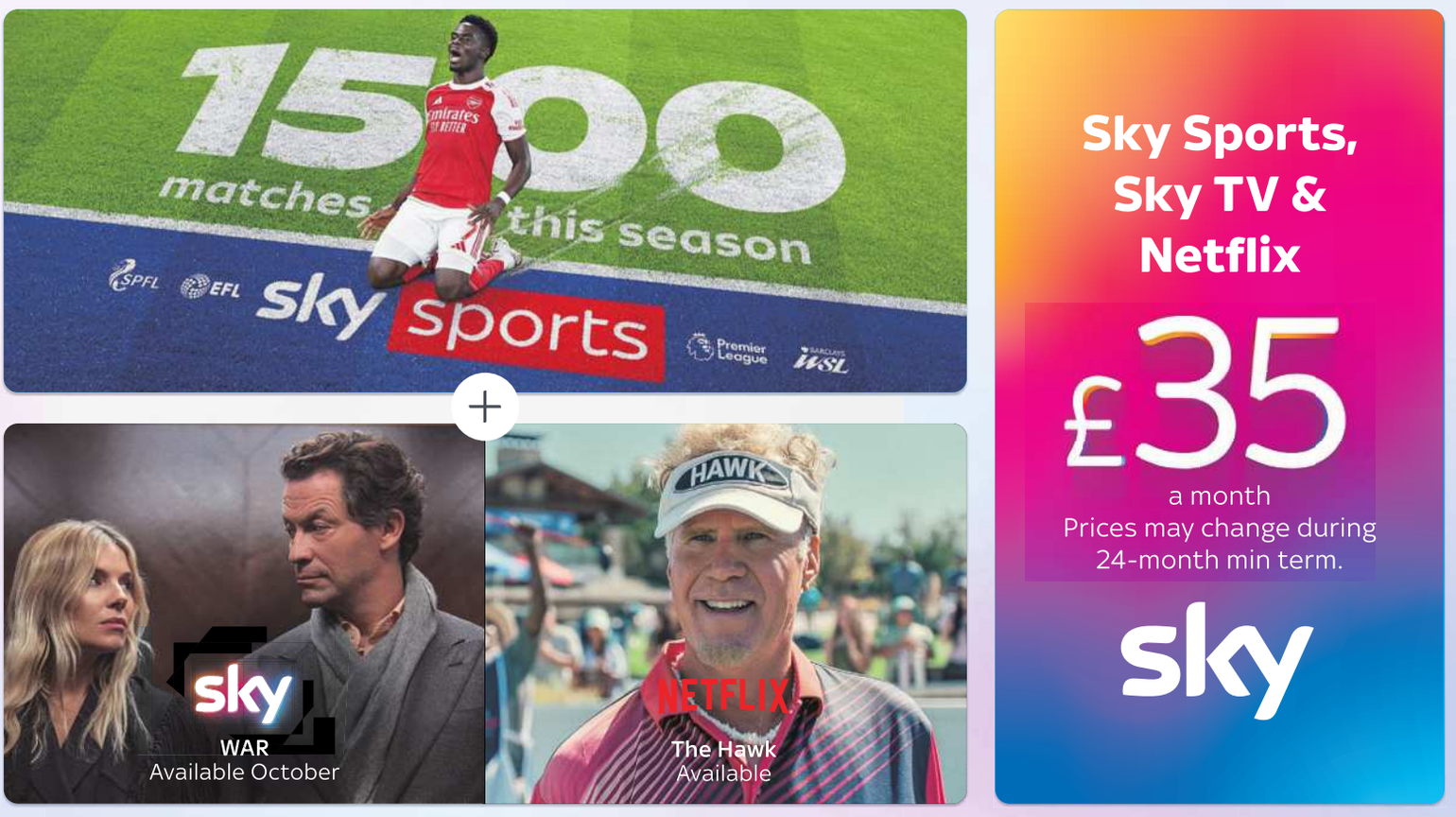
Wrexham boss Phil Parkinson said: "The game should have been out of sight. We shouldn't give away free kicks away like that."

Cardiff.....1
Wrexham.....1

CHAMPIONSHIP

	P	W	D	L	F	A	Pts
QPR	1	1	0	0	3	1	3
Millwall	1	1	0	0	2	0	3
Swansea	1	1	0	0	2	1	3
West Brom	1	1	0	0	2	1	3
Bolton	1	1	0	0	2	1	3
Charlton	1	1	0	0	2	1	3
Middlesbro	1	1	0	0	2	1	3
Watford	1	1	0	0	2	1	3
Blackburn	1	0	1	0	2	2	1
West Ham	1	0	1	0	2	2	1
Burnley	1	0	1	0	2	2	1
Wolves	1	0	1	0	2	2	1
Wrexham	1	0	1	0	1	1	1
Cardiff	1	0	1	0	1	1	1
Birmingham	1	0	1	0	0	0	1
Sheff Utd	1	0	1	0	0	0	1
Derby	1	0	0	1	1	2	0
Lincoln City	1	0	0	1	1	2	0
Preston	1	0	0	1	1	2	0
Norwich	1	0	0	1	1	2	0
Stoke	1	0	0	1	1	2	0
Portsmouth	1	0	0	1	1	3	0
Bristol City	1	0	0	1	0	2	0
Southampton	1	0	0	1	1	2	-4

(Southampton deducted 4 points)



CREDIT to Bournemouth for admitting they fumbled in their clumsy dismissals of long-standing match-day staff.

It may not ease the anger of those let go, but conceding that employees "deserve to be treated with respect" and this "did not reflect the standards we expect of ourselves as a club" was a step in the right direction.

Martin Lipton

OUR COLUMNISTS ARE THE TALK OF SPORT

Potential balls-up

I FEEL Prem chiefs missed a trick not using the World Cup-style 'connected ball' this season.

Spain's LaLiga, which also uses Puma footballs, kicked off last weekend with a chip in the match ball after linking up with Fifa's partner Kinexon.

But Prem chiefs are sticking with the same VAR set-up as last term, arguing that the extra cameras used for their semi-automated offside technology renders the chip redundant.

It means that VARs will have to make calls on potential handballs by goalscorers, or faint touches that could determine offsides, based on incomplete evidence.

Benjamin Sesko's goal in Manchester United's win over Liverpool last season was an example of a situation where the connected ball would have brought a conclusive verdict.

Surely the best league in the world should use the best available kit.

HONESTY . . . Hodgkinson

Bringing sexy track

THE golden girls shone bright in Birmingham, with Amy Hunt leading the way at the European Championships.

After too long in which British athletes seemed to have been ordered to be automatons when facing the media, Hunt, Georgia Hunter Bell, plus silver-winning Keely Hodgkinson, were among those whose honesty and willingness to engage was refreshing.

Full houses for the last few days have boosted London's claims to host the 2029 Worlds. Track and field is sexy again.

SPIN CITY

Carrick's chance to overhaul neighbours

POSITIVE SIGNS . . . boss Carrick celebrates beating Liverpool in May

FOR Michael Carrick and Manchester United, it is time to bury the ghost.

Maybe not to win the Premier League title again this season – that might prove too much of a stretch.

But to end 13 years of being second best in their own city.

What is incredible – given United's domination of the first two decades of the Prem – is that Carrick, 45, was a key member of the last Red Devils side to finish ahead of Manchester City.

As shock recruit Robin van Persie starred to give Sir Alex Ferguson his perfect farewell – regaining the crown ripped from his grasp by Sergio Aguero's unforgettable intervention with the final goal of the previous campaign – United fans were prepared for a testing time.

They won that 2013 title with four games to spare, finishing 11 points clear of City, but looked like a side running their final race.

Change is often complicated. Time is the ultimate enemy of every football career. Nothing is set in stone.

When you lose the greatest manager, whose reign was an iron rod of relentless focus, there was always going to be a reckoning.

Nobody could have imagined that it would see the beginning of an era of City being the top dogs – by a distance the standout side who were to bag an astonishing 19 major trophies including seven Prem titles.

United have tried to match them, opting for the 'chosen one' in David Moyes – in fact, it was a hospital pass for the Scot – then a host of big names, a couple of up-and-comers from abroad and, in various caretaker and full-time roles, five Old Trafford 'legends'.

Louis van Gaal and Jose Mourinho were serial winners – course **AND** distance in the case of the 'Special One'.

Erik ten Hag and Ruben Amorim were seen as the next generation; Ralf Rangnick a human bridging loan who was prepared to spell out some uncomfortable truths.

The United knowledge of Ryan Giggs, Ole Gunnar Solskjaer, Carrick himself, Ruud van Nistelrooy and Darren Fletcher . . . none of them were able to do anything to close the gap, which became a chasm as Pep Guardiola took City to the commanding heights.

But Guardiola is now gone. It is City who have to undergo the painful transition – the scale of which suddenly appeared more significant in Cardiff on Sunday.

Of course, United manager Carrick has to answer the doubts, perhaps some within his own mind.

Solskjaer, he will know, looked to have cracked it in his caretaker spell. Taking the reins full-time proved a far more challenging task, one that was beyond the Norwegian.

Yet Carrick will be able to point to a settled approach – and one that has worked. Dispensing with Amorim's flailing, failing back three, reverting to a system that suited the players at his disposal, Carrick got United to look like . . . well, like United.

After the Geordie took charge with 17 games to go last term, the Red Devils picked up 39 points, more than any other side.

That was three points ahead of champions Arsenal, while City earned 35 and Liverpool just 25.

Translating that into a full campaign, when Carrick is responsible for anything that goes wrong rather than solely taking credit for the positives, is a different proposition.

United need to sort out the left-back issue, require an extra midfield body and must manage the demands of the Champions League.

At the same time, the physical and emotional toll of the varying World Cup experiences of Senne Lammens, Lisandro Martinez, Kobbie Mainoo, Bruno Fernandes, Mateus Cunha and the potentially reintegrated Marcus Rashford will be new situations with which Carrick must juggle.

The transfer splurge craved by supporters has not materialised.

However, the captures of Youri Tielemans and Andrey Santos, Rashford's likely return to arms and retaining their attacking armoury – Bruno, Cunha, Bryan Mbuemo and Benjamin Sesko scored 41 Premier League goals between them – give United a platform.

The Old Trafford faithful, of course, crave a return to the summit.

But ending that long wait to finish above City again would be a significant step. For United and Carrick.

PLAY DAYS . . . Carrick enjoying United success on the pitch

Feels like a turning point

MANCHESTER CITY fans who made the trip to Cardiff did not need a Government text alert to see the warning signs facing Enzo Maresca's side.

Yet the sight of them turning their backs on the Community Shield was satisfying for Arsenal fans. A pre-season game means nothing in itself. But it could be a signpost.

PARACHUTES FAIL TO OPEN

SO much for a predictable Championship campaign — with none of the four "parachute" clubs winning their openers.

Burnley, West Ham and Wolves all drew — admittedly two of them met at Turf Moor — while Southampton, still seemingly affected by Spygate repercussions, lost at Watford.

Over the next nine months, the quartet do have a big advantage. But they have to earn it on the pitch. Ask Leicester.

Full failure

WEST HAM are close to offloading misfit striker Niclas Fullkrug on loan to Werder Bremen.

The Hammers want the German's wages off the books after a disastrous £27million move in 2024.

Fullkrug, 33, has three years left on his Irons contract. He is set for a third stint at Bremen.

A double at O'Neil's

By CHRIS HUGHES

IPSWICH manager Gary O'Neil is being reunited with Strasbourg duo Julio Enciso and Abdoul Ouattara in a £47million double deal.

Paraguay forward Enciso *(below)* returns to Portman Road following a loan spell in January last year and will cost £26m.

Ivory Coast defender Ouattara arrives for just over £21m and takes Prem new boys Ipswich's spending this summer past £150m.

The pair worked with O'Neil at French side Strasbourg last season.

Enciso, 22, said: "I am so happy to be back. I worked with the manager in France last season and the chance to play for him again is one I'm very excited for."

Ouattara, 20, said: "As I knew the opportunity was there, to play in England under a manager I have already enjoyed working with, I jumped at it."

NEWS TICKER

RANGERS' second bid of £7million for Amario Cozier-Duberry has been snubbed by Brighton.

The Scottish giants earlier had a £5m offer knocked back for the 21-year-old winger, who hit ten goals on loan at Bolton last season.

TAYO ADARAMOLA has left Crystal Palace for Belgians Cercle Brugge on a four-year contract.

Ireland left-back Adaramola, 22, joined the Eagles' academy as an Under-12 but played just two first-team matches. He had stints on loan at Leyton Orient and Sheffield Wednesday last term.

COVENTRY'S new striker is Taiwo Awoniyi — signed from Nottingham Forest for £9million.

Nigerian Awoyini, 29, scored 23 times in 103 Forest appearances after joining in 2022, but made just three league starts last season.

Vic's off to Juve

TOTTENHAM keeper Guglielmo Vicario looks set to join Juventus on a season-long loan.

The Italian's move to his homeland includes an £8.5million option to buy next summer.

Vicario, 29, arrived at Spurs from Empoli in 2023 and enjoyed a fine first campaign — but his form has dipped since.

He lost his place to Antonin Kinsky, who helped Tottenham to Prem safety last term.

Serie A giants Juve turned to Vicario after failing to land Aston Villa keeper Emi Martinez.

PREMIER LEAGUE

MIK

THE OD

Martin & Bruno go from fighting foes to Gunners' combination kings

MARTIN ODEGAARD can remember the days when he had "big fights" with Bruno Guimaraes.

By SIMON COLLINGS

But now the pair have been united in the heart of Arsenal's midfield, they look like a match made in heaven.

It is early days, yet the way Guimaraes and Odegaard combined on Sunday to boss Manchester City was ominous for the rest of the Premier League.

The duo ran the show in Cardiff — and ensured the reigning Prem champions cruised to a 3-0 win as they secured the Community Shield.

All that came after just over a week training together, so it is no surprise that Odegaard, 27, is excited.

The Arsenal captain said: "The connection is already there — you can see that.

"It has been so natural. Since the first day he came in, it has been such a natural thing.

"Although we had some big fights with him in the past, he has just come into the side as a natural part of the team.

"From the first second in training, you can feel that presence and quality. It has been really easy to connect with him. He is a brilliant player and I am looking forward to it."

On Sunday's evidence, the £75million signing of Guimaraes from Newcastle this summer could be huge for Odegaard.

The Norwegian was given the freedom to float in a No10 role against City, and was at his creative best.

He completed more dribbles and passes than any other Arsenal player, while also winning possession the most times, too.

Odegaard was able to do that as he had the pairing of Guimaraes and Myles Lewis-Skelly behind him.

For much of last season, Gunners boss Mikel Arteta played with just one player in front of the defence — which was usually Martin Zubimendi.

That forced Odegaard to drop deeper because the Gunners skipper wanted to help his side play out from the back.

Guimaraes' arrival means that is no longer necessary and it was also telling how much he drifted to the right side to get involved in the play.

That flank has always been Arsenal's biggest weapon, thanks to Bukayo Saka and Odegaard, but adding Guimaraes into the mix could take it to another level.

The Brazilian, 28, came off at half-time at the Principality Stadium, but there were already clear signs of a chemistry and understanding — and that is only going to grow.

Odegaard said: "You can see his quality. He can win the ball, he's a fighter.

"But he also has so much quality on the ball. He is so calm on the ball. He always takes the right amount of time and he finds the pass." The cohesion of Arsenal's midfield was in stark contrast to the shambles of their opponents.

So often, the shoe has been on the other foot — and Gunners fans will have painful memories of the one-sided 2-0 Carabao Cup final defeat by City back in March.

City dominated that day at Wembley — but that was thanks to Bernardo Silva and Rodri.

Without those two stars, they looked rudderless in the middle of the park and it is going to be a big headache for new boss Enzo Maresca.

Fitness and pre-season rust undoubtedly played a part — especially in the case of £116m summer signing Elliot Anderson — but the urgent need for reinforcements is clear.

Bringing in Morocco's World Cup star Ayyoub Bouaddi, 18, and Chelsea midfielder Enzo Fernandez, 25, would steady a ship that is rocking before the season has even truly got underway.

Arsenal, on the other hand, seem incredibly settled and the biggest challenge for Arteta will be deciding what his best midfield is.

His substitutes in that area on Sunday involved bringing on £224m of talent in the form of Declan Rice, Eberechi Eze and Zubimendi.

It is an embarrassment of riches and a lovely problem to have.

But from the little we have seen so far, Guimaraes and Odegaard's clear connection means they **HAVE** to be part of the Gunners' best midfield.

ENEMIES . . . the pair in opposition last season

ODEGAARD MATCH STATS v MAN CITY

1st half		2nd half
37	TOUCHES	37
2	PASSES TO BRUNO	-
8	PASSES RECEIVED FROM BRUNO	-
29	PASSES	29
26	SUCCESSFUL PASSES	29
1	TOTAL SHOTS	1
1	SHOTS ON TARGET (●GOAL)	1

FRIENDS . . . tackling Phil Foden on Sunday

SUPER SKIPPER'S IN FULL

ARSENAL skipper Martin Odegaard believes he is back to his best after his "big struggle" with injuries last season.

By SIMON COLLINGS

Despite leading the Gunners to the Prem title last term, knee and shoulder issues restricted the Norwegian to just 23 starts.

Odegaard, 27, recovered to shine at this summer's World Cup and carried on that form with a man-of-the-match performance in Sunday's 3-0 Community Shield win over Manchester City.

The midfielder said: "Sometimes you are just in the flow. You need to find that on the pitch.

"All of us were flowing out there. I will just try to keep that up.

"Last year was a big struggle with a lot of difficult moments. To miss so many games because of injury was frustrating.

"It is the worst thing for a footballer not to be able to be on the pitch and I had quite a lot of weird injuries and bad luck.

"I have worked on using that as motivation for this year, to come back stronger and use those experiences in a positive way.

"It was good for me to end the season with a title and then have a good World Cup. I had my break and I feel ready to go again."

Odegaard bossed the midfield in Cardiff as the Gunners laid down a marker ahead of Friday night's Prem opener against promoted Coventry.

Mikel Arteta believes fans will see a "very different" player this term if Odegaard can stay fit.

The Gunners boss said: "I sensed from the first day that he joined that he has something else in the

MIDFIELD MASTERS COUPLE

NEW GAARD . . . skipper Odegaard and new boy Guimaraes celebrate on Sunday after connecting well in Arsenal's midfield

FLOW AGAIN

belly. He wants to prove and show because the team needs it as well.

"He missed five or six months last season for different things and it was difficult for him to get any momentum."

Odegaard bagged a stylish third goal for Arsenal against City – after Riccardo Calafiori and Kai Havertz had found the net.

The skipper sat keeper Gianluigi Donnarumma down on his backside with a deft dummy before slotting the ball home.

Odegaard added: "It was a good way to start the season and I am happy to help the team.

"The performance was great, the result was great and it is the first trophy of the season.

"Overall, it was a great performance and I am happy for the team to show their level against a strong opponent."

DUMMY RUN . . . Odegaard's moment of class completed victory in the curtain-raiser

XABI'S WINGING IT . . . Neto is one Chelsea player who could be surplus to requirement under Alonso

Blues' £100m Neto exit fee

By LLOYD CANFIELD

CHELSEA want £100MILLION for Pedro Neto — amid interest from Al-Hilal.

The Portugal winger has been tracked by Manchester City and it has now emerged that the Saudi big-spenders are ready to swoop.

Neto joined from Wolves for £51m in August 2024, meaning the new valuation is almost double what Chelsea paid.

He is the Blues' best wideman but registered just five Premier League goals and six assists last season.

Neto, 26, has five years left on his huge seven-year contract, worth £160,000 per week. The pace ace is highly appreciated by everyone at Chelsea and that is, reflected by the price tag.

The £117m signing of Morgan Rogers, 24, and the arrival of new boss Xabi Alonso who favours a wingback system, have complicated things for several wide players at Stamford Bridge, including Neto.

But it seems the new Spanish boss has a plan to make use of him as a right wing-back.

Neto started in that position in Chelsea's final pre-season friendly, a 3-1 win over Real Sociedad on Saturday, setting up the opener.

BOEHLY OUT

From Back Page

would value the Premier League club at a staggering £5BILLION.

The Clearlake, Boehly and Walter consortium bought the Blues for £2.5bn in 2022 and have invested a further £1.75bn.

There has been a long-running rivalry between Boehly and Behdad Eghbali, Clearlake co-founder and the key figure at Stamford Bridge now.

The news comes in the wake of US authorities opening an investigation into Walter's financial affairs. Financial insiders now believe the BlueCo consortium which bought Chelsea from Roman Abramovich in May 2022 is close to splitting up.

The first signs of upheaval came last week when Walter agreed to sell his 85 per cent stake in the LA Lakers NBA team to former Disney chief Bob Iger and Josh Kushner, brother of Jared Kushner, the son-in-law of President Donald Trump.

US prosecutors are looking into allegations Walter's insurance companies lent money to other firms connected to him, without disclosing it.

Chelsea, Clearlake and representatives of Walter and Boehly declined to comment.

Fernandes will not be at Gala

By KATHERINE WALSH

MANCHESTER UNITED plan to reject any offer for Bruno Fernandes — and have entered contract talks as Galatasaray prepare to double his money.

The Turkish side are willing to table an audacious £43million bid for the Red Devils skipper and are set to offer him £18.3m-a-year tax free.

But United have started preliminary negotiations over a new deal with the Portugal star, 31.

Italian giants Juventus and AC Milan, managed by former Old Trafford boss Ruben Amorim, have considered testing United's resolve for the Prem player of the year.

But despite Fernandes entering the final year of his £200,000-a-week deal, club sources say he is not for sale at any price. The £57m release clause in the midfielder's deal has now expired.

Fernandes revealed in October that he was "hurt" when he felt Ineos chiefs wanted to get £100m from Saudi Arabia for him last summer.

Amorim had to step in to convince him to stay.

With United having spent £83m on just two players, Youri Tielemans, 29, and Andrey Santos, 22, there would likely be a mutiny in the stands if Fernandes left.

The Portuguese ace and Marcus Rashford drew the lion's share of fan attention on tour.

Fernandes recorded a Prem record 21 assists last term.

BOUADDI . . . 'complete'

ROD

From Back Page

this morning before signing a four-year contract at the Nou Camp.

The Spain skipper said: "Playing for Barcelona is a dream. We are going for the Champions League and everything else that comes our way.

"It's been an intense few days but I'm thrilled to be here."

Rodri, the 2024 Ballon d'Or winner, enjoyed a glittering seven-year stay at the Etihad, although injury marred his last two seasons in England.

He decided during the summer that he wanted to return to Spain for both personal and professional reasons and has opted for Barca despite strong interest from their bitter rivals Real Madrid.

The departure will leave a huge hole for new City boss Enzo Maresca to fill.

But Moroccan wonderkid Bouaddi is expected to arrive in the coming days.

City have been working on the move in recent weeks but it is likely to gather pace now Rodri's switch is sorted. And the Prem side have been told they will be getting a combination of Gunners great Patrick Vieira and Barca legend Sergio Busquets in the youngster.

> Bouaddi's a mix of Vieira and Busquets
> — OLIVIER GIROUD

His Lille club-mate Olivier Giroud reckons City are buying a 'complete' midfielder who also has similar qualities to N'Golo Kante.

The former Arsenal and Chelsea striker, 39, said: "He's calm, confident and staying himself.

"I was talking with some friends and they sent some pictures of Patrick Vieira and Sergio Busquets. They said he's a mix of both.

"He's not yet as good as Busquets technically but still he's got some skills.

"Maybe he has a lack of power to compare with Patrick but he will get stronger and bigger.

"He's a complete player, very versatile.

"He's all over the place a bit like N'Golo Kante."

There is one aspect of his game that City chief Maresca will need to work on once he arrives in the North West.

Giroud added: "He knows the only thing he needs to improve — because we have been teasing him about it — is his finishing.

"Being more aggressive in front of goal."

PREMIER LEAGUE

IT'S ALL MAINTAIN THE MACHINE

KHAL OF DUTY . . . Al Mubarak (left) and Soriano are big 'players' at City

EL OF ALOT OF MONEY . . . £116m man Anderson

Yet this City revamp must avoid 'full meltdown'

ENZO IT BEGINS . . . Maresca (right) has the daunting task of replacing legend Guardiola (left) and ushering in a new City era

CHANGE AT ETIHAD

By **MARTIN BLACKBURN**

MANCHESTER CITY are at the start of a 'new cycle' similar to the one they embarked upon when Pep Guardiola took charge a decade ago.

While title rivals Arsenal have brought in players who can make an immediate impact, the Etihad outfit have opted to buy younger stars who will stand them in good stead.

But the 'winning machine' put in place at City in recent years can operate only if it keeps on lifting silverware.

And the risk when ripping up the most successful side in the club's history and starting a new one is that the whole thing can go into 'full meltdown'.

Those are the views put forward by chief executive Ferran Soriano and chairman Khaldoon Al Mubarak in the new Amazon documentary A Beautiful Obsession.

The four-part series goes behind the scenes in the last two eventful seasons of former gaffer Guardiola's glorious ten-year reign.

And it helps to explain where things currently stand at the club after new boss Enzo Maresca's arrival in the summer.

City were well beaten 3-0 by the Gunners in the Community Shield on Sunday, with many observers surprised by the gulf between the Premier League's top two.

But the new show explains how they are entering a 'transitional' period at the Etihad after the departure of Guardiola and many of his favourite stars.

It shows footage from the start of last year when the City board decided that sweeping changes had to be made.

Since then, the club has spent over £500million on new players – with the likelihood of more to come before the end of this month.

Khaldoon says the club is at a similar stage with the squad as they were when Guardiola took charge way back in 2016.

They got it spot on back then and since – with City winning 17 major trophies and three Community Shields during Guardiola's reign.

Now the challenge is to do something similar again – but the chairman knows it does not always go to plan.

Khaldoon told a board meeting: "It's very important for the board to be aligned on this in terms of understanding where we are at.

"Getting this transition right is similar to the stage we were at in 2016. We can afford to be simple.

"This machine is built to win. This machine is built for success. It works if we keep winning."

Speaking early last year, he warned: "It can go into full melt-down, dropping from top three, to top six, to top ten, to no-man's land. It happens. It happens a lot.

"It's important for the board to understand that we have been very disciplined in the market for years.

"We took a conscientious decision, also driven by our manager in the summer of 2024, not to make too many changes with players that were at the highlight of their careers. We've paid the price."

Rodri's departure means only Phil Foden, Erling Haaland, Ruben Dias, Jack Grealish and Rico Lewis are left from the squad that lifted the Champions League just three years ago after beating Inter 1-0.

Replacing the old guard are youngsters with potential such as Abdukodir Khusanov, 22, Vitor Reis, 20, Rayan Cherki, 23, and record £116million man Elliot Anderson, 23.

They are expected to be joined in the next few days by Lille's 18-year-old Moroccan World Cup star Ayyoub Bouaddi.

Others, like Gianluigi Donnarumma, Antoine Semenyo and Marc Guehi arrived in their mid-20s but have good experience under their belts.

Long-serving Soriano said City and the Gunners are at different stages in terms of their squads.

He said: "We've changed a lot of players and all of the players that we've signed are very young so we are at the beginning of a cycle.

"Arsenal has signed older players, average age 27. Arsenal is looking for immediate impact and we've chosen to buy young players that we believe are going to make it. That's our choice and that is the reason."

The huge spending spree by City has raised some eyebrows in terms of financial fair play but Soriano says it is on the back of many years of careful planning.

He added: "We have built a top-quality squad and maintained it for a number of years that delivered 17 trophies, spending less than the rest. That was a spectacular result.

"But during this time, Arsenal, Liverpool and all of these teams have improved technically."

Outgoing director of football Txiki Begiristain began the rebuild in the two windows of 2025 before handing over the reins to Hugo Viana.

Begiristain told a board meeting in the documentary: "We are going from a winning team who feel unbelievable. But we have to create a new one.

"The ones that made us winners of everything now have to leave and we have to bring new people, new legs, new energy. If not, we won't win."

His successor Viana spent his first few months working alongside Txiki and admitted he found it daunting.

He said: "My first meeting with Pep, I was nervous. He said the future of Manchester City is in this room and now was the time to start to rebuild the team."

Since then it has gathered pace and is likely to continue over the next two weeks before the transfer window closes.

● A Beautiful Obsession launches exclusively on Prime Video in UK & Ireland tomorrow.

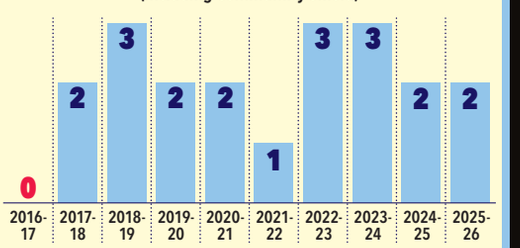
A BOOTIFUL OBSESSION . . . Guardiola was forensic in the way that he prepared his City sides

MANCHESTER CITY'S SUMMER TRANSFERS (SO FAR!...)

IN		
Elliot Anderson (Nottm Forest)		£116m
Mathys Detourbet (Troyes)		£21m
Jeremy Monga (Leicester)		£10m
Pierce Charles (Sheff Wed)		£3m
Geronimo Rulli (Marseille)		£1.7m
TOTAL		£151.7m

OUT		
James Trafford (Leeds)		£40m
Manuel Akanji (Inter Milan)		£13m
Reigan Heskey (Cologne)		£8m
Nathan Ake (Fenerbahce)		£7m
Jahmai Simpson-Pusey (Cologne)		£5m
Bernardo Silva (Real Madrid)		Free
John Stones (Inter Milan)		Free
Pierce Charles (QPR)		Loan
TOTAL		£73m

CITY TROPHIES WON PER SEASON IN LAST DECADE
(including Community Shield)



Pep steps off rollercoaster

WORN-OUT Pep Guardiola knows it will be difficult for him to return to management.

By MARTIN BLACKBURN

And his close friend Txiki Begiristain has told him to get used to a life outside of the 'rollercoaster of football' after leaving Manchester City.

The 55-year-old, who brought the curtain down on his glorious ten-year Etihad reign in May, plans to 'zone out' and take a long break – which may even be permanent.

When Italy tried to make him their new boss this summer, he told them he was too tired for a new challenge.

Guardiola told Amazon's new documentary A Beautiful Obsession: "I don't even know myself what I'm going to do.

"It will be difficult to come back – that is my feeling today. I need to refresh many things that happened in my personal life.

"I need to find myself a little bit in different things.

"I need to sit and zone out for a bit. That is one of the main targets."

Begiristain left his role as director of football at City in summer 2025 but worked alongside his friend and former team-mate for nine years.

After watching his old club lose 3-0 to Real Madrid in the spring, he felt able to go out and quickly forget it.

Begiristain said: "I wanted to explain this to Pep. You can lose 3-0 but life goes on and there are amazing moments you can live with your friends.

"But if he meets only football people and football is all he knows, he's going to stay in the same rollercoaster. He needs time out."

The biggest temptation for Guardiola to return could be if he misses the thrill of winning matches.

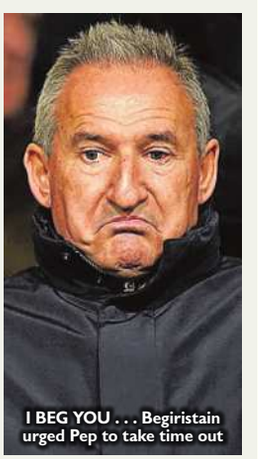
He said earlier in the series: "It's the joy and the pleasure to see my team play good.

"That's the motto and the target when I wake up every single day.

"It's so addictive, older managers retire and want to come back and back again. They cannot live without it."

Guardiola played his team a montage of their finest moments accompanied by Bee Gees classic You Win Again towards the end of his reign.

He said: "I'm most proud of the history we left – that we saw with our own eyes. That time was so fun. People were so happy to see that team play."


I BEG YOU . . . Begiristain urged Pep to take time out

WALKER . . . armband

POP

From Back Page

snapped: "For f*s sake. Every f***ing meeting it's my name."**

Guardiola suggests he maybe mentions Walker's name a lot because he is the skipper.

In his first years in charge, the City boss allowed the players to vote for who they wanted to wear the armband — and had no say himself.

Former England defender Walker replied: "OK, but maybe you didn't want me to be captain.

"You didn't want me to be your captain."

The documentary also shows dressing-room footage from a game against Chelsea soon after Walker's exit for Italy.

Guardiola criticised the former captain for leaving in City's hour of need.

He told his players: "I'm incredibly sad about what happened with Kyle.

"It was so easy for him. F*ing hell — it was so easy for him to come to me [and say] I'm done.**

"But he did not behave as a captain to do it.

"He knows we are in the toughest moment of our lives.

"What did you do, my friends? What did you do with your captain?"

Pretending to take his badge off, Pep added: "Tell me — he took it and put it here."

Walker, 36, finished that season with Milan and, after eight years on City's books, moved to Burnley last summer.

Guardiola decided he would choose the captain for his final season in charge.

He later claimed giving the armband to Bernardo Silva was one of the best decisions he had taken as he bowed out by winning the Carabao and FA Cups.

Pep's divorce rant — See Pages 1 & 5

PREM COUNTDOWN

3 DAYS TO GO

DAVID MOYES' Everton became the first side to concede a result-altering goal in the 90th minute or later in **THREE** successive Premier League games in April and May — against Liverpool home (L2-1), v West Ham away (L2-1) followed by Man City home (D3-3).

thesun.co.uk/sport

Sun Sport

Your No1 pullout FREE inside

It's Todd man out

By DAN KING

CHELSEA co-owners Todd Boehly and Mark Walter are set to sell their stakes in the club.

Chairman Boehly and investment partner Walter are believed to be in talks with majority shareholders Clearlake Capital over a deal to offload their combined holdings.

US businessmen Boehly *(right)* and Walter both own 12.8 per cent of Chelsea — and it is understood that any deal to sell their assets

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HUNT IS ON . . . Amy's in line for BBC gong

AMY'S FAVE

By ROB MAUL

AMY HUNT is the new overwhelming favourite to win BBC Sports Personality of the Year.

The Brit sprinter, who bagged **FOUR** golds at the European Championships, is 4-7 to

Turn to Page 44

Nou start for Rodri

By MARTIN BLACKBURN

RODRI landed in Spain last night to complete a "dream" £65.4million move to LaLiga champions Barcelona.

And his old side Manchester City are in advanced talks with Lille over an £85m deal to sign Ayyoub Bouaddi, 18, to bolster their midfield.

World Cup-winner Rodri *(left)*, 30, arrived in his homeland and will have a medical

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CITY'S EXPLOSIVE ROW

WALKER X-RATED POP AT PEP

TURN THE AIR BLUE . . . Walker reacted angrily to Guardiola criticism

Kyle told boss: 'You didn't want me as captain'

By MARTIN BLACKBURN

KYLE WALKER claimed Pep Guardiola never wanted him as captain during an X-rated dressing-room row.

The former Manchester City defender and his old boss clashed after a defeat at Liverpool in December 2024.

Just over a month later, Walker told the club he wanted to move abroad and joined Milan on loan for the remainder of the season.

The incredible bust-up is shown in Amazon's new documentary A Beautiful Obsession, which goes behind the scenes of Guardiola's final two years at the Etihad.

Walker reacted angrily to his manager's criticism over one of the goals scored by the Reds.

He fumed: "If you keep saying my name every meeting, every f***ing thing, it's going to be impossible, you're going to get a reaction."

Guardiola insisted he was referring to Josko Gvardiol and that Walker had misunderstood what he was trying to say. But the full-back

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THE Favourite
HOME OF RACING
Tuesday, August 18, 2026

CHRISTMAS CHEER

Ryan opts for Derby winner in Volt clash

DAY TO REMEMBER . . . Christmas Day (pink silks) will be partnered by Ryan Moore (right) again in Great Voltigeur at York

DON'T MISS YOUR 8-PAGE YORK PULLOUTS TOMORROW

IT'S Christmas eve for punters . . . and for Aidan O'Brien as his Derby winner returns.

By JACK KEENE

The brilliant Ebor Festival kicks off tomorrow at York, with reigning Epsom champ **Christmas Day** lining up in the Great Voltigeur.

It's not often an impressive Classic winner gets overlooked, but the three-year-old is coming into the meeting slightly under the radar.

He powered home to win by nearly three lengths at Epsom in June and was second behind Benvenuto Cellini in the Irish Derby when last seen. He is joined by stablemates Pierre Bonnard and Antigua, but he's the undoubted Ballydoyle No.1 with Ryan Moore set to ride for the first time since May.

The bookies are struggling to split him and old rival Maltese Cross, who both have to carry a 5lb penalty in tomorrow's Group 2.

O'Brien (*left*) said: "He came out of the Irish Derby well. We have the St Leger or an Arc next, so we'll see how it unfolds.

"He is a bit underappreciated, he's never been flashy. He went forward in the Derby and went relentlessly

Turn to Page 4

Rich girl all speed

By JACK KEENE

RICHARD HANNON reckons his flying filly Pershaada is overpriced ahead of Friday's Nunthorpe Stakes.

The speedy two-year-old bagged the Molecomb at Glorious Goodwood last time and will attempt to become the first juvenile since Kingsgate Native in 2007 to win York's Group 1.

She will receive almost TWO STONE in weight from the rest of the field but is still a general 12-1 shot.

Hannon (*left*) said: "She was very good in the Molecomb, I thought she was the horse to take out of the meeting.

"The Nunthorpe is always a hard race. You are a two-year-old taking on older horses who know what they're doing. She is a big price and, in my opinion, she'll be tough to beat in any race over five furlongs."

Ann's win on return

By JACK KEENE

ANN DUFFIELD came out of retirement with a bang at Catterick as her first runner back, Quercus, won at 12-1.

She quit training last year and handed her licence over to Stephen Hanlon. North Yorkshire-based Duffield, who has been running pre-training and luxury lodge businesses,

said: "It was a great way to start, he's won eight times at Catterick now.

"I wanted to focus on other business interests, but Stephen Hanlon had to leave and I still had the pre-training and rehab yard going.

"We've some great owners and it seemed the natural progression to come back."

FIRST PAST THE POST FOR RACING

The biggest and the best pullout
. . . SEVEN DAYS A WEEK!

Favourite THE BIGGEST AND THE BEST COLOURS

CHEPSTOW

GOING: GOOD TO FIRM

2.15 COMMUNITY ENGAGEMENT PROGRAMME HANDICAP (Class 6); winner £3,454; 1m 4f. (2 runners)

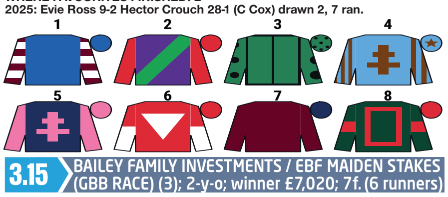
1 (2) 660/411 **HOPE RISING 7 (D)** J Snowden 5-9-9 .... **Rob Hornby ●99**
2 (1) 2719573 **SNEAKY BLINDER 50 (D)** R Stephens 5-9-4 .... **Billy Loughnane 91**

BETTING: 1-12 Hope Rising, 7 Sneaky Blinder
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

2.45 TRADE CENTRE GROUP MAIDEN FILLIES' STAKES (4); 2-y-o; value to the winner £5,400; 5f. (8 runners)

1 (1) 922 **DELIGHFULLY HOT 25** J Owen 9-2 .... **Billy Loughnane ●99**
2 (2) 74 **HAPPY ENOUGH 28** R Beckett 9-2 .... **Edward Greatrex 86**
3 (3) **IMPULSIVE SPIRIT** P Evans 9-2 .... **Rob Hornby —**
4 (7) 2 **KOKUMI 35** R Newland 9-2 .... **Gina Mangan 89**
5 (6) 3 **MARZAD 12** B Millman 9-2 .... **Lewis Edmunds 84**
6 (4) 2 **ROGUE DAKOTA 12** A Watson 9-2 .... **Harry Davies 95**
7 (5) 3 **SIOUX MOON 20** C Fellowes 9-2 .... **Tom Marquand 93**
8 (8) 3 **SOEUR DE FLASH 29** C Cox 9-2 .... **Rossa Ryan 96**

BETTING: 2 Delighfully Hot, 10-3 Soeur De Flash, 11-2 Rogue Dakota, Sioux Moon, 7 Kokumi, 12 Impulsive Spirit, 14 Happy Enough, 33 Marzad
WHERE FAVOURITES FINISHED: 2
2025: Evie Ross 9-2 Hector Crouch 28-1 (C Cox) drawn 2, 7 ran.



3.15 BAILEY FAMILY INVESTMENTS / EBF MAIDEN STAKES (GBB RACE) (3); 2-y-o; winner £7,020; 7f. (6 runners)

1 (5) 426 **AVIONICS 14** A Balding 9-7 .... **Tom Marquand 95**
2 (1) 2 **GROVE STREET 20** B Meehan 9-7 .... **Joe Leavy ●99**
3 (2) **HIGHLAND FROST** J Portman 9-7 .... **Rob Hornby —**
4 (6) 59 **IT'S A DREAM 64** D F Davis 9-7 .... **Ben Ffrench-Davis (5) 70**
5 (4) **TALAMON** G Boughey 9-7 .... **Billy Loughnane —**
6 (3) 0 **LA BASSETTE 19** C Cox 9-2 .... **Rossa Ryan 81**

BETTING: 13-8 Grove Street, 9-4 Talamon, 10-3 Avionics, 7 La Bassette, 25 Highland Frost, It's A Dream
WHERE FAVOURITES FINISHED: 2 4 2
2025: Queen Tamara 9-2 Trevor Whelan 2-1 (Harry Charlton) drawn 3, 7 ran.

3.50 TRADE CENTRE WALES HANDICAP (6) winner £3,454; 1m (8 runners)

1 -85955 **LAW OF DESIGN 24**
(7) I Williams 4-9-9 .... **Billy Loughnane 88**
Runs: 15 Wins: 1 (S) Places: 1 £21,418
Has potential but yet to put it all together, Billy up a big plus, interesting

2 9-0437 **LOOK BACK SMILING 28 (D)**
(8) N Mulholland 6-9-9 .... **Tom Marquand 92**
Runs: 51 Wins: 5 (F,3S,A) Places: 8 £103,237
Finished well at Wolves latest, huge 18lb below last winning mark, player

3 7-4908 **COUNTING CARDS 35**
(3) E De Giles 4-9-8 ...... **Ashley Lewis (3) 85**
Runs: 9 Places: 2 £4,976
Flashes of form but has been generally underwhelming, others better

4 315535 **RATING 25 (D)**
(2) G Harris 5-9-6 .... **Rossa Ryan 97**
Runs: 32 Wins: 2 (A,F) Places: 13 £28,176
Not disgraced of late and back on last winning mark, taken seriously

5 -00662 **RISEN AGAIN 16**
(1) J & R Flint 5-9-4 .... **William Carson ●99**
Runs: 25 Wins: 1 (F) Places: 8 £22,133
More like it latest, back it up and he's a real player but that's a big 'if'

6 481377 **BOBBY DASSLER 21 (CD)**
(6) B Murphy 7-8-12 ...... **Mason Paetel (5) 89**
Runs: 49 Wins: 3 (F,S,G) Places: 12 £41,927
Racing with choke out often his undoing, but last win was over C&D, sniff

7 656535 **AJRAD 9 (CD)**
(4) B Millman 8-8-11 .... **Lewis Edmunds 96**
Runs: 70 Wins: 8 (2F,S,3A,2G) Places: 13 £66,187
Likes it here but appears in hcapper's grip at present, each-way play

8 913226 **SCARFO 9 (CD)**
(5) B J Llewellyn & R Williams 5-8-7 **Zoe Lewis (7) 98**
Runs: 37 Wins: 2 (S,A) Places: 7 £20,343
Behind Ajrad last time, but bring his A-game and he'll be in the mix

BETTING: 3 Rating, 9-2 Risen Again, 11-2 Scarfo, Ajrad, Look Back Smiling, 15-2 Law Of Design, 10 Bobby Dassler, 20 Counting Cards
WHERE FAVES FINISHED and 2025: No corresponding race.

4.25 TRADE CENTRE UK HANDICAP (5) value to the winner £4,187; 7f (7 runners)

1 16-955 **EVIE ROSS 46 (V★;C)**
(1) C Cox 3-9-9 .... **Rossa Ryan 91**
Runs: 6 Wins: 1 (F) £4,468
Likes it here, fair effort latest but needs to raise game from current mark

2 21 **ROGUE EXILE 17 (D)**
(2) J Owen 3-9-8 .... **Harry Davies ●99**
Runs: 2 Wins: 1 (F) Places: 1 £6,348
Landed odds at Lingers, still learning and opening mark fair, respected

3 313351 **ESPONA BAY 12 (CD)**
(5) S Dixon 3-9-5 .... **Kieran O'Neill 97**
Runs: 14 Wins: 2 (F,A) Places: 6 £17,143
Toughed it out C&D latest, but 5lb higher mark makes it tough, threat

4 49104 **NAME THE DAY 21 (CD)**
(4) E J-Houghton 3-9-5 **Oliver Carmichael (7) 89**
Runs: 5 Wins: 1 (F) £6,586
C&D win last month but shockers the last twice, has a bit to prove now

5 007621 **VON TROTTER 17 (D)**
(3) M & D Easterby 3-9-2 ... **Joanna Mason 95**
Runs: 9 Wins: 1 (F) Places: 4 £12,458
Finally off mark at Donny, more to come but 7lb hike won't make it easy

6 59431 **HONKY TONK GIRL 18**
(7) O Cole 3-8-12 .... **Billy Loughnane 98**
Runs: 5 Wins: 1 (F) Places: 1 £6,095
Landed odds to get off mark at Lingers, opening mark looks fair, player

7 144173 **TOO MUCH TREVOR 9 (CD)**
(6) G Harris 5-8-10 .... **Ashley Lewis (3) 90**
Runs: 36 Wins: 2 (S,F) Places: 11 £31,150
Closest at finish C&D latest, not much leeway in mark but taken seriously

BETTING: 9-4 Rogue Exile, 11-4 Honky Tonk Girl, 5 Espona Bay, Von Trotter, 7 Evie Ross, 14 Too Much Trevor, 66 Name The Day
WHERE FAVOURITES FINISHED: 4
2025: Highfield Viking 5-9-9, J Hart 2-1 (J & S Quinn), drw 1, 4 ran.

TEMPLEGATE		TOM PEPPER	
2.15	Hope Rising	2.15	Hope Rising
2.45	Delighfully Hot (nb)	2.45	Kokumi
3.15	Grove Street	3.15	Grove Street
3.50	Rating	3.50	Look Back Smiling
4.25	Honky Tonk Girl	4.25	Rogue Exile
5.00	ARNAZ (nap)	5.00	Connie's Rose

■TIC-TAC: Left-handed, undulating, oval track of 2m, which joins the straight course 5f from home. All races up to a mile run on the straight course. ■DRAW: High numbers have a slight advantage in races up to a mile. ■LEADING TRAINERS WITH RUNNERS (2021-2026): J G O'Shea 20-154, P Evans 18-112, A Watson 17-69, G Harris 16-195. THIS SEASON: G Harris 4, J & R Flint 4, P Evans 3. ■TOP JOCKEYS WITH RIDES (2021-2026): G Mangan 29-167, Rossa Ryan 13-60, W Carson 12-110, B Loughnane 11-58. THIS SEASON: G Mangan 5, Ashley Lewis 5, Rossa Ryan 4. ■LONGEST TRAVELLER: Von Trotter (4.25) & Le Beau Garcon (5.00) trained at Sheriff Hutton. Round trip of 444 miles. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON SKY SPORTS RACING

Sunracing FORM

EVIE ROSS (8-13) 7-1 handy, ridden 2f out, no impression, 5th of 8 (btn 1¾l) to Maid In Devon (8-8) (Chepstow 6f hcap (4) £5,862 good to firm).
ROGUE EXILE (9-7) 1-3 fav raced on stands rail, made all, hung left off rail from 1f out, pressed final 110 yards, always doing enough, bt Justice Court (9-7) nk (5 ran) (Lingfield 7f mdn (5) £4,320 good to firm).
ESPONA BAY (9-1) 5-1 soon on stands rail, prominent, led over 3f out, clear final furlong, kept on, bt Sydney Rock (9-9) ½l (7 ran) (Chepstow 7f hcap (5) £4,187 good to firm).
NAME THE DAY (9-9) 25-1 held up behind leaders, ridden and kept on one pace from 2f out, last of 4 (btn 9¾l) to Distinct Spirit (10-2) (Ffos Las 7f hcap (5) £4,187 good).
VON TROTTER (9-6) 10-3 took keen hold, led, joined after 2f, going best and led outright over 2f out, soon ridden and stayed on, pushed out final furlong, bt Wilde And Dandy (9-10) 2½l (10 ran) (Doncaster 7f hcap (6) £3,768 good to firm).
HONKY TONK GIRL (8-13) 5-6 fav raced towards rear, slightly outpaced and chased along 3f out, ridden over 1f out, kept on strongly to lead inside final furlong, bt Kodicall (9-7) 2¼l (6 ran) (Bath 6f nov stks (5) £4,320 firm).
TOO MUCH TREVOR (9-9) 14-1 dwelt, towards rear, pushed along well over 2f out and stayed on, went third closing stages, not trouble front duo, 3rd of 12 (btn 3¼l) to Redhot Whisper (9-10) (Chepstow 1m hcap (6) £3,768 good to firm).

5.00 SAXON AUTOMOBILES HANDICAP (6) winner £3,454; 6f (10 runners)

1 623126 **SAVANNAH SMILES 25 (CD)**
(5) G Harris 6-9-9 .... **Harry Vigors (5) 94**
Runs: 58 Wins: 8 (2F,S,3A,GS,G) Places: 14 £60,859
Ran flat here last month, 6f not the problem but needs bounce back

2 -45096 **LE BEAU GARCON 13**
(3) M & D Easterby 7-9-9 ... **Joanna Mason 89**
Runs: 33 Wins: 4 (4F) Places: 10 £46,578
Falling down weights but for a reason, struggling this season, best watched

3 272444 **CONNIE'S ROSE 18 (CD)**
(7) G Harris 7-9-8 .... **Rossa Ryan ●99**
Runs: 76 Wins: 10 (2S,3F,2GS,3G) Places: 21 £93,452
Tough sort, difficult to win with but last success over C&D from 2lb lower, in mix

4 1-4707 **ZOULU WARRIOR 33 (C,D)**
(10) H Main 4-9-8 .... **Lewis Edmunds 85**
Runs: 17 Wins: 3 (2A,G) Places: 3 £16,156
Last turf win here but achieved next to nothing last twice, bit to prove now

5 915-51 **CALAFRIO 20 (D)**
(9) G Baker 5-9-8 .... **Benoit Sayette 98**
Runs: 27 Wins: 3 (2F,A) Places: 6 £22,467
Won weak affair at Leic last month, 5lb hike and needs to improve again

6 642381 **BENAVENTE 144**
(1) G Brown 8-9-4 .... **Nicola Currie 92**
Runs: 57 Wins: 7 (7A) Places: 13 £92,765
Won Dundalk claimer in Mar, British/stable bow off lower turf mark, go well

7 20-046 **VAPE 33 (CD)**
(4) J & R Flint 9-9-2 ..... **Charlie Tucker (7) 84**
Runs: 70 Wins: 9 (F,3A,2GS,3G) Places: 20 £65,242
Double in space of two days last summer (incl. C&D), little since, sniff

8 078781 **ARNAZ 9 (CD)**
(8) M Loughnane 5-8-13 .. **Billy Loughnane 95**
Runs: 26 Wins: 2 (F,G) Places: 7 £19,914
Easy win (C&D) last time, escapes penalty, tough nut to crack if in same mood

9 756152 **MARISITTA 9 (CD)**
(2) J O'Shea 6-8-9 .... **Ashley Lewis (3) 97**
Runs: 26 Wins: 1 (F) Places: 2 £10,068
Chased home Arnaz here latest, difficult to see her turning the tables

10 543373 **SOME NIGHTMARE 9 (CD)**
(6) J O'Shea 9-8-8 .... **Gina Mangan 94**
Runs: 74 Wins: 9 (S,2F,A,GS,4G) Places: 16 £63,070
Inconsistent but no doubt he loves it here, on handy mark, not ruled out

BETTING: 11-4 Calafrio, 5 Arnaz, 6 Connie's Rose, Savannah Smiles, 7 Marisitta, 8 Some Nightmare, Benavente, 14 Zoulu Warrior, Le Beau Garcon, 50 Vape
WHERE FAVOURITES FINISHED: 4
2025: Vape 8-8-10, C Tucker 9-4 (J & R Flint), drawn 4, 5 ran.

Sunracing FORM

SAVANNAH SMILES (9-4) 7-2 held up behind leaders, ridden over 2f out, brief headway over 1f out, weakened inside final furlong, 6th of 7 (btn 4¼l) to Level Up (9-2) (Chepstow 5f hcap (6) £3,454 good to firm).
LE BEAU GARCON (9-11) 12-1 held up in rear, ridden and outpaced over 2f out, kept on final furlong but lost fifth towards finish, 6th of 9 (btn 5¾l) to Great (9-9) (Pontefract 5f hcap (5) £4,187 good to firm).
CONNIE'S ROSE (9-9) 5-2 raced in second, ridden 2f out, weakened 1f out, 4th of 5 (btn 5l) to Nordic Glory (8-8) (Bath 6f hcap (6) £3,454 firm).
SOME NIGHTMARE (8-5) 16-1 prominent, headway to lead over 1f out, headed inside final furlong, lost second post, 3rd of 7 (btn ½l) to Serenity Dream (9-9) **CONNIE'S ROSE** (9-7) 7-2 led, shaken up over 2f out, headed over 1f out, plugged on same pace inside final furlong, 4th (btn 1½l) **VAPE** (8-8) 50-1 prominent, pushed along over 2f out, kept on same pace inside final furlong, 6th (btn 4¾l) **ZOULU WARRIOR** (9-7) 9-1 slowly away, keen towards rear throughout, last (btn 7½l) (Chepstow 6f hcap (5) £4,187 good to firm).
CALAFRIO (9-9) 2-1 made all, quickened 1f out, ran on strongly, always doing enough towards finish, bt Von Krolock (9-4) 2l (4 ran) (Leicester 6f hcap (6) £3,263 good to firm).
BENAVENTE (9-2) 10-1 held up, ridden to close 2f out, switched left 1½f out, challenged 1f out, soon led, kept on well, bt Thaloria (10-2) 3¼l (7 ran) (Dundalk 7f app claim €6,000 AW).
ARNAZ (8-13) 9-1 made all, quickened clear well over 2f out, pushed along 1f out, kept on well, unchallenged, bt **MARISITTA** (9-2) 11-2 tracked front pair, pushed along 2f out and moved into second, stayed on but no chance with winner, 2¼l **SOME NIGHTMARE** (8-12) 13-2 in rear, pushed along 2f out and ran on, went never-dangerous third over 110yds out, 3rd (btn 2¾l) (7 ran) (Chepstow 6f app hcap (6) £3,768 good to firm).

EACH-WAY THIEF

RISEN AGAIN (3.50 Chepstow) comes from an in-form yard and was a solid second at Yarmouth latest. Have an each-way double with FOINIX (3.33 Lingfield) who was a good winner here last time and can go close again despite a higher weight.

LINGFIELD AW COLO…

2.30 ATTHERACES AMATEUR JOCKEYS' HANDICAP (Class 5) winner £4,172; 2m (8 runners)

1 -26364 **CIRCUIT BREAKER 64 (D)**
(4) J & A O'Neill 6-11-2 ... **Mr Simon Walker 97**
Runs: 18 Wins: 2 (S,A) Places: 6 £38,688
Winless for a while but dropping down weights, give good account

2 89737/ **BENVOY J124**
(6) J Davis 5-11-0 .. **Miss Brodie Hampson —**
Runs: 6 £1,618
Two years since last Flat run, fair over hdles, likely best watched here

3 -51734 **ROLAND GARROS 6**
(5) H Burton 5-11-0 .... **Mr Fletcher Yarham 95**
Runs: 13 Wins: 1 (G) Places: 2 £9,204
Winner at Catterick early doors, unexposed at this trip, taken seriously

4 3354-0 **WISE COUNSELLOR J56**
(3) G & J Moore 4-11-0 **Mr Hezekiah March (7) 85**
Runs: 9 Places: 2 £16,445
Has lost his way, incl. over hdles, stable switch needs to light fire, sniff

5 067542 **DIAMOND BAY 26 (B;CD)**
(7) T Ward 8-10-12 .... **Mr Henry Callan ●99**
Runs: 57 Wins: 8 (2F,5A,G) Places: 10 £145,374
More like it at Newb latest (albeit weak race), go well in this company

6 65/18- **FLAMINGO ROSE 401 (D)**
(8) M Wigham 9-10-6 **Mr Morgan Tidman (7) 86**
Runs: 8 Wins: 1 (G) Places: 2 £8,079
No stranger to winning after long absence, market should help steer

7 414475 **FURTHER MEASURE 22 (CD)**
(2) M Murphy 9-10-6 **Miss Charlotte Owen (7) 93**
Runs: 69 Wins: 10 (9A,GS) Places: 11 £74,328
Below mark for AW win in Feb but not so great since, bit to prove now

8 187434 **BEAUNE 14 (C)**
(1) B J Llewellyn & R Williams 4-10-2 **Miss Jessica Llewellyn (5) 96**
Runs: 25 Wins: 3 (3A) Places: 7 £20,842
Fair debut for this yard but blew out Ffos Las latest, capable but risky

BETTING: 2 Circuit Breaker, 3 Diamond Bay, 6 Beaune, 7 Roland Garros, 10 Further Measure, Benvoy, 12 Flamingo Rose
WHERE FAVOURITES FINISHED: 2 1
2025: Senor Cortez 4-10-9, Mr H Callan 4-6 Fav (R Eddery), drw 4, 8 ran.

Sunracing FORM

CIRCUIT BREAKER (9-6) 9-2 led, headed 1f out, no extra finish, 4th of 11 (btn 2½l) to Trojan Sun (9-5) (Carlisle 1¾m hcap (5) £4,187 good).
BENVOY (10-0) 9-2 disputed lead halfway, no extra final furlong, 7th of 9 (well btn) to Empress Alma (9-0) (Down Royal 1m 5f hcap €6,628 good).
ROLAND GARROS (9-7) 18-1 soon led, headed 2f out, weakened, 4th of 10 (btn 7¼l) to Crooked Path (9-11) (Kempton 1½m hcap (5) £4,187 AW).
WISE COUNSELLOR (8-11) 100-1 dropped to rear 2f out, no extra, 14th of 15 (well btn) to Patagonia Girl (9-9) (Chester 1½m app hcap (4) £15,462 good).
DIAMOND BAY (10-2) 8-1 led, headed 2f out, battled on, btn 1¼l by Campeona (9-3) (3 ran) (Newbury 2m hcap (5) £5,757 good to firm).
FLAMINGO ROSE (8-11) 11-1 dwelt, towards rear, never a factor, 8th of 14 (well btn) to Dino Bellagio (9-8) (Southwell 2m hcap (5) £11,515 AW).
FURTHER MEASURE (9-9) 16-1 led, headed over 2f out, faded 1f out, 5th of 9 (btn 5¼l) to Flash Kozo (9-1) (Southwell 1¾m hcap (5) £3,978 AW).
BEAUNE (9-6) 11-2 dwelt, outpaced 3f out, soon beaten, 4th of 10 (well btn) to A Daughters Love (8-12) (Ffos Las 1½m hcap (6) £3,454 good).

3.00 SKY SPORTS RACING VIRGIN 512 MAIDEN FILLIES' STAKES (4); 2-y-o; winner £5,400; 6f. (10 runners)

1 (3) **ENRICHED** T Clover 9-2 .... **Cieren Fallon —**
2 (6) 478 **IT'SBEENEMOTIONAL 54** L Mongan 9-2 .... **Georgia Dobie 90**
3 (1) 053045 **LAST DANDELION 24** S Williams 9-2 .... **Marco Ghiani 94**
4 (5) 93 **MUSICAL FORCE 28** H Eustace 9-2 .... **David Probert 93**
5 (4) 9 **MYSTIC UNICORN 14** M Keady 9-2 .... **Darragh Keenan 73**
6 (7) 4 **NIGHTSPELL 34** R Burdon 9-2 .... **Jack Mitchell 88**
7 (8) 72320 **PAST PASSION 31** J Portman 9-2 .... **Tyler Heard 97**
8 (10) 099 **PERTINENT 31** M Fenton 9-2 .... **Grace McEntee 70**
9 (9) 5 **POLLY THE SNIPER 15** T Dascombe 9-2 .... **William Cox 91**
10 (2) 3 **ROMOTOSO 17** W Knight 9-2 .... **Taylor Fisher ●99**

BETTING: 11-8 Romotoso, 5 Past Passion, 6 Musical Force, 8 Last Dandelion
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

3.33 ATTHERACES.COM CLASSIFIED STAKES (6) winner £3,454; 1m 4f (10 runners)

1 877321 **FOINIX 7 (B;CD)**
(6) J & S Best 6-10-0 .... **Finley Marsh ●99**
Runs: 54 Wins: 5 (3F,2A) Places: 10 £48,043
This his time of year, swooped late over C&D last week, one to beat

2 425300 **CHARLES MORIN 36 (B★)**
(7) P Phelan 5-9-9 .... **Paddy Bradley 91**
Runs: 19 Wins: 1 (G) Places: 4 £10,157
Poor strike-rate and struggled over C&D latest, blinkers on, down list

3 -97552 **DOUGLAS DC 14 (B)**
(10) A Carroll 8-9-9 .... **Marco Ghiani 90**
Runs: 27 Places: 9 £16,189
Better here latest but record (1-56) speaks for itself, vulnerable for win

4 406892 **FIGHTING POET 7 (B;D)**
(5) R Phillips 8-9-9 .... **Jonny Peate 94**
Runs: 40 Wins: 3 (2F,G) Places: 5 £20,922
Behind Foinix here last week, has never won away from Brighton, e-w

5 -10744 **PRIDE EYE 21**
(8) M Rimell 4-9-9 .... **Callum Hutchinson 95**
Runs: 9 Wins: 1 (A) £5,552
Sthwell win at turn of year, hcapper is giving her a chance, respected

6 917/55 **SNOOKER MCCREW 28 (C)**
(4) M Comley 5-9-9 ...... **Alfie Redman (7) 92**
Runs: 10 Wins: 1 (A) £4,084
Running himself into form after long time off, chances at best, interesting

7 336-90 **SOMEONE'S WISH 71 (C)**
(3) P Morris 6-9-9 ...... **Ryan Kavanagh (3) 89**
Runs: 16 Wins: 2 (2A) Places: 3 £10,939
Ex-Gordon Elliott, achieved little two starts for this yard, others preferred

8 604988 **SUMMER EVENING 7**
(1) D Flood 4-9-9 .... **Tyler Heard 77**
Runs: 16 Places: 1 £3,413
Better here latest, still doesn't scream she'll be shedding maiden tag soon

9 96-435 **CHURCHILL'S SPIRIT 21 (P★)**
(2) T Clover 3-9-0 .... **Jack Mitchell 81**
Runs: 6 £1,712
Penny is slowly dropping, better Yarmouth latest, c'pieces on, squeak

10 405 **STAR SUEPREME 22**
(9) L Souza 3-9-0 .... **Darragh Keenan 84**
Runs: 3 £507
Big prices and trounced all starts, unlikely she'll be troubling judge here

BETTING: 3 Foinix, 5 Snooker McCrew, 11-2 Pride Eye, 6 Douglas Dc, 7 Charles Morin, Fighting Poet, 10 Star Suepreme
WHERE FAVOURITES FINISHED: 0
2025: Nasim 6-9-9, K Shoemark 9-1 (M Pattinson), drw 6, 12 ran.

TEMPLEGATE		T…
2.30	Diamond Bay	2.30
3.00	Romotoso	3.00
3.33	Fighting Poet	3.33
4.08	My Old Mate	4.08
4.45	Zaltalla	4.45
5.20	Rovinia	5.20
5.52	Balon D'or	5.52
6.22	Chasing Gold	6.22

TEMPLEGATE'S TRIO: Arnaz and De… both Chepstow) with Flash Kozo (W…
TOM PEPPER'S DOUBLE: My Old… (both Lingfield).
SUNRATINGS' NAP: CONNIE'S ROSE (…
THE JUDGE: SAMRA STAR (3.00 Wolv…

■TIC-TAC: (AW) Left-handed all-weather Polytrack of … undulating course of 1m 4f, 3f run-in, races up to 7… ■DRAW: Little effect. ■LEADING TRAINERS WITH … 71-627, G & J Moore 46-380, S Dow 37-344, S C W… Carroll 19, James Owen 14, J Boyle 7. ■TOP JOCKE… Probert 75-489, J Mitchell 66-333, P Bradley 48-451, M… Ghiani 8, D Probert 8, P Bradley 8. ■LONGEST TRAV… Peregrine Falcon (5.52) trained at Prescot. Round trip o… WIND OP: My Mate Kev (6.22). ■LIVE ON SKY SPORT…

Sunracing F…

FOINIX (9-9) 9-1 rear mid-division, headway over 1f out, led final strides, bt **FIGHTING POET** (9-9) 80-1 mid-division, led approaching 2f out, soon ridden and faced challenge, joined over 110yds out, forged on closing stages, headed final strides, ½l (11 ran) (Lingfield 1½m class stks (6) £3,245 AW).
DOUGLAS DC (9-9) 16-1 midfield, headway over 2f out, ridden over 1f out, stayed on final furlong, 5th of 13 (btn 5¼l) to Sapphire Dream (8-6) **CHARLES MORIN** (9-9) 7-2 midfield, ridden 2f out, not clear run home turn, never nearer, 11th (btn 13l) (13 ran) (Lingfield 1½m (6) £3,454 AW).
DOUGLAS DC (9-2) 6-1 mid-division, pushed along over 3f out, went modest second closing stages, never a danger, btn 5½l by Hope Rising (9-9) (7 ran) (Lingfield 1½m hcap (6) £3,245 good to firm).
PRIDE EYE (8-12) 11-1 puled hard in last, shaken up over 3f out, no impression on leaders over 1f out, ran on same pace … 5½l) … hcap …
SNOO… prom… weak… Amat… hcap…
SOMEO… towa… Larav… (6) £3…
SUMM… mid-… plugg… 12 (b… (Ling…
CHURC… towa… never… Fletch… (6) £3…
STAR S… ridde… of 5 (… 1¼m …

4.08 FREE TIPS ATTHERACES… (6) 3-Y-O; winner £3,76…

1 -98211 **MY OLD MAT…**
(1) G & J Moore 10-0(6ex)…
Runs: 8 Wins: 2 (2F)
On a roll, two Windsor wins, pen negate…

2 79-448 **VENTURING 1…**
(2) A Carroll 9-9 ……
Runs: 5
Ex-Irish, hasn't beaten a rival in two sta…

3 54-55 **PERFECT RUL…**
(7) M Botti 9-9 ……
Runs: 4
Decent effort at Redcar (7f) latest, 1m l…

4 -21375 **GREY SANDS…**
(5) K Bailey & M Nicholls…
Runs: 8 Wins: 1 (A)
Not disgraced at Windsor latest, tad hig…

5 0470-0 **TEN CUIDADO…**
(6) M Usher 9-5 ……
Runs: 5
Little encouragement so far, needs mo…

6 0-9821 **HENFIELD 36…**
(3) K Jewell 9-0 ……
Runs: 7 Wins: 1 (A)
Always doing enough to win C&D latest,…

7 467455 **ERNIE MCCR…**
(4) J Moore 8-12 ….. …
Runs: 7
Hasn't set world on fire so far, step up …

BETTING: 10-11 My Old Mate, 7-2 Perfect… Mccrew, 12 Grey Sands, 50 Venturing, 66 T…
WHERE FAVOURITES FINISHED: 2 6…
2025: Harryella 9-6, O Murphy 6-4 Fav (J …

Sunracing F…

MY OLD MATE (9-8) 8-15 fav tracked leaders, led over 1f out, forged clear, bt Torbados (9-7) 4l (10 ran) (Windsor 1m hcap (6) £3,768 good to firm).
VENTURING (9-10) 80-1 in rear, always behind, eased 1f out, last of 8 (well btn) to Kaleidoscope Eyes (9-6) (Ffos Las 7f hcap (6) £3,454 good).
PERFECT RULER (9-9) 3-1 fav midfield, headway over 1f out, short of room when held near finish, 5th of 10 (btn 2¼l) to Maximum Velocity (9-3) (Redcar 7f hcap (6) £3,140 good).
GREY SANDS (9-7) 14-1 rear mid-division, stayed on from over 1f out, never on terms, 5th of 10 (btn 9l) to Mert… £3,76…
TEN CU… push… quick… btn) t… 1m hc…
HENFI… leade… and … doing… ran) (…
ERNIE… brief… of 8 … (Sout…

4.45 SKY SPORTS RACING SKY 41… (DIV 1) (6); winner £3,454; 7…

1 (12) 88-0007 **COILED 13** M Rimell 4-9-9…
2 (8) 6306954 **EDERGOLE'S GIFT 10 (B;CD)** C Allen…
3 (11) 47400-7 **HOLD THE PRESS 187 (CD)** J Jenkins…
4 (3) 9-14897 **MAURY 42 (CD)** C Benton 4-9-9…
5 (4) 5876499 **MIRAFLORES 13** R Cook & J Bridger…
6 (6) 7-63085 **RAQRAAQ 36 (B;C)** P Chamings 8-9-9…
7 (7) -575953 **TURPIN 21 (V)** J Boyle 4-9-9…
8 (1) -007336 **VICTORY SOUND 35 (D)** M Usher 4-9-…
9 (10) 9-48233 **ZALTALLA 5 (BF,CD)** G & J Moore 5-9…
10 (9) 4060538 **DORA VITA 15** R Phillips 3-9-4…
11 (2) 5926398 **MADEMOISELLE BELLE 28** M Comle…
12 (5) 7-45285 **SHE'S CRAFTY 49** G Margarson 3-9-4…

BETTING: 6 Edergole's Gift, 7 Turpin, Zaltalla, 10… Sound, 20 She's Crafty, Hold The Press
WHERE FAVOURITES FINISHED and 2025: No c…

S, FORM AND TIPS SEVEN DAYS A WEEK!

URS

GOING: STANDARD

TOM PEPPER
.....Circuit Breaker
.....Romotoso
.....Pride Eye
..MY OLD MATE (nap)
.....Turpin
.....Rovinia
..... Happier (nb)
.....My Mate Kev
elighfully Hot (double,
olverhampton).
l Mate and Happier

5.00 Chepstow).
verhampton).

1m 2f, 2f run-in. (Turf) Left-handed
f are run on the straight course.
RUNNERS (2021-2026): A Carroll
illiams 33-191. THIS SEASON: A
EYS WITH RIDES (2021-2026): D
l Ghiani 42-254. THIS SEASON: M
'ELLER: Someone's Wish (3.33) &
of 478 miles. ■FIRST RUN SINCE
TS RACING

FORM

inside final furlong, 4th of 6 (btn
to Divot (9-9) (Yarmouth 1f,m
(6) £3,768 good to firm).
KER MCCREW (10-3) 17-2
inent, ridden 2f out, soon
ened, 6th of 10 (btn 5¼l) to
hus (10-13) (Salisbury 7f amat
(6) £3,725 good to firm).
ONE'S WISH (8-10) 80-1 always
rds rear, 11th of 12 (well btn) to
ie (9-9) (Pontefract 2m 1f hcap
,402 good to firm).
ER EVENING (9-0) 28-1 rear
division, pushed along 2f out,
ged on, never involved, 8th of
tn 2l) to Roman Secret (9-9)
field 1¼m hcap (6) £3,245 AW).
CHILL'S SPIRIT (8-13) 16-1 keen
rds rear, shaken up 2f out,
involved, 5th of 6 (btn 3¾l) to
her (8-13) (Yarmouth 1m 3f hcap
,454 good to firm).
SUEPREME (8-12) 125-1 in rear,
n 2f out, always outpaced, last
btn 8¼l) to Ziata (9-0) (Windsor
mdn (4) £5,400 good to firm).

S.COM HANDICAP
58; 1m (7 runners)

E 8 (D)
. Jude Fernandes (7) ●99
Places: 1 £9,158
ed by rider's claim, strong claims

4
.....William Cox 83
£1,255
rts for this yard, look elsewhere

LER 92 (BF)
..... Marco Ghiani 93
£1,884
ikely to suit, one for the shortlist

57 (D)
s 9-6 Alfie Redman (7) 91
Places: 1 £6,022
gh in hcap but rider's claim helps

D 41
.....Finley Marsh 79
£399
ore help from hcapper, avoid

(CD)
.....David Probert 96
Places: 1 £5,075
5lb rise tough but not impossible

EW 12
Millie Wonnacott (5) 94
£1,316
in trip could be way to go, left
Ruler, 4 Henfield, 10 Ernie
en Cuidado
1 1 1
Fanshawe), drw 11, 11 ran.

FORM

oun (9-1) (Windsor 1m hcap (6)
8 good to firm).
UIDADO (9-4) 125-1 prominent,
ed along over 2f out, weakened
kly over 1f out, 12th of 13 (well
o Roi De Coeur (9-9) (Kempton
cap (6) £3,140 AW).
ELD (9-0) 7-2 fav chased
ers, strong run over 1f out, led
hung left final furlong, always
g enough, bt Zaltalla (9-9) nk (9
Lingfield 1m (6) £3,454 AW).
MCCREW (9-2) 6-1 mid-division,
headway 1f out, no extra, 5th
(btn 9¾l) to Starakova (9-3)
hwell 1m hcap (6) £3,664 AW).

5 CLASSIFIED STAKES
f. (12 runners)

.....Callum Hutchinson 70
5-9-9.....Cieren Fallon 97
s 7-9-9.....Marco Ghiani 77
.....Georgia Dobie 88
4-9-9.....Taylor Fisher 83
.....David Probert 89
.....Luke Catton (3) ●99
9.....Rhys Clutterbuck 90
-9.....Tom Queally 94
.....Jonny Peate 84
y 3-9-4.....Finley Marsh 85
.....Jack Mitchell 80
Raqraaq, 12 Maury, 14 Victory

corresponding race.

5.20 SKY SPORTS RACING SKY 415 CLASSIFIED STAKES (DIV 2) (6); winner £3,454; 7f. (11 runners)

1 (10) 2-69345 **CHLOE'S COURAGE 11 (D)** J Ryan 4-9-9.....Darragh Keenan 97
2 (11) 0-707 **DUPONT CIRCLE 57 (B★)** C Benton 4-9-9.....Georgia Dobie 75
3 (4) -649768 **HORUS 10 (C)** M Attwater 4-9-9.....James Glennon (7) 83
4 (8) 9934095 **MEGAPHONE 19** S Dixon 4-9-9.....Christian Howarth (3) 96
5 (9) 429-728 **NO NEWS 18 (B;D)** J Jenkins 6-9-9.....Jonny Peate 91
6 (7) 5-06766 **REGAL GUEST 16** G Margarson 4-9-9.....Jack Mitchell 90
7 (1) 5895222 **ROVINIA 13 (D)** R Teal 4-9-9.....Marco Ghiani ●99
8 (3) 0685199 **VITALLINE 14 (V;CD)** Kieran Burke 8-9-9.....Josephine Gordon 95
9 (6) 5-43704 **CROWN THE FUTURE 28 (D)** A Carroll 3-9-4.....Myla Coppins (5) 92
10 (2) 65-568 **POWER CUT 42 (BF)** C Banham 3-9-4.....Joey Haynes 80
11 (5) 9-00656 **RUIZ 17 (H)** S Dow 3-9-4.....Paddy Bradley 72

BETTING: 7-4 Rovinia, 4 Megaphone, 11-2 Chloe's Courage, 15-2 Regal Guest
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

5.52 AT THE RACES APP HANDICAP (DIV 1) (6) winner £4,711; 6f (10 runners)

1 263760 DIAMOND DREAMER 47 (B;CD) (10) P Chamings 6-9-9 ..... David Probert 88
Runs: 41 Wins: 6 (5A,GS) Places: 7 £38,609
Best recent efforts have come here, thrown in at best but risky for now

2 -63907 EXPRESS TRAIN 14 (D) (3) R Phillips 4-9-9 ..... Jonny Peate 84
Runs: 10 Wins: 1 (F) Places: 1 £7,492
Inconsistent, yet to get it together for this yard, place prospects at best

3 049611 HAPPIER 6 (D) (5) M Keighley 6-9-9(5ex) . Toby Moore (7) ●99
Runs: 39 Wins: 5 (F,2A,2G) Places: 7 £38,747
On hat-trick, won at Ffos Las last week, pen offset by good claimer, player

4 -23536 PEREGRINE FALCON 18 (8) P Morris 4-9-8 ..... Ryan Kavanagh (3) 89
Runs: 16 Places: 6 £13,376
Definite ability but yet to get her head in front, don't rule her out though

5 7-1906 BIG BARD 69 (CD) (9) G & J Moore 8-9-7 . Jude Fernandes (7) 90
Runs: 50 Wins: 9 (2S,2F,4A,G) Places: 7 £44,618
Winner at Kempton in Jan but off the boil since, needs bounce back

6 -76484 BALON D'OR 14 (D) (1) S Dow 5-9-7 ..... Paddy Bradley 96
Runs: 37 Wins: 3 (GS,2G) Places: 4 £81,080
Not disgraced C&D last time, nudged down 2lb, give good account

7 448147 ALASHOS 57 (CD) (7) C Gordon 4-9-6 ..... Charles Bishop 92
Runs: 26 Wins: 2 (F,A) Places: 5 £21,643
C&D winner in April but struggled off higher mark since, in the hunt

8 807762 DUE DATE 45 (V;D) (2) C Wallis 6-9-5 ..... Jason Watson 95
Runs: 52 Wins: 9 (F,7A,G) Places: 8 £46,084
Lightly raced on turf and went down fighting at Leic latest, respected

9 -05049 DASHING DONKEY 19 (4) W Stone 5-9-4 ..... Jack Mitchell 83
Runs: 24 Wins: 4 (S,2GS,G) Places: 5 £26,933
Purple patch last summer and starting to look well treated, e-w squeak

10 045455 PORFIN 5 (CD) (6) P McEntee 8-8-9 ..... Grace McEntee 82
Runs: 118 Wins: 11 (S,F,8A,G) Places: 24 £94,575
In good heart over winter but has struggled recently, inc. C&D latest, watch

BETTING: 7-2 Happier, 7 Balon D'or, 10 Due Date, 12 Alashos, 14 Big Bard, 16 Peregrine Falcon, Diamond Dreamer, 20 Express Train
WHERE FAVES FINISHED and 2025: No corresponding race.

6.22 AT THE RACES APP HANDICAP (DIV 2) (6) winner £4,711; 6f (9 runners)

1 -28839 WOOLRIDGE 59 (5) S Dixon 4-9-9 ..... Tyler Heard 87
Runs: 12 Places: 4 £8,423
Last AW start was promising but downed tools at Donny latest, jury's out

2 319806 TWILIGHT MADNESS 14 (CD) (2) S Hodgson 8-9-9 ..... William Carver 91
Runs: 57 Wins: 10 (8A,2G) Places: 12 £74,530
Hasn't hit top gear for a while but below last winning mark, in the mix

3 3-U142 CHASING GOLD 26 (B;D) (4) M Keady 4-9-8 ..... Taylor Fisher 98
Runs: 17 Wins: 1 (S) Places: 3 £10,615
Bumped into one latest, has run well here before, one of likelier ones

4 953171 WALKING ON CLOUDS 42 (B;CD) (3) C Banham 7-9-7 ..... Joey Haynes ●99
Runs: 54 Wins: 10 (8A,2G) Places: 11 £75,841
C&D win in June, better still at Wolves latest, up 3lb but one to beat

5 9-0567 MY MATE KEV 91 (BF,D) (9) C Dwyer 4-9-7 ..... Marco Ghiani 92
Runs: 15 Wins: 2 (A,G) Places: 1 £10,991
Has talent but struggling of late, another wind op since last run, watch

6 007186 COURT OF SESSION 68 (V;C,D) (8) P McEntee 7-9-7 ..... Cieren Fallon 90
Runs: 54 Wins: 6 (5A,G) Places: 9 £60,007
Not the force of old but up to winning this on a going day, dangerous

7 323162 VON KROLOCK 20 (B;D) (1) J Owen 7-9-5 .... Christian Howarth (3) 96
Runs: 48 Wins: 4 (4A) Places: 9 £34,690
No disgrace at Leic latest, better on AW and stable in good form, player

8 438-89 UNICO 70 (D) (7) C Gordon 5-9-4 ..... Charles Bishop 78
Runs: 28 Wins: 3 (S,F,A) Places: 5 £23,516
Tumbling down the weights but for a reason, others appeal more

9 199873 HENRY TUDOR 10 (D) (6) M Hoad 4-8-9 ..... Callum Hutchinson 93
Runs: 14 Wins: 1 (A) Places: 1 £4,842
More like it C&D latest, back on last winning mark, taken seriously

BETTING: 10-3 Walking On Clouds, 4 Chasing Gold, My Mate Kev, 7 Von Krolock, Twilight Madness, 8 Court Of Session

LONG SHOT **ALASHOS (5.52 Lingfield) has winning form over this course and distance and the handicapper has given him a chance in what looks an open contest.**

PROBETS
CLASS ACT: PERCY'S LAD (6.30 Wolver) has won three times in this grade.
HOT TRAINER: The Crisfords are running near 50% winners and they saddle WHITE STORM (8.00 Wolver) as their only runner today
GAMBLED ON: SNOOKER MACREW (3.33 Lingfield) was backed when missing out at Salisbury latest.

XMAS CHEER

From Page One

that's what he does. He goes on any ground, it was soft when he won the Derby but he goes on fast ground and he is a very straightforward horse to deal with."

Meanwhile Moore has been talking up the chances of Mission Central in the Nunthorpe Stakes on Friday over the flying five furlongs.

He said of the 12-1 chance: "He didn't see out six furlongs up the hill at Newmarket in the July Cup and dropping back to a flat, fast five furlongs at York will suit him really well.

"He was really progressive at the start of the year and he seems in good form at home. There'll be pace everywhere and the draw will be important, but if he gets a nice draw and a clear shot at it then he'll definitely be thereabouts."

Moore will also be on Minnie Hauk in Thursday's feature Yorkshire Oaks with the pair taking on King George winner Kalpana.

Moore added: "Minnie Hauk had a very good three-year-old campaign and came back well at the start of the year, including running a really good race at Royal Ascot.

"The King George didn't work out for her but she likes York and the mile and a half there suits her well. She's going to have to reverse the form with Kalpana but we didn't see the best of her at Ascot."

RACING RESULTS

CATTERICK
Going: Good-good to firm in places

2.15: 1 STELLARMASTERPIECE Miss Becky Smith (7-2); **2 Star Start** (9-2); **3 Austrian Theory** (9-4 fav). 7 ran. 1¼l; ½l. M Hammond. T: £4.50; £1.80, £2. Ex: £15.50. Trifecta: £65.40. CF: £20.28.

2.45: 1 HARRY'S POP S James (2-1 fav); **2 Aura Of Melania** (7-2); **3 Cheeky Chesca** (13-2). 8 ran. 2l; 1¼l. D Cunha. T: £3; £1.40, £1.40, £2.10. Ex: £10. Tricast: £38.36. Trifecta: £48.40. CF: £9.20.

3.15: 1 QUERCUS Shane Gray (12-1); **2 Daytona Lady** (11-1); **3 Edmond Halley** (9-4 fav). 9 ran. ns; 2½l. Mrs A Duffield. T: £13.20; £3.20, £2.90, £1.40. Ex: £123.40. Tricast: £410.05. Trifecta: £540.90. CF: £136.74.

3.45: 1 STAR NOIR B Garritty (10-3); **2 Night Shining** (4-7 fav); **3 Top Lad** (22-1). 6 ran. 8¼l; 2¾l. M & D Easterby. T: £4.34; £1.50, £1.10. Ex: £5.80. Trifecta: £24.10. CF: £5.62.

4.15: 1 OUR ABSENT FRIENDS D Allan (7-2); **2 Canaria Queen** (13-2); **3 Cheerleader** (9-1). 11 ran (Staniel Cay 10-3 fav). 4l; 1l. T Davidson. T: £4.60; £1.90, £1.90, £2.70. Ex: £28.70. Tricast: £168.60. Trifecta: £234.10. CF: £27.86.

4.45: 1 BLACK STORM Oisin Orr (11-4); **2 Classy Clarets** (12-1); **3 Vince Le Prince** (11-4). 9 ran (Runninsonofagun 5-2 fav). 1¾l; 1l. K Scott. T: £3.80; £1.40, £2.90, £1.40. Ex: £49.10. Tricast: £98.23. Trifecta: £133.90. CF: £36.09. NR: Emerald Army.

JACKPOT: Not won, pool of £1,216.51 carried over.
PLACEPOT: £42.20
QUADPOT: £11.80

LINGFIELD
Going: Standard

2.30: 1 POPPY FOXY S Osborne (15-2); **2 Pequenita** (10-11 fav); **3 Parading** (11-4). 5 ran. 2l; 2l. Charlie Clover. T: £8.50; £2.50, £1.20. Ex: £17.30. Trifecta: £41. CF: £15.28. NR: Crazy Cubana.

3.00: 1 RAPIDE VEGA MP Sheehy (2-1); **2 Lady Blitzle** (200-1); **3 Barbuda Bay** (33-1). 10 ran (Justice Court 6-4 fav). 2½l; 1l. A Keatley. T: £3; £1.20, £39.20, £5.80. Ex: £413. Trifecta: £6774. CF: £356.34.

3.30: 1 REGALLY BLONDE S Osborne (33-1); **2 Le Rouge Chinois** (13-8); **3 Belle Of Kt** (4-7 fav). 5 ran. ½l; ½l. B Case. T: £34; £1.10, £6.10. Ex: £69.80. Trifecta: £190.80. CF: £87.33. NR: Animato.

4.00: 1 VEIL OF CLOUDS C Shepherd (4-7 fav); **2 Egotistical** (5-2); **3 Dark Brunette** (9-1). 5 ran. 6l; ½l. S & E Crisford. T: £1.58; £1.10, £1.40. Ex: £2.10. Trifecta: £6.50. CF: £2.29.

4.30: 1 PURE PASSION Jack Doughty (1-2 fav); **2 Saeculamation** (5-1); **3 Mimime** (22-1). 6 ran. ¾l; 2l. S C Williams. T: £1.50; £1.10, £1.90. Ex: £4. Trifecta: £26.70. CF: £3.39.

5.00: 1 HOVE RANGER R Clutterbuck (3-1); **2 Boston Run** (5-2 fav); **3 Forca Timao** (7-1). 8 ran. nk; nk. G & J Moore. T: £4; £1.40, £1.10, £2.30. Ex: £13.40. Tricast: £45.43. Trifecta: £48.80. CF: £11.03.

PLACEPOT: £45.80
QUADPOT: £3.60

WINDSOR
Going: Good to firm

5.20: 1 THORNABY PEARL J Dickson (10-3 jtfav); **2 South Shore** (10-3 jtfav); **3 Sunlit Sea** (6-1). 9 ran. hd; 1l. Adrian Nicholls. T: £4.34; £1.60, £1.40, £1.70. Ex: £18.20. Tricast: £63.75. Trifecta: £59.70. CF: £14.07.

5.55: 1 MITHAALY B Loughnane (4-9 fav); **2 Arthur Carrot** (22-1); **3 Hemustbeanangel** (100-1). 11 ran. 4¾l; 2¼l. G Boughey. T: £1.45; £1.10, £4.50, £10.90. Ex: £19.10. Trifecta: £407.80. CF: £19.94.

6.25: 1 BLACK VELVET BOY J Hart (6-1); **2 Magic Effort** (12-1); **3 Paper View** (4-1). 5 ran (Sky Secret 13-8 fav). ¾l; nk. J & S Quinn. T: £7; £2, £3.20. Ex: £43.20. Trifecta: £66.30. CF: £58.80. NR: Inca Warrior.

6.55: 1 UNDER THE TWILIGHT H Davies (7-2); **2 Tenbob Tommy** (8-1); **3 Lequinto** (17-2). 8 ran (Ray Mon Dough 6-4 fav). hd; hd. M Blake. T: £4.70; £1.60, £1.90, £1.80. Ex: £37.90. Tricast: £225.91. Trifecta: £160. CF: £33.06. NR: Cashbox.

7.25: 1 NZURI Rose Dawes (40-1); **2 Yes Waiim** (4-1); **3 Geemann** (22-1). 12 ran (Jackie Brown 3-1 jtfav, Manhattan Chute 3-1 jtfav). 2l; 1l. F Brennan. T: £54; £10, £2.20, £5.50. Ex: £417.70. Tricast: £3769.70. Trifecta: £3199.60. CF: £200.93.

7.55: 1 PERSHALLA C Fallon (4-1); **2 Mister Pretentious** (50-1); **3 Highland Harvey** (9-4 fav). 9 ran. 1¼l; 1¾l. A Perrett. T: £5; £1.80, £4.60, £1.40. Ex: £208.20. Tricast: £551.61. Trifecta: £968.60. CF: £182.30.

PLACEPOT: £239.10
QUADPOT: £239.40

WOLVERHAMPTON
Going: Standard

5.10: 1 SO SASSY Kaiya Fraser (3-1 fav); **2 Dream Illusion** (13-2); **3 Angels' Share** (10-3). 10 ran. 1¾l; 1¼l. J Fanshawe. T: £4; £1.40, £2.60, £1.70. Ex: £26.40. Tricast: £71.01. Trifecta: £125.10. CF: £23.54.

5.40: 1 FOREST BERRY L Morris (9-4 fav); **2 Pon Pon Dalia** (5-2); **3 Eagle Storm** (13-2). 8 ran. 1l; 6l. Sir M Prescott. T: £3.25; £1.30, £1.10, £2.40. Ex: £5.80. Trifecta: £34.50. CF: £8.44. NR: Velma Dinkley.

6.10: 1 WONDERVISION G Bass (4-1 co fav); **2 Sydney Grace** (11-2); **3 Royal Titan** (13-2). 10 ran (Horndean 4-1 co fav, Nascent Star 4-1 co fav). nk; 1¼l. J Channon. T: £5; £1.80, £1.80, £2.30. Ex: £22. Tricast: £141.58. Trifecta: £172.40. CF: £26.25.

6.40: 1 TRUST YOURSELF L Morris (4-1); **2 Rex Regum** (3-1 jtfav); **3 Invincible Isaac** (3-1 jtfav). 8 ran. 1¾l; 2¾l. J Tate. T: £5.60; £2, £1.40, £1.70. Ex: £17.20. Tricast: £40.16. Trifecta: £63.70. CF: £16.27. NR: Sea Palace, Zohar.

7.10: 1 BLUE FORCE C Hardie (25-1); **2 Style King** (5-2 fav); **3 Dicko The Legend** (3-1). 10 ran. ½l; 1¼l. A Brittain. Tricast: £261.98. CF: £87.29.

7.40: 1 LET'S GO HUGO T Kiely-Marshall (4-1); **2 Jungle Dance** (13-2); **3 Rajeteriat** (12-1). 9 ran (Alafdhal 7-2 fav). 2l; 1¾l. O Pears. T: £5; £1.60, £2.60, £3.80. Ex: £42. Trifecta: £357.50. CF: £30.74.

8.10: 1 PRINCE OF CALYPSO D Tudhope (3-1); **2 James Choice** (5-4 fav); **3 Joseph** (18-1). 10 ran. hd; 1¼l. E Bethell. T: £4.30; £1.40, £1.20, £4.30. Ex: £8.70. Tricast: £55.57. Trifecta: £63.10. CF: £7.06. NR: Clansman.

PLACEPOT: £23
QUADPOT: £9.20

TEMPLEGATE
RACING'S NO1 TIPSTER STEVE MULLEN

ARNAZ got what it takes (5.00 Chepstow, nap).

Taking the headgear off worked wonders on this five-year-old last time as he absolutely lagged up over this trip.

He was ridden by a 7lb claimer that day and Billy Loughnane takes over today off the same mark. The cheekpieces stay off and he can strike again.

DELIGHFULLY HOT (2.45 Chepstow, nb) was chinned right on the line at Sandown last time. That followed a good runner-up effort at Wolver and he can get off the mark kept to maiden level with Billy The Kid a good booking.

FLASH KOZO (8.00 Wolverhampton, treble) has yet to run a bad race on the sand and has plenty in the tank scoring at Southwell latest. He sees this trip out strongly and can follow up for quality trainer Harry Eustace.

Go on the raz with Arnaz

★ TEMPLEGATE NAP
ARNAZ
5.00 Chepstow
Goes well here, likes the ground and should be right there again.

★ TEMPLEGATE NB
DELIGHFULLY HOT
2.45 Chepstow
Promising run at Sandown and a repeat would see him land the win.

★ TEMPLEGATE TREBLE
FLASH KOZO
8.00 Wolver
Has been in fine form and this looks another good winning chance.

You love racing. We love racing.

The Favourite. First past the post for colours, tips and form SEVEN DAYS A WEEK

Favourite WE'RE ALL YOU NEED, ALL THE TIME

WOLVERHAMPTON

GOING: STANDARD

TEMPLEGATE
5.30 Franschhoek
6.00 Maliqui
6.30 Spaceman
7.00 Samra Star
7.30 Acclaimed Freedom
8.00 Flash Kozo

TOM PEPPER
5.30 Why Not Me
6.00 Javelot
6.30 Percy's Lad
7.00 Samra Star
7.30 Acclaimed Freedom
8.00 Velvet Whisper

■TIC-TAC: Left-handed, very tight Tapeta all-weather track of 1m, with a 330yd run-in. Races over 6f and 7f start on separate chutes. ■DRAW: Little effect. ■LEADING TRAINERS WITH RUNNERS (2021-2026): M Loughnane 82-758, S Dixon 53-801, M Botti 43-310, R & P Fahey 41-375. THIS SEASON: M Botti 9. ■TOP JOCKEYS WITH RIDES (2021-2026): L Morris 122-1031, H Crouch 58-280, O Murphy 52-189, C Shepherd 52-400. THIS SEASON: L Morris 13. ■LONGEST TRAVELLER: Samra Star (7.00) trained at East Kilbride. Round trip of 550 miles. ■FIRST RUN SINCE WIND OP: Astrid (5.30). ■LIVE ON SKY SPORTS RACING

5.30 DOWNLOAD THE AT THE RACES APP MAIDEN STAKES (4); winner £5,400; 1m 1f 104yds. (6 runners)

1 (1) 3 **FRANSCHHOEK 146** J Fanshawe 3-9-7 **Kaiya Fraser 98**
2 (2) 7 **SAIFO 40** D Simcock 3-9-7 **Silvestre De Sousa 96**
3 (3) 4 **STATE EXPRESS 13** S Woods 3-9-5 **Luke Morris 90**
4 (4) 2- **WHY NOT ME 264** S Williams 4-9-5 **Oisin Murphy ●99**
5 (6) 7 **ASTRID 120** J Horton 3-9-0 **Robert Havlin 93**
6 (5) 77- **SUESHINE 339 (P★)** K Turner 3-9-0 **Clifford Lee 80**

BETTING: 11-10 Franschhoek, 2 Why Not Me, 11-2 Saifo, 10 Astrid, 16 State Express, 66 Sueshine
WHERE FAVOURITES FINISHED and 2025: No corresponding meeting.

6.00 SKY SPORTS RACING SKY 415 RESTRICTED NOVICE STAKES (4); 2-y-o; winner £5,400; 7f. (12 runners)

1 (11) 8 **ARLECCHINO'S MOON 50** M Usher 9-7 **Robert Havlin 81**
2 (3) 8 **BACKMEIFYOUCAN 26** I Furtado 9-7 **Hector Crouch 89**
3 (9) **DARK DETECTIVE** O Greenall & J Guerriero 9-7 **Harry Russell —**
4 (5) 4 **JAVELOT 16** M Botti 9-7 **Silvestre De Sousa 96**
5 (6) 6 **L B DOUBLE U 26** T Dascombe 9-7 **Pierre Jamin 97**
6 (8) **MALIQUI** C Fellowes 9-7 **Oisin Murphy —**
7 (4) 5 **PEABERRY 22** T Ward 9-7 **Sean Levey ●99**
8 (1) 9 **SPES DURAT AVORUM 16** J Morland 9-7 **Callum Shepherd 85**
9 (12) 0 **WITHOUT FAIL 8** M Bell 9-7 **Joe Bradnam (7) 83**
10 (10) 79 **BRAZILIAN BLITZ 22** I Furtado 9-4 **Robbie Downey 80**
11 (2) 0 **APRIL'S LUCK 8** D Cunha 9-2 **Stevie Donohoe 79**
12 (7) 85 **CHAISE LONGUE 10** E Dunlop 9-2 **Jack Callan 90**

BETTING: 7-4 Maliqui, 3 Peaberry, 7-2 Javelot, 5 L B Double U, 16 Chaise Longue, Backmeifyoucan, 25 Dark Detective, 33 Without Fail, Spes Durat Avorum

6.30 WOLVERHAMPTON-RACECOURSE.CO.UK BOOK NOW HCAP (4) £5,234; 7f (10 run)

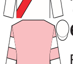
1 006261 **PERCY'S LAD 6 (D)**
(5) D & C Kubler 8-10-5(4lbex) **Ebrahim Nader ●99**
Runs: 34 Wins: 7 (2F,A,4G) Places: 8 £130,716
Kempton win last Wednesday, should be competitive despite a 4lb penalty

2 1/060- **NAEPOINT 332**
(2) R & P Fahey 5-10-0 **Warren Fentiman (3) 87**
Runs: 11 Wins: 3 (S,2F) Places: 2 £34,735
Redcar Class 2 hcp win in Oct '24, returns from long absence, best watched

3 221-43 **HAADERR 17 (D)**
(10) E Bethell 3-9-8 **Daniel Tudhope 95**
Runs: 5 Wins: 1 (A) Places: 2 £10,758
Improved on Catterick return when 3rd at Doncaster last month, shortlist

4 2709-0 **HAVANAGREATTIME 19 (D)**
(3) R Carr 5-9-7 **James Sullivan 85**
Runs: 20 Wins: 4 (F,2A,G) Places: 4 £48,077
Ex-Richard Hughes, tailed off on stable debut last month, ignore

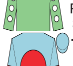
5 7-5482 **INSIDE STORY 18**
(9) J Tate 3-9-6 **Silvestre De Sousa 97**
Runs: 8 Wins: 1 (A) Places: 2 £9,898
C&D 2nd here in July, up 3lb today, conditions suit, leading contender


6 14-049 **PADUA 22 (D)**
(1) H Morrison 4-9-6 **Hector Crouch 93**
Runs: 9 Wins: 1 (G) Places: 1 £10,058
Haydock hcap win in July '25, not the best record on AW, needs more

7 112507 **PACKETOFBISCUITS 110 (B;CD)**
(7) J Mackie 4-9-4 **Luke Morris 92**
Runs: 26 Wins: 4 (3A,G) Places: 5 £33,250
Brace of Southwell wins earlier this year, mark needs to drop to be involved

8 9-7227 **HE'S A GENTLEMAN 38 (V;CD)**
(4) H Palmer 7-9-3 **Oisin Murphy 94**
Runs: 56 Wins: 6 (5A,G) Places: 19 £81,965
Pair of 2nds here in March, back on a winning mark now, place claims

9 2-313 **SPACEMAN 22 (C)**
(8) R & P Fahey 3-9-0 **Oisin Orr 98**
Runs: 4 Wins: 1 (A) Places: 2 £9,226
3rd on his hcap debut at Southwell last month, more to come, player


10 2-8308 **SHAW PARK 160 (D)**
(6) S Dixon 7-8-11 **Mikkel Mortensen (5) 84**
Runs: 42 Wins: 5 (4F,A) Places: 12 £50,542
Not won since May '25, capable on his day, needs revival after long break

BETTING: 3 Percy's Lad, 7-2 Spaceman, 4 Inside Story, 6 Haaderr, 10 He's A Gentleman, Padua, 14 Packetofbiscuits, 16 Naepoint

Sunracing FORM

PERCY'S LAD (9-10) 5-1 led, driven final furlong, held on, bt Sea Founder (9-1) sh hd (Kempton 7f hcp (4) £6,281 AW).
NAEPOINT (9-2) 16-1 chased leaders, lost place 2f out, soon behind, eased, 13th of 14 (well btn) to Thunder Roar (9-8) (Ayr 1m hcap (2) £23,193 soft).
HAADERR (9-9) 3-1 led, ridden 2f out, kept on final 110yds, 3rd of 6 (2½l) to Suspicious Mindz (9-3) (Doncaster 7f hcap (4) £5,653 good to firm).
HAVANAGREATTIME (9-8) 20-1 mid-division, ridden halfway, weakened, last of 11 to Mission Command (8-13) (W'hampton 6f claim (6) £3,564 AW).
INSIDE STORY (9-3) 5-1 midfield, ridden final furlong, no extra finish, btn nk by Carnival Of Light (10-1) (9 ran) (W'hampton 7f hcp (4) £5,234 AW).
PADUA (9-10) 5-1 led, pushed along 2f out, faded, 9th of 10 (11l) to King Of Fury (9-9) (Southwell 7f hcp (4) £5,234 AW).
PACKETOFBISCUITS (9-6) 5-1 tracked leaders, ridden 2f out, weakened, last of 7 (btn 14l) to Jimmy Speaking (9-11) (Southwell 7f hcap (4) £5,234 AW).
PERCY'S LAD (10-4) 7-4 fav prominent, ridden 2f out, weakened, 6th of 9 (4¼l) to Advance Twentyfive (9-0) **HE'S A GENTLEMAN** (9-4) 22-1 midfield, ridden 2f out, held, 7th (4½l) (9 ran) (Chester 1m hcap (4) £7,731 good).
SPACEMAN (9-0) 4-1 rear mid-division, pushed along 2f out, ridden 1f out, no extra, 3rd of 12 (1l) to Storm Free (10-3) (Southwell 7f hcap (4) £5,234 AW).
PACKETOFBISCUITS (9-9) 11-4 in rear, ridden final furlong, ran on strongly final 110yds, btn hd by Goldmoyne (10-0) **SHAW PARK** (9-4) 7-1 midfield, ridden 2f out, weakened, 8th (10l) (9 ran) (Southwell 7f hcp (5) £3,716 AW).

7.00 SURESTORE SELF STORAGE FILLIES' HCAP (5) winner £3,978; 1m 1f (10 runners)

1 438211 **SAMRA STAR 11 (H;CD)**
(3) L Perratt 5-9-13 **Oisin Murphy ●99**
Runs: 30 Wins: 5 (F,3A,G) Places: 1 £27,239
Ready winner at Musselburgh in Aug, up 4lb but top jockey booked, player

2 248424 **GLADIADORA 29 (BF)**
(10) C Clover 5-9-13 **Saffie Osborne 96**
Runs: 22 Wins: 3 (F,2A) Places: 4 £21,965
Consistent performer at this level, btn fav last 2 starts, should be in the mix

3 -35844 **GOLDIE TRICKETT 32 (BF)**
(7) J Chapple-Hyam 4-9-10 **David Egan 95**
Runs: 9 Places: 1 £3,909
Excuses latest when beaten-fav 4th in Nottingham handicap, shortlist

4 444 **KHEPRI 21 (V★)**
(4) K R Burke 3-9-9 **Clifford Lee 93**
Runs: 3 £2,282
Nothing to note in 3 starts, visor tried on hcp debut, top stable, respected

5 243622 **BLUE CELESTIAL 12**
(1) J Tate 3-9-8 **Silvestre De Sousa 98**
Runs: 12 Places: 6 £10,506
Capable of reversing C&D 2nd with Sunshine And Roses, major claims

6 860-23 **ALBERTINI STAR 26**
(8) A King 3-9-7 **Luke Morris 92**
Runs: 5 Places: 1 £3,253
Not beaten too far in Sandown 3rd last month, headgear is off, place claims

7 -32568 **MIMI'S MAGIC 22 (V★)**
(6) E Dunlop 3-9-6 **Robert Havlin 87**
Runs: 8 Places: 2 £5,330
Showed little on last 3 turf runs, back on AW and visor 1st time a positive

8 446604 **SAILOR'S RETURN 15 (T★)**
(9) D O'Meara 3-9-5 **Daniel Tudhope 84**
Runs: 9 £4,216
Hit problems in running in encouraging Ripon 4th this month, needs more

9 4-0712 **SUNSHINE AND ROSES 10 (CD)**
(5) J Channon 3-9-4 **Rose Dawes (5) 94**
Runs: 13 Wins: 1 (A) Places: 4 £10,777
C&D mdn hcp win in July beating Blue Celestial, 2nd at Haydock latest, e-w

10 0-077 **DELEVINGNE DREAM 31 (P★)**
(2) H Eustace 3-9-0 **George Wood 83**
Runs: 4
Unplaced in 4 starts, 7th & last at Ripon last month, cheekpieces on, ignore

BETTING: 3 Samra Star, 4 Blue Celestial, 5 Goldie Trickett, 11-2 Gladiadora, 10 Khepri, Sunshine And Roses, 12 Albertini Star

7.30 MAGGIES HANDICAP (5); 3-y-o; value to the winner £3,978; 6f. (8 runners)

1 (1) 13-1786 **UP THE AGENDA 34 (D)** J Morland 9-9 **Callum Shepherd 96**
2 (4) 52416 **PERCY'S STAR 45** C Dwyer 9-9 **Silvestre De Sousa 95**
3 (2) 1-86246 **ACCLAIMED FREEDOM 40** G Scott 9-8 **Oisin Murphy 98**
4 (5) 52217 **SARGENT DENNIS 26 (D)** J Channon 9-7 **Rose Dawes (5) ●99**
5 (6) -312288 **ARISHKA'S DREAM 75 (BF,CD)** D & C Kubler 9-6 **Ebrahim Nader 94**
6 (7) 2-71887 **ESCAPE PLAN 14 (D)** T Ward 9-3 **Sean Levey 92**
7 (8) 1-61455 **FIZZY CRISTAL 32 (D)** R & P Fahey 9-2 **Warren Fentiman (3) 97**
8 (3) 273-255 **SOCA STAR 50** S Spencer 9-2 **Dale Swift 90**

BETTING: 7-2 Acclaimed Freedom, 4 Sargent Dennis, 5 Fizzy Cristal, 11-2 Arishka's Dream, 6 Percy's Star, 7 Up The Agenda, 12 Escape Plan, 14 Soca Star

8.00 SELF STORAGE ASSOCIATION HANDICAP (5); value to the winner £3,978; 1m 6f. (9 runners)

1 (6) 119-225 **SO ALEX 46 (C)** R Newland 4-10-2 **Jack Doughty 95**
2 (1) 6211-88 **VELVET WHISPER 102** E Bethell 4-10-2 **Daniel Tudhope 96**
3 (4) 3032-48 **KINGDOM OF STARS 8** K Lee 5-10-2 **Robert Havlin 85**
4 (7) -459732 **DANCE TIME 7 (CD)** D Loughnane 6-10-0 **Laura Pearson 94**
5 (3) 58-8364 **PERCY JONES 36 (CD)** M Loughnane 7-9-13 **Luke Morris 91**
6 (9) 256 **WHITE STORM 35** S & E Crisford 3-9-8 **Silvestre De Sousa 97**
7 (2) 42-2415 **HEROICS 45 (D)** A King 3-9-7 **Oisin Murphy 96**
8 (8) 0-43051 **FLASH KOZO 22 (D)** H Eustace 3-9-3 **Kaiya Fraser 98**
9 (5) 4711112 **KAKIRRA 20 (BF,C)** O Sangster 3-9-0 **Hector Crouch ●99**

BETTING: 3 Flash Kozo, 7-2 Kakirra, 6 White Storm, 7 Velvet Whisper, Heroics, 8 Dance Time, So Alex, 14 Percy Jones, 33 Kingdom Of Stars

ROSCOMMON

GOING: GOOD

EAMONN HAMES
5.10 LOINGSEOIR (nap)
5.45 Nando Royale
6.15 Emotional Hedging
6.45 Brise Fraiche
7.15 Tokyo Treasure (nb)
7.45 Purple Bandit
8.15 Catherine Magennis

TOM PEPPER
5.10 Bucaneer's Spirit
5.45 Cashel Queen
6.15 Sword Of State
6.45 Flower Forest
7.15 Summer Island
7.45 Almazann
8.15 Yquem

■TIC-TAC: Right-handed, sharp track of 1m 2f, with 3f run from final bend to finish. ■DRAW: No advantage. ■LEADING TRAINERS WITH RUNNERS (2021-2026): J P O'Brien 25-125, J Harrington 12-84, G M Lyons 11-51, G Cromwell 10-55. THIS SEASON: J P O'Brien 4, A McGuinness 2, J Harrington 2. ■TOP JOCKEYS WITH RIDES (2021-2026): W J Lee 17-89, C T Keane 16-123, G F Carroll 15-90, B M Coen 14-88. THIS SEASON: S Foley 3, B M Coen 3, W J Lee 3. ■LONGEST TRAVELLER: Phidias Ovation (5.10) & Sunny South West (7.45) trained at Tipperary. Round trip of 216 miles. ■JACKPOT: Races 3-6. PLACEPOT: Races 1-6. ■LIVE ON RACING TV

5.10 APPRENTICE OPTIONAL CLAIMING STAKES; €6,000; 1m 2f. (11 runners)

1 (6) 0862 **DARKDESERTHIGHWAY 12 (B;BF)** M O'Callaghan 8-10-2 **P Harnett**
2 (10) 0963 **KAKORI 69** J O'Brien 4-10-2 **J Pietropaolo (4)**
3 (3) 4643 **LOINGSEOIR 21 (C,D)** M Grassick 10-10-2 **J Cleary**
4 (7) -070 **PHIDIAS OVATION 67 (H★,P★)** P O'Donnell 4-10-2 **W Joyce**
5 (4) 4294 **BUCANEER'S SPIRIT 21 (D)** I Donoghue 5-9-9 **S Coen**
6 (8) 4-56 **KASHEL SPRING 29 (D)** D Hogan 4-9-5 **M Sheridan (7)**
7 (2) 0107 **HEXAGONAL 11 (D)** D Hogan 5-9-2 **R Holohan (4)**
8 (9) -950 **CONCERT PARTY 13 (P★;D)** D Hogan 4-9-1 **J Huggan (7)**
9 (1) 8410 **FORLIO J10 (B;D)** P Flynn 7-9-0 **N Burns (2)**
10 (11) 5600 **MOYASSR 12 (D)** P Flynn 5-9-0 **J Kearney**
11 (5) 7711 **SHE'S IDEAL 6 (D)** A McGuinness 4-9-0 **P McGettigan (2)**

She's Ideal ●99, Loingseoir 98, Kakori 97.
3 She's Ideal, 4 Loingseoir, 9-2 Darkdeserthighway, 5 Kakori, 11-2 Bucaneer's Spirit, 10 Forlio, 12 Kashel Spring, 14 Moyassr

5.45 MAIDEN STAKES; 2-y-o; winner €10,800; 7f 111yds. (12 runners)

1 (6) 07 **CAPTAIN JAMES COOK 41** A P O'Brien 9-7 **W Lordan**
2 (3) 5503 **EIGHTEENTH SMILES 19** J O'Brien 9-7 **D McMonagle**
3 (11) 06 **HYPIRADON 16** K Coleman 9-7 **R Cleary**
4 (7) 63 **NANDO ROYALE 49** G Cromwell 9-7 **G Carroll**
5 (10) 46 **PINTS OF GLORY 12** G Lyons 9-7 **C Keane**
6 (4) 96 **PRINCE OF PEPPARD 27 (P★)** J Murtagh 9-7 **B Coen**
7 (5) 324 **CASHEL QUEEN 32** D O'Brien 9-2 **P Harnett (5)**
8 (12) 90 **GREEN SPARKLE 9 (H★)** J O'Brien 9-2 **D McDonogh**
9 (1) 69 **HONEY DEUCE 40** J Stack 9-2 **J Heffernan**
10 (9) 67 **LUCA BRILLANTE 9** D Weld 9-2 **C Hayes**
11 (8) 06 **MATAVAI BAY 13** K Coleman 9-2 **S Foley**
12 (2) 34 **SOMEDAY SOMEWHERE 16** S Thorne 9-2 **W Lee**

Luca Brillante ●99, Cashel Queen 98, Eighteenth Smiles 96.
7-2 Cashel Queen, 11-2 Luca Brillante, 13-2 Nando Royale, 15-2 Eighteenth Smiles, Someday Somewhere, 8 Hypiradon

6.15 AUCTION STAKES; 2-y-o; winner €16,199; 7f 111yds. (9 runners)

1 (5) 8621 **SEVEN NATION ARMY 19** J O'Brien 9-12 **D McDonogh**
2 (9) 51 **GREEN DREAMER 26 (D)** J O'Brien 9-10 **D McMonagle**
3 (6) 1 **NOBLE AGENDA 60** C Murphy 9-8 **B Coen**
4 (7) 5342 **LARS SOLDIER 25** M Mulvany 9-4 **W Joyce (3)**
5 (8) 041 **ORISTOWN BOY 16** J Murray 9-4 **R Mulligan (5)**
6 (4) 2 **EMOTIONAL HEDGING 13** G Cromwell 9-1 **G Carroll**
7 (2) 0 **GRIT AND GLORY 33** J Foley 9-1 **L McAteer**
8 (3) 71 **SWORD OF STATE 24** B Duke 9-1 **R Cleary**
9 (1) 9 **GABBY HAYES 16** N Meade 8-13 **C Hayes**

Emotional Hedging ●99, Seven Nation Army 98, Green Dreamer 97.
4 Emotional Hedging, 9-2 Green Dreamer, 5 Seven Nation Army, 11-2 Sword Of State, 13-2 Lars Soldier, Oristown Boy, 8 Noble Agenda

6.45 FILLIES MAIDEN STAKES; winner €7,200; 7f 111yds. (15 runners)

1 (15) 080 **BANISH MISFORTUNE 38** G Kyne 4-9-9 **L Roche**
2 (5) 50 **CAPOLINEA 18** P Magee 4-9-9 **A Caffrey**
3 (9) -422 **ALMEIYDA 21** D Weld 3-9-3 **C Hayes**
4 (16) 25 **ANDAMAN FIFTY 25** P Twomey 3-9-3 **W Lee**
5 (17) 555 **BEATIFIC 55** D O'Brien 3-9-3 **G Ryan**
6 (18) **BRISE FRAICHE** J O'Brien 3-9-3 **D McMonagle**
7 (8) 00 **CAPALL CUAIN 55** D Kilmartin 3-9-3 **R Whelan**
8 (2) **C'EST COMME CA** E McNamara 3-9-3 **D O'Connor**
9 (1) 40 **DANDYMARIA 52** A Oliver 3-9-3 **G Carroll**
10 (6) 5-74 **DIVINE LEGEND 115** J Murtagh 3-9-3 **B Coen**
11 (4) 4 **FLOWER FOREST 136** A P O'Brien 3-9-3 **W Lordan**
12 (3) **GENTLE SODA** E McNamara 3-9-3 **R Whearty**
13 (12) 0-34 **QUINTA GIRL 60 (BF)** M O'Callaghan 3-9-3 **J Powell**
14 (7) **RIVER TRIEUX** P Twomey 3-9-3 **S Rutledge**
15 (13) 22 **STOOKED 25 (BF)** G Lyons 3-9-3 **C Keane**
16 (10) 8 **SAVE THE SIXES 53** J Harrington 3-9-3 **RESERVE**
17 (14) 9 **BALLYSAX BOO 24** K Brown 3-9-3 **RESERVE**
18 (11) 6 **SUSIE'S ANGEL 21** M Fahey 3-9-3 **RESERVE**

Stooked ●99, Almeiyda 98, Flower Forest 97.
10-3 Stooked, 7-2 Almeiyda, 6 Flower Forest, 13-2 Andaman Fifty, Beatific, 8 Quinta Girl, Brise Fraiche, 10 River Trieux, Divine Legend

7.15 HANDICAP; winner €9,600; 7f 111yds. (15 runners)

1 (6) -000 **ENGINES ON 65** J Kinsella 6-10-2 **C Hayes**
2 (17) 1215 **SUMMER ISLAND 9 (BF,D)** N Lupini 4-9-13 **D McMonagle**
3 (3) 2223 **EARLS 19 (B;C,D)** G Cromwell 9-9-12 **G Carroll**
4 (11) -020 **SPODO KOMODO 15** J Feane 4-9-12 **R Whelan**
5 (7) 8-72 **TOKYO TREASURE 11** P Foley 4-9-11 **P McGettigan (5)**
6 (8) 8045 **DRAGON OF MALTA 21 (B;D)** P O'Donnell 9-9-9 **J Pietropaolo (7)**
7 (5) 2300 **MEHMAN 21** P Murphy 7-9-9 **G Ryan**
8 (9) 8148 **RED HUGH O'DONNELL 21 (B;D)** G Scott 5-9-7 **P Harnett (5)**
9 (13) 5035 **THENANDNOW 27** J Harrington 3-9-7 **S Foley**
10 (4) 2371 **COOL AZUL 38 (P★)** A Oliver 3-9-6 **W Lee**
11 (14) 45-3 **DOLLY HELLO 35** R O'Sullivan 4-9-6 **J Heffernan**
12 (18) 6714 **CONTRARY TO LAW 27 (BF)** J Murtagh 3-9-5 **B Coen**
13 (2) 3D-0 **PERFECT BASE 61 (B)** N Lupini 4-9-4 **W Lordan**
14 (15) 3020 **VENETIAN STAR 40** P Foley 3-9-2 **L McAteer**
15 (10) 3020 **SAGASTI 22 (V)** M O'Callaghan 3-9-0 **C Keane**
16 (1) 9-42 **MERCURIAL 79** J Nallen 7-9-4 **RESERVE**
17 (16) 1307 **JAVA WOOD 19 (D)** K Smith 6-9-3 **RESERVE**
18 (12) 5487 **FLAMING RIB 15 (V)** A McGuinness 7-9-3 **RESERVE**

Tokyo Treasure ●99, Contrary To Law 98, Cool Azul 97.
11-4 Contrary To Law, 7-2 Tokyo Treasure, 6 Summer Island, Cool Azul, 7 Earls, 8 Dolly Hello, 12 Spodo Komodo, 16 Thenandnow

7.45 MAIDEN STAKES; winner €7,200; 1m 4f. (16 runners)

1 (2) 9- **BEN LOMOND 337** G Kyne 6-10-3 **L Roche**
2 (11) 08 **SEA CELIA'S STAR 59** L Comer 4-10-3 **R Colgan**
3 (1) 22 **SUNNY SOUTH WEST 20 (H)** E Power 6-10-3 **J Cleary (5)**
4 (7) 22 **ALMAZANN 100** D Weld 3-9-8 **C Hayes**
5 (9) **DAILY WONDER** T McCourt 3-9-8 **J Ryan**
6 (15) 4 **MAGNUM COR 12** J O'Brien 3-9-8 **D McMonagle**
7 (3) 9 **MICHINAGA 12** C Weld 3-9-8 **P McGettigan (5)**
8 (6) 69 **ONE COOL COUNTY 6** P Murphy 3-9-8 **R Whelan**
9 (4) **PURPLE BANDIT (B★)** J Harrington 3-9-8 **S Foley**
10 (16) 6 **SWING STREET 57** R O'Brien 3-9-8 **W Lee**
11 (14) 46 **TEOEST 30** J Bolger 3-9-8 **D McDonogh**
12 (5) 645 **DE VEGA QUEEN 36** J Stack 3-9-3 **J Heffernan**
13 (13) 99-0 **MY GIRL JERSIE 15 (P★)** P Flynn 3-9-3 **R Whearty**
14 (12) 8 **POSSUM 76** J Harrington 3-9-3 **N Crosse**
15 (10) 00 **SALAMINA 4** J O'Brien 3-9-3 **S Wallace (7)**
16 (8) 08 **VENERINI 105** M Butler 3-9-3 **P Harnett (5)**

Sunny South West ●99, Almazann 98, Magnum Cor 96.
2 Almazann, 5-2 Sunny South West, 7-2 Magnum Cor, 7 Purple Bandit, 14 De Vega Queen, 16 Possum, Teoest, 25 Daily Wonder

8.15 HANDICAP; winner €7,200; 1m 4f. (16 runners)

1 (13) 723 **CATHERINE MAGENNIS 29** J Murphy 4-10-2 **J Heffernan**
2 (12) 7-90 **DUKE OF LEGGAGH 20 (CD)** M Mulvany 6-10-2 **H Rafferty (10)**
3 (6) 2079 **DAONETHATGOTAWAY 17 (D)** M Fahey 6-10-0 **R Holohan (7)**
4 (5) 7-70 **DERALO IR 17** A Martin 4-10-0 **R Colgan**
5 (14) 2-33 **LADY PLIMSOLL 18** M O'Callaghan 4-10-0 **J Powell**
6 (4) 4579 **ENCHANTED LADY 15 (P★)** A Oliver 4-9-13 **S Coen (5)**
7 (2) 0508 **SUMMER SNOW 11** P Lawlor 6-9-13 **P McGettigan (5)**
8 (16) 978 **DOUBLE INDIAN 35** J Harrington 4-9-12 **S McCullagh**
9 (7) -03U **COULSTYS WAY 18 (CD)** P Magee 4-9-9 **J Kearney (3)**
10 (11) 4-06 **LILY PARR 19** S Lavery 4-9-9 **S Rutledge**
11 (8) 0608 **MASTER SYDNEY J10** P Flynn 5-9-7 **R Whearty**
12 (9) 2070 **OUT ON FRIDAY 18 (CD)** P Byrne 10-9-6 **W Joyce (3)**
13 (18) 361- **SPY J17 (V★)** C Byrnes 7-9-5 **S Davis**
14 (3) 4090 **CHOPSTICKS 13** J McConnell 6-9-1 **N Crosse**
15 (1) 35-7 **FIANNA 118** A Howard 5-9-0 **J Ryan**
16 (15) 9134 **YQUEM 24 (BF)** R Brabazon 4-8-8 **J Cleary (5)**
17 (17) 0009 **AUTOCRAT 29 (B;D)** P Sweeney 6-8-7 **RESERVE**
18 (10) 0058 **PIATRA NEAMT 13** S Duffy 5-8-7 **RESERVE**

Catherine Magennis ●99, Spy 98, Yquem 97.
7-2 Yquem, 4 Catherine Magennis, 11-2 Spy, 7 Lady Plimsoll, 8 Master Sydney, 10 Double Indian, 14 Coulstys Way, 16 Lily Parr

GREYHOUND SELECTIONS AND RETURNS

SELECTIONS

■SHEFFIELD: 11.01 No Danger (1-6-2) 11.18 Epic Estimate (1-2-5) 11.34 Thats Mikeys (2-1-4) 11.52 Mistley Memory (1-6-4) 12.09 Cloondarone Ken (nap) (2-6-1) 12.26 Windgap Frost (5-4-1) 12.42 Chiltern Dreams (1-4-6) 12.59 Sigh Of Relief (1-4-3) 1.17 Conlig Boy (5-3-2) 1.33 A Kiss For Luck (1-6-4) 1.51 Fakebook Zombie (nb) (6-5-1) 2.07 Blue Gate In (2-6-3)

■NEWCASTLE: 11.09 Bramble Cat (2-1-4) 11.27 Newinn Zulu (6-2-4) 11.43 Blackhouse Flock (6-1-5) 12.01 Whitisit (1-3-2) 12.18 Links Frankel (3-1-4) 12.34 Fire Height Cora (5-2-1) 12.51 Abbeyside Enda (nap) (2-3-4) 1.08 Patriot Missile (nb) (6-4-5) 1.26 Drombeg Olive (5-6-1) 1.42 Slingshot Clyde (4-2-3) 1.59 Ngumohaaa (2-1-4) 2.14 Aero Donishall (2-3-5)

■MONMORE: 2.31 Aero Swarm (2-6-5) 2.49 Crafty Techno (4-2-6) 3.09 Lady Luck (2-4-3) 3.27 Kick On Archie (2-4-1) 3.47 Swift Aoife (1-6-5) 4.04 Catchem Flawless (4-2-5) 4.24 Bits And Bobs (5-1-4) 4.42 Eagles Gift (nap) (5-6-3) 5.01 Swift Avid (nb) (1-6-3) 5.19 Zenith Dazzler (1-4-5) 5.37 Bang On Big Mick (1-6-2) 5.57 Green Road (4-1-2)

RETURNS

■DUNSTALL PARK: 11.01 Mayahs Ace 5-4f (4-6-2 BAGS F £13.87 TC £51.98). 11.18 Roseville Rex 5-2 (4-6-2 £10.49 TC £21.82). 11.34 Headford Minella 11-8f (3-6-1 £9.10 TC £30.20). 11.52 Klassical Rog 14-1 (3-4-2 £68.07 TC £166.85). 12.09 Millbank Got It 6-4f (6-3-5 £14.18 TC £45.45). 12.26 Flyhigh Star 5-2jt (1-5-2 £13.40 TC £30.03). 12.42 Lemon Rogue 11-4 (6-5-4 £11.95 TC £27.77). 12.59 Vixons Samba 7-1 (5-6-4 £36.43 TC £117.51). 1.17 Pharis Roxy 5-1 (2-3-4 £18.49 TC £47.42). 1.33 Ballygur Holly 4-1 (5-6-1 £14.65 TC £57.58). 1.51 Eagles Ebz 4-1 (3-2-1 £19.71 TC £51.66). 2.07 Flyhigh Bully 10-3 (5-2-1 £46.57 TC £153.93).

■MONMORE: 2.23 Tromora Spice 3-1 (3-2-6 BAGS F £12.37 TC £27.82). 2.41 Afternoondelight 2-1 (3-2-5 £4.13). 3.01 Noduff Venetian 4-1 (1-6-5 £11.26 TC £47.00). 3.19 Darley Digger 4-1 (3-2-1 £25.47 TC £41.08). 3.38 Like Lightning 6-1 (5-3-4 £21.47 TC £27.77). 3.57 Vixons Matt 6-4 (1-6-5 £3.91 TC £6.56). 4.16 Without Wings 2-1 (1-4-5 £9.75). 4.34 Dapper Addy 7-4 (4-3-6 £3.61 TC £14.85). 4.53 Newinn Carole 11-10f (3-5-2 £17.23 TC £53.31). 5.12 Mags Bolger 4-5f (3-4-1 £14.71).

■SUNDERLAND: 2.29 Marwood Raven 11-4 (1-5-4 BAGS F £8.12). 2.48 Leos Loki 7-4 (4-6-2 £26.14). 3.07 Westwood Rhys 7-4f (1-4-3 £9.12). 3.26 Neon Drifter 2-1 (2-6-4 £5.36). 3.44 Black Rikke 10-1 (1-2-3 £25.79). 4.03 Brenval Tommy 5-1 (6-4-1 £25.41). 4.22 Lightupthesky 5-1 (1-2-6 £12.88). 4.41 Dromulton Dream 9-4 (4-1-6 £6.14). 4.59 Leons Lucy 9-4f (4-2-5 £11.76). 5.18 Zesty Pineapple 2-1jt (1-3-4 £7.21 TC £22.59).